



Mandala Café  
Where everybody eats



## Sign up for a 10-week Culinary Training Program Beginning Thursday, March 21<sup>st</sup>

Please contact Daiken Nelson at [training@mandalacafe.org](mailto:training@mandalacafe.org) to register or The Rev. Anne Marie Witchger at [amwitchger@heavenlyrest.org](mailto:amwitchger@heavenlyrest.org), 212-289-3400 x210 with questions.

**Mandala Cafe and Church of the Heavenly Rest** are partnering on a pilot culinary training school program to provide skills and job placement support for men and women returning home from prison or experiencing social or economic hardship.

### **More than a certificate:**

While most job-skill programs offer a certificate upon completion, this 10-week culinary training school will provide participants with hard and soft skills as well as a network of support for attaining stable, living-wage jobs. Heavenly Rest volunteers will work to build relationships with local businesses and restaurant groups in order to secure jobs for program graduates.

### **Participants can expect to gain:**

- Quality training in basic culinary skills under the guidance of two experienced chefs
- Support for soft skills such as teamwork, problem-solving, and working well under pressure
- Individualized support for job readiness and job placement
- Ongoing support from a community committed to their success
- Adequate licensing for food industry professions

### **When and Where:**

The program will take place on Wednesday, Thursday, and Friday afternoons beginning on Thursday, March 21<sup>st</sup>.

Wednesdays: 3:00-7:00pm at All Souls Church (114<sup>th</sup> and St. Nicholas )

Thursdays: 12:00pm-4:00pm at Church of the Heavenly Rest (1085 Fifth Ave. at 90<sup>th</sup> St.)

Fridays: 12:00pm-4:00pm at Church of the Heavenly Rest (1085 Fifth Ave. at 90<sup>th</sup> St.)