

Visiting Nurse & Hospice of Litchfield County

Wellness Clinics



Barkhamsted Senior Center

109 E River Rd, Pleasant Valley, CT

4th Tuesday of every month

12:00 pm - 1:15pm

New Hartford Senior Center

(Starts in December)

530 Main St, New Hartford, CT

1st Tuesday of every month

9:45am - 10:45am

Colebrook Senior Center

2 School House Rd, Colebrook, CT

3rd Tuesday of every month

8:40 am - 9:40am

Salisbury VNA

30A Salmon Kill Road, Salisbury, CT

2nd Wednesday of every month

11:00am - 12:00pm

Falls Village Senior Center

107 Main Street, Falls Village, CT

1st Thursday of every month

10:30am - 11:30am

Torrington Senior Center

88 E Albert St, Torrington, CT

3rd Thursday of every month

10:30am - 11:30am

Christ Congregational Church

5 Old Middle St, Goshen, CT

1st Tuesday of every month

12:30pm - 1:30pm

Washington Senior Center

(Starts in December)

6 Bryan Hall Plaza, Washington Depot, CT

3rd Wednesday of every month

11:00am - 12:00pm

The clinics are **FREE**, drop-in,
and open to **all** ages.

For more information, please
call 860-379-8561

Wellness Clinics include:

- Blood pressure
- Heart rate
- Pulse oximetry analysis



www.vnhlc.org