

PILGRIMAGE

Christian pilgrims have traveled to the Holy Land and other sacred sites for centuries in search of a deeper connection with God.

During the season of Lent, we will explore what it means to be a pilgrim today.

We'll use prayer, reflection, imagination, and contemplation to journey together toward a fuller understanding of God's presence in our lives and in the life of our community.

Lenten Reflection Book



Download or purchase a hard copy (\$10) of our 2019 Lenten Reflection Book, *Pilgrimage: Discovery, Discomfort, Devotion*. Heavenly Rest's Jerusalem pilgrims have shared photos, drawings, reflections, and passages from the devotional materials used on the pilgrimage.

Bike Pilgrimage



Join us on **Sunday, March 24** at **1pm** as we bike twelve miles throughout Manhattan and visit four other Episcopal churches to pray the Stations of the Cross. Our journey will end at the Cathedral of St. John the Divine to see the *Sanctuary* exhibit. The ride is limited to 20 people at least 14 years of age. Need a bike? We can find one!

Sunday Forums During Lent

March 10

Preparing to Journey Through Lent

March 17

Pilgrimage in Everyday Life

March 24

Historical Roots of Pilgrimage

March 31

Cartography and Touchstones

April 7

Unlikely Biblical Stories of Pilgrimage

April 14

Artist Michael Pendry on *Les Colombes*

Pilgrimage Prayer Partners



Everyone is invited to sign-up for a Pilgrimage Prayer Partner - a person who is committed to being mindful about Lent, a partner to pray with and for throughout the forty days. We will gather for a kick-off brunch on **Sunday, March 10** immediately following the **10:30am service** to connect with our partners and discuss ways to support each other.

Community Eucharist & Agape Meal



Join us on **Wednesday, April 17** at **5pm** for an inclusive community Eucharist. We will sing, pray, and engage in interactive reflections on Jesus' life. Families with young children are especially invited to this intergenerational service! Afterwards, we will share a simple supper.