



IMMACULATE CONCEPTION

– Catholic Church –

4030 Jackson Street NE | Columbia Heights, MN 55421 | 763-788-9062 | ICCSonline.org

Jesus said to them, “Come after me, and I will make you fishers of men.” Then they abandoned their nets and followed him.

- MK 1:17-18



The Calling of Saints Peter and Andrew, Federico Barocci, Public domain, via Wikimedia Commons | Excepts from the Mass of the Lord's Supper ©2001, 1998, 1970 CCD

January 24, 2021

*3rd Sunday
in Ordinary Time*

Mass Schedule

Tuesday	7:30 am
Wednesday	7:30 am
Thursday	8:30 am
Friday	7:30 am
Saturday	5:00 pm
Sunday	8:00 am 10:00 am (Spanish) 12:00 pm

Reconciliation

Saturday 3:00 - 4:45 pm

San Damiano Chapel

Eucharistic Adoration open to scheduled adorers only.



Our Mission

The Mission of The Church of the Immaculate Conception is to proclaim and celebrate our Lord Jesus Christ. We fulfill our mission as Christian disciples by intentionally responding to God's call to grow in holiness.

From the Pastor's Desk

The Calling

Dear Brothers and Sisters in Christ- Greetings to you! How are you on this day? I hope that you are doing smashingly well. In stating that I do not hope that you are literally smashing things in your home or in your heart, unless they are harmful to your health or well-being. Rather, I mean it in the Britishism sense or idiomatic phrasing of the United Kingdom with the hope that you are doing really well.



Every one of us has the capacity for being really good and to do really good things in this life with the Grace and Mercy of Jesus Christ. Look no further than the lowly fishermen in Galilee who the Lord called to become his disciples. In the Gospel for the Third Sunday of Ordinary Time we hear something truly extraordinary, “Jesus said to them, “Come after me, and I will make you fishers of men.” Then they abandoned their nets and followed him” (Mark 1:17-18).



James Tissot, Public Domain via Wikimedia Commons

Perhaps cynically someone could say, “Peter and Andrew and then James and John must not have been very good fishermen that they would leave everything immediately to follow Jesus.” While that could be true I’m not totally convinced. It was their profession and livelihood in which they placed so much of their identity. And yet the simple invitation from the preaching son of a carpenter from Nazareth was enough to compel those fellows to lay down everything they had and everything they knew to follow after Jesus.

The question for you and me is, “Am I willing and able to do the same?” On our own we can’t do it because of the fears and concerns of the unknown. However, we have confident hope and trust that the Lord wants us to live

smashingly well in our journey of discipleship. He will provide us with the Grace necessary to do so in the calling that he has for our lives so that we can then also invite others to be those followers and fishers of men, women, and children for the Kingdom of God.

Peace in Christ,
Fr. James

This Week's Readings and Observances

Sunday, January 24, 3rd Sunday in Ordinary Time

Jon 3:1-5, 10/Ps 25:4-5, 6-7, 8-9 [4a]/1 Cor 7:29-31/Mk 1:14-20

Monday, January 25, The Conversion of St. Paul the Apostle

Acts 22:3-16 or Acts 9:1-22/Ps 117:1bc, 2 [Mk 16:15]/Mk 16:15-18

Tuesday, January 26, Sts. Timothy and Titus, Bishops

2 Tm 1:1-8 or Ti 1:1-5/Ps 96:1-2a, 2b-3, 7-8a, 10 [3]/Mk 3:31-35

Wednesday, January 27, St. Angela Merici, Virgin

Heb 10:11-18/Ps 110:1, 2, 3, 4 [4b]/Mk 4:1-20

Thursday, January 28, St. Thomas Aquinas, Priest and Doctor of the Church

Heb 10:19-25/Ps 24:1-2, 3-4ab, 5-6 [cf. 6]/Mk 4:21-25

Friday, January 29

Heb 10:32-39/Ps 37:3-4, 5-6, 23-24, 39-40 [39a]/Mk 4:26-34

Saturday, January 30, BVM

Heb 11:1-2, 8-19/Lk 1:69-70, 71-72, 73-75 [cf. 68]/Mk 4:35-41

Sunday, January 31, 4th Sunday in Ordinary Time; Catholic Schools Week

Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 [8]/1 Cor 7:32-35/Mk 1:21-28



The Conversion of
SAINT PAUL
APOSTLE

IMMACULATE CONCEPTION
—Catholic Church—

The Conversion of Saint Paul, Bernhard Rinkus, Public domain, via Wikimedia Commons

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School News



Catholic Schools Raffle

Tickets on sale in the church narthex after all Masses this weekend and the weekends of January 30-31, February 20-21 and February 27-28. For more information call the ICS office during school hours at 763-788-9065.

Eucharistic Adoration

“In his presence are majesty and splendor, strength and honor in his holy place.”
(Psalm 96:6)

One other item that is found in Jesus' holy place is peace. Our adoration chapel allows adorers to experience the peace only Jesus can give and in this time and place, we all need peacefulness in our lives. Whether in our adoration chapel or in your own home, spend time in prayer with Jesus. Our chapel is available Monday through Friday, with some regulations we must follow:

- Only registered, scheduled adorers are allowed in the chapel (No walk in visitors will be admitted at this time)
- Masks are required
- All adorers are asked to sanitize any surfaces they touch during their adoration hour
- If you are not feeling well, please stay home

If you would like to register and schedule an adoration hour, or if you are an adorer unable to attend your scheduled hour, please call Sandy at 763-789-3246.

Volunteers are needed to cover Mondays at 11:00 am, Wednesdays at 7:00 am, 10:00 am, 11:00 am and 2:00 pm, Thursdays at 3:00 pm and Fridays at 2:00 pm.

Beyond Our Parish

Pro-Life Memorial Mass

Join PROLIFE Across AMERICA on Friday, January 29 for a Memorial Mass, commemorating the anniversary of the Supreme Court decision (Roe v. Wade) that legalized abortion. Father Doug Ebert will celebrate Mass at 6:00 pm at St. Charles Borromeo Church. Please join us as we pray and re-commit ourselves to promoting life and ending abortion.

Discipleship

Give Until It Hurts

One of the characteristics of Everyday Stewardship is to be committed — to persevere daily in a way of life acknowledging that everything belongs to God.

I know, I know. Easier said than done.

Just ask Zebedee. It's quite an image we get from the Gospel, after all. “So they left their father Zebedee in the boat along with the hired men and followed him.”

There was Zebedee, about his business, mending nets with his two sons, who were undoubtedly his best workers — they had to have been more dedicated than the hired men, who worked for wages rather than for family. And in an instant off they go, following this strange man.

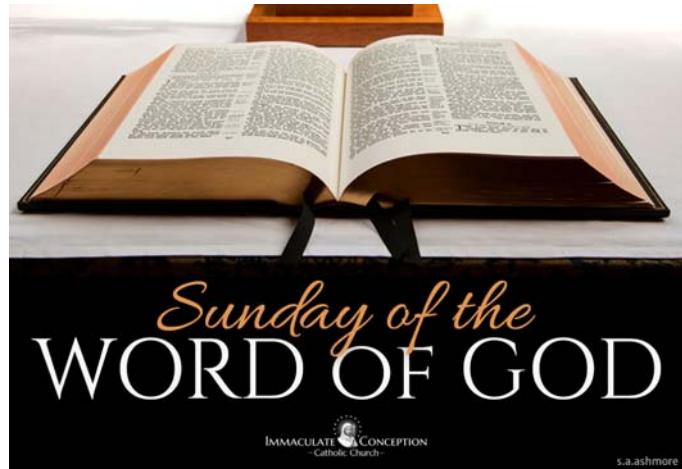
I don't know about you, but if my kids left me on a hot summer day to finish the lawn by myself, I wouldn't be too happy.

But Zebedee must have been someone quite special. Perhaps he realized that his sons didn't belong to him — not really. They belonged to God, and from the beginning of time, it had been appointed that they would be among the first disciples of Christ. He passed, he called, they followed, and Zebedee obliged. He simply went back to mending his nets, I imagine.

Zebedee already understood what St. Teresa of Calcutta would say millennia later: “Give until it hurts.”

“You're wasting my time.” “I've done so much for her; she owes me this.” How often do we think things, and even people and relationships, belong to us? The truth is none of them do. We must be ready, as Zebedee was, to surrender them to God when He comes walking past.

—Tracy Earl Welliver, MTS / ©LPI



“Let the word of Christ dwell in you richly, as in all wisdom you teach and admonish one another, singing psalms, hymns, and spiritual songs with gratitude in your hearts to God.”

—COLOSSIANS 3:16



Pastoral Ministry

Anointing of the Sick

Individual Anointing of the Sick is available by request—call the parish office at 763-788-9062.

In Need of Prayer? Please Call Us.

To add a name to the Mass petitions or the bulletin, please call 763-788-9062. For private prayer (eight individuals offer confidential prayer for requested needs) call Larene at 763-789-4246.

Pray for Our Loved Ones Who Have Died

Especially *Pat Johnson* daughter of Meg Johnson, *Roger Shasky*, all who have died from Covid-19 and all who have died as a result of violence. May God grant them everlasting peace and joy in the kingdom of heaven.

Bea Alain
Paul Bona
Robin Crisp
Hub Duclos
Mary Fredenburg
Gerald Krawiecki
Steven Lauinger
Janet Mihalik

Teddy Miller
Shawn Moulzolf
Jody Oftedahl
Katie Oftedahl
Diane Redmann
Greg Sery
Martha Stwora
Elaine Thunstrom

Sandra Tabor
Reggie Willman
Lois Weyers
Reggie Willman
Germaine Wolsfeld
and all those on
our prayer chain

If your name was removed and you would like to continue to be on the prayer list please call 763-788-9062 x 212.

Dear Visitor

Welcome, we are glad to see you today! Please do not hesitate to contact us if you have any questions. Know that we are here for you and that we welcome new members! For more information about ICC or to become a member contact Vicki 763-788-9062 x 212.

FORMED

PICK OF THE WEEK



January 24, 2021

Social Justice

Coins for Social Justice This Weekend!

Small Change Can Do a World of Good!

IC parishioners are asked to fill the collection basket with their pocket change to benefit the Social Justice ministry. Only the loose change and marked envelopes from this collection are designated for Social Justice. Marked envelopes are available at all entrances to the church.

Meals On Wheels

Immaculate Conception received the following message from the Director of Meals on Wheels:

I would like to sincerely thank the following members from Immaculate Conception Catholic Church, who every eight weeks, deliver Meals on Wheels to their Columbia Heights neighbors.

When your church could no longer provide a person to coordinate this mission, I took it over from the Meals on Wheels office. This is a great group of people, who I really enjoy working with.

Many thanks to: Steve Smith; Marilyn Jacobs; Linus and Dolores Ulfig; Dave Redman; George and Sandy Mohar; Kathy Morales; Mike McGee; Kit Burgoyne; and Steve and Sue Gulczinski. Diane Tieden has filled in as a sub.

The scheduled weeks for Immaculate in 2021 are, March 8-12, May 3-7, June 28 - July 2, August 23-27, October 18-22, December 13-17.

New drivers are always welcome. You can speak to any of the above, or call the Meals on Wheels office for information about delivering meals.

*Janet Fossum, Director of Meals on Wheels
763-236-2340*

Prayer

Intercessory Prayer

Please join the Intercessory Prayer Ministry in praying for this month's prayer intention:

*Courage, strength, and inspiration
for students and teachers who are
in distance learning situations*



The Week Ahead

January 24

Confirmation I 10:45 am - 11:45 am
Pre-confirmation 10:45 am - 11:45 am

January 26

Serra Club Mass/Meeting 11:30 am - 2:00 pm
Finance Council Meeting 6:00 pm - 8:00 pm
Charismatic Prayer Group 7:00 pm - 8:30 pm

January 31

Confirmation I 10:45 am - 11:45 am

Reflections

Word of Life

“Many people know someone personally who is suffering because of an abortion. If a friend confided in you tomorrow that she had an abortion, would you be able to respond in a way that brings her closer to healing? ... Even a woman who doesn’t go to church or think of herself as religious can be afraid that God will never forgive her for having an abortion. She should know that God loves and forgives those who are sorrowful. He wants to comfort them and give them his peace.

—USCCB Secretariat of Pro-Life Activities
“How to Talk to a Friend Who’s Had an Abortion”

Why Do We Do That?—Catholic Life Explained

Question: *Do Catholics always need to receive communion in wafer form, or can it be different kinds of bread?*

Answer: In the Roman Rite of the Catholic Church, the most common form for the eucharistic bread is the small white communion “wafer” that is a ubiquitous part of the Catholic Mass. The instructions of the Church have been very specific regarding the make-up of the bread used in the Mass: “The bread used in the celebration of the Most Holy Eucharistic Sacrifice must be unleavened, purely of wheat, and recently made ... it follows therefore that bread made from another substance, even if it is grain, or if it is mixed with another substance different from wheat to such an extent that it would not commonly be considered wheat bread, does not constitute valid matter for confecting the Sacrifice and the Eucharistic Sacrament” (see *Redemptionis Sacramentum* by the Congregation for Divine Worship and the Discipline of the Sacraments, no. 48).

The Church’s tradition of using a wheat-based bread is based on the bread that Jesus would have used at the Last Supper and is considered to be an essential part of the “matter” of the Sacrament of the Eucharist.

As we consider the question of whether a “wafer” — which is properly called a “host” — should be used, we also must keep in mind that in the Eastern Rites of the Catholic Church, leavened (i.e. “raised”) bread is more often used. And so, while the thin, white “wafer” is most commonly used in the Roman Rite of the Church, the full expression of the Catholic tradition does allow for a more substantial form of bread to be used, but the tradition of using a simple wheat bread with no other additions or additives is considered essential.

Live the Liturgy: Inspiration for the Week

“Repent, and believe in the gospel.” Some type of honest and sincere repentance is necessary for any type of authentic growth and maturity. We have to come to the realization, unless we are happy wallowing in immaturity and superficiality, that the way we have been doing things is not the best or the healthiest. There isn’t a human being alive who hasn’t acted foolishly or erratically at the cost of almost losing a treasured relationship. “Why did I act that way?” is a question we often ponder after some reflection and enlightenment. Faith works the same way. Stumbling through life and bumping up against meaninglessness, a person can begin to see that something significant is missing. They see that there is merit to a relationship with God and an embrace of faith. Before these can take root, sincere sorrow for past wrong doing, missed opportunities, errors in judgment, and short sightedness is necessary. Repentance is necessary. Then having realized that we were walking in darkness, we can rejoice that by God’s grace we now see the light.

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Mass Intentions

Sunday, January 24

8:00 am +Nattalie Delaria
10:00 am +Sheila Prokott
12:00 pm IC Parishioners



Tuesday, January 26

7:30 am +Isaias Morales

Wednesday, January 27

7:30 am +Clarence and +Richard Emon

Thursday, January 28

8:30 am +Patricia Sowada

Friday, January 29

7:30 am +Pete Crema, +Tillie Heaser

Saturday, January 30

5:00 pm, +Vincent Getty

Sunday, January 31

8:00 am +Frances and Steve Lauinger
10:00 am +Sheila Prokott
12:00 pm IC Parishioners

+Deceased

Church Directory

Emergency (Death or Anointing) 763-788-9062 (#9)

PARISH

Parish Office.....	763-788-9062
(Open Monday - Friday, 8:00 am - 4:30 pm)	
Parish Fax.....	763-788-0202
Pastor, Fr. James Peterson.....	x 215
Accounting Specialist, Julie Mack.....	x 204
Communications Coordinator, Sue Ashmore	x 205
Director of Music and Liturgy, Ray Bannon	x 214
Maintenance Supervisor, Doug Olson	x 218
Pastoral Minister, Vicki Bazille	x 212
Parish Business Manager, Michael Wilde	x 202
Reception Desk	x 201
Records Coordinator, Terri Glaeser	x 227
Special Event Coordinator, Jami Bridgeman	x 221
Wedding Coordinator, Barb Hartwick.....	x 204

FAITH FORMATION

Director of Faith Formation, Mary Nawrocki	x 210
Administrative Assistant, Mary Scott	x 208

SCHOOL

School Office	763-788-9065
School Fax.....	763-788-9066
Principal, Jane Bona (jbona@immac-church.org).....	x 220
Director of Advancement/School Business Manager,	
<i>Mary Beth Pfeifer</i>	x 203
Administrative Assistant, Sherri Macko	x 219

PARISH PASTORAL COUNCIL MEMBERS

Dave Kellner	Kathy Johnson	Charles Karanja
<i>Stacy McVary</i>	<i>Marcus Paulson</i>	
<i>Jane Bona (School Principal)</i>		
<i>Steve Smith (Parish Trustee)</i>		

Copies of the Parish Council meeting minutes are available in the pamphlet racks at the entrance to the church.

LOW GLUTEN HOSTS

Low gluten hosts (.002 gluten) are available. Come to the Sacristy before Mass to request one.

Gospel Meditation



3rd Sunday in Ordinary Time

It was a normal day by all accounts, but John just wasn't feeling himself. He was a little lightheaded and out of sorts. Later in the afternoon, he experienced a sharp pain in his chest and arm. Quick thinking and action brought John to the emergency department with a diagnosis of a significant heart attack. Surviving this ordeal, he found himself face to face with his cardiologist, having an honest conversation about things that needed to change. "I came close to death," John found himself thinking. Then came the remorse. He was a young man with a loving wife and children who were very close to facing life without him. John found himself with intense sorrow for living an unchecked and self-indulgent life that almost brought him to his demise. He wanted to change.

We all have our wake-up calls. We have experiences and encounters that force us to really think twice about choices we have made and directions we have taken. Often, we find ourselves looking at those we have hurt square in the eye and wallowing in our foolishness. We regrettably realize that we have allowed our needs to lure us into making some cruel mistakes. We impulsively say things and flippantly do things that reveal our unredeemed and unhealed self. It is a self we stumble over and try to tame but can't quite seem to master and control. Help!

We spin our wheels, naively thinking that we will somehow, perhaps through persistence, get ourselves unstuck. But, we don't. We just get out of the car, feeling very helpless, and ignorantly look at the mess we got ourselves into. Did we ever think to ask someone for help? Or, taken the advice of One who is wiser and avoid this route altogether? "Come after me," are words that Jesus says to all of us. In order to heed his invitation, we must leave our ego-self behind and follow.

When we really see and understand the freedom, peace, justice, and love he offers, we find ourselves with such sorrow in our hearts for how foolish and silly we have been. All the misguided choices and sinful actions come full view and we see how risky our random impulsive behaviors really have been. Repentance is beautiful. When done with a sincere and contrite heart, it directs us to the glory that can be ours, ignites us with the challenge of living a life in service of others and reminds us that all is well.

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"Teach me your ways, O Lord."

(Ps 25)

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Mary Beth Pfeifer and staff:**

**Wednesday, February 3, 4:00 - 7:00 pm
Saturday, February 13, 10:00 am - 12:00 pm**

**Call Mary Beth for Reservations
763-788-9062, ext. 203
mbpfeifer@immac-church.org**

Tuition Assistance Available

Need assistance with the enrollment process or applying for tuition assistance? Register for one of these dates with Mary Beth Pfeifer:

**January 14, 21, 26, 28, 3:30 - 4:30 pm
February 2, 4, 9, 11, 16, 18, 3:30 - 4:30 pm**



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