

#### Home Health Care

- Skilled Nursing
- Physical, Occupational & Speech Therapies
- Medical Social Work
- Home Health Aides

#### Advanced Care

- Certified Wound Care
- Ostomy and Continence Care
- Disease Management
- Total Joint Therapy
- Pediatric Nursing
- Maternal/Child Health Care
- IV Therapy Coordination
- Nutrition Counseling

#### Hospice and Palliative Care

- Pain and Symptom Management
- Spiritual Support
- Bereavement Support
- Volunteers
- Medical Social Work

#### Technology Services

- Anticoagulation Monitoring
- Ultrasound
- Bladder Scan
- Peripheral Doppler
- Wound VAC Therapy
- Pulse Oximetry
- Blood Monitoring

#### Community Care

- Blood Pressure Clinics
- Flu Immunizations
- Matter of Balance Classes
- Foot Care Clinics
- Bereavement Groups
- Speakers Bureau
- Health Guidance/Promotion

## Visiting Nurse & Hospice of Litchfield County



*Your local home care agency, caring for generations of Litchfield County families for more than a century.*

*One agency, formed through the alliance of three community-centered agencies, serves towns throughout Litchfield County – as well as Burlington, Canton and Hartland.*

**Phone: 860-379-8561**  
**Fax: 860-738-7479**  
[www.vnhlc.org](http://www.vnhlc.org)

#### Donations

Contributions are always welcome—and needed—to help provide care for patients who may be unable to pay for all necessary services.

Tax-deductible donations may be sent to:

**Visiting Nurse & Hospice of Litchfield County**  
32 Union Street  
Winsted, CT 06098

## HOME HEALTH SERVICES

*Comprehensive and Experienced Health Care at Home*

## Visiting Nurse & Hospice of Litchfield County



*Choose your local, independent agency – serving all the towns of Litchfield County, as well as Burlington, Canton and Hartland.*

## Skilled Nursing

Visiting Nurse & Hospice of Litchfield County provides home health care for people in the comfort and privacy of their home. Our skilled nurses help our patients to continue the recovery process at home and will work closely with the patient's physician to develop a personalized care plan. No hospital stay is necessary to receive our services. Simply call us or have a physician refer you to our services.

## Medical Social Work

The medical social worker acts as an advocate to coordinate community support, and assists patients and families through the emotional and financial issues that can accompany a health crisis.



## Advanced Home Health Care

Visiting Nurse & Hospice of Litchfield County provides services in specialized areas, such as wound care, total joint therapy, disease management, mother and child care and nutrition counseling.

Ultrasound, bladder scans, pulse oximetry and anticoagulation monitoring are some of the advanced services patients may receive in their homes.

## Physical, Occupational and Speech Therapies

**Physical Therapy** helps to improve patients' strength, balance and endurance following illness, injury or surgery.

**Occupational Therapy** can assist patients who need help with daily activities after illness or injury by improving fine motor skills, developing assistive devices for dressing, bathing and cooking; or teaching sequencing techniques to help patients correctly take their medications.

**Speech Therapy** helps people who may have difficulty with chewing, swallowing or communicating as a result of disorders such as aphasia, dysphasia, and voice control; as well as challenges related to memory loss and dementia.

## Home Health Aides

Home health aides help with daily personal care activities such as eating, bathing, dressing and exercising.

## Community Care

Our care team reaches into the community with services such as flu vaccination clinics, blood pressure clinics, foot care clinics and bereavement groups.

## Hospice Care

The mission of hospice care is to enable people to receive care in the peace and comfort of their own homes with the loving support of their families. The hospice team works hand-in-hand with patients, their families, and their own personal doctors to provide individually tailored skilled care, emotional support, expert pain and symptom management, spiritual support and the expertise of a certified hospice and palliative care physician.

## Home Assistance Services

When your ability to live independently becomes compromised, our home assistance team can enable you or your loved one to live a safe, healthy and independent life while remaining in the comfort of your home. Whether it's just an extra helping hand with personal care and housework or 24-hour live-in care, our home assistance services provide trusted, high-quality solutions at a great value.

## Paying for Services

Home health services and hospice care are covered by Medicare, Medicaid, and many private insurances. Financial assistance is available for anyone unable to pay.

Home assistance services can be paid for privately or with long-term care insurance.

Requests for care can be made by physicians, individuals, or family members. For more information, please call 860-379-8561.