



The COVID-19 Pandemic has introduced social distancing and quarantine measures that have largely impacted practices, competitions, courses and events. The health, safety and well-being of the archery community are USA Archery's highest priorities, and while we all play our part and stay home, we're committed to keeping you on target and engaged with archery.

Welcome to week 2 of our efforts to learn something new, dive further into something we are passionate about, and get better together.

In the last year, USA Archery created competency models for Athletes, Coaches, Clubs, and Judges to provide information and resources for self-guided development. Within each competency model are pillars that are made up of the basic building blocks of quality development. These building blocks provide information and resources athletes, coaches, clubs and judges to develop. These competencies are not meant to be cookie cutter; they are meant to educate and provide information and resources so that athletes, coaches, clubs and judges can utilize them and apply them to be the best version of themselves and reach their full potential. The athlete development competencies were created to provide a roadmap to develop athletes with the qualities to be a successful archer and person. We believe the athlete development competencies encompass most skills coaches should strive to develop in their athletes, and athletes can also work on the competencies individually.

The USA Archery Coach Competencies were inspired by the [USOPC's Quality Coach Framework](#) and provide a road map for coaches to continue to develop so they can provide the best quality service to their athletes. Developing within the Coach Competencies will benefit coaches by providing them resources to continually improve in areas not typically covered in certification courses.

The club competencies encompass the necessary characteristics to be a professionally organized and high-performing club. The primary objectives of the USA Archery Club Competencies are to establish principles that

transcend different team cultures, enhance the ability of coaches to personalize athlete development and to provide focused development of coaches and clubs.

USA Archery Judges are a crucial member and component of any USA Archery sanctioned event. Judge Competencies are meant to educate, empower, support, and advance judges in this vital role.

USA Archery's new [Member Dashboard](#) incorporates all the resources that were previously found on the USA Archery Mobile Coach App and website plus many new resources and benefits for members, athletes, coaches, judges and clubs. ([Log in](#) to your Dashboard for more!)

USA Archery is excited to now provide insight into these resources and benefits via guided weekly updates to our members, so you can stay engaged, educated and sharp for when we are safely able to rejoin each other on the range! The weekly update will include insight on how to progress through the competency charts for archers, coaches, clubs and judges. All members are encouraged to join us as we continue to use this time to the best of our abilities and stay connected.

For each chart, we will look at one Core Competency each week and dive deeper into specific educational resources. Let's get started!