A VALENTINE FOR OUR ECE COMMUNITY, INSPIRED BY THE PRESCHOOL POETS OF OPAL SCHOOL

When we arrive at work, we practice LOVE.
It sounds like "I LOVE that for you!"
It looks like patience when there's no time
LOVE is in a smile
LOVE is meeting their eyes
LOVE is warm
LOVE is a child seeking a snuggle
LOVE is welcoming all the feelings
LOVE is the quiet moment before responding
LOVE is saying "I need help"
LOVE is asking "What do you need?"
LOVE is holding boundaries gently
LOVE is choosing connection over control
LOVE is the challenge
LOVE is not giving up
LOVE is noticing
LOVE is remembering
LOVE is in your hands when they're covered in paint
LOVE is saying yes to mess
LOVE is tidying together at the end of the day
LOVE is all the little ways you make your space special
LOVE is offering new experiences
LOVE is the laughter and giggles
LOVE is the tears we hold
LOVE is how you care for yourself so you can care for others
LOVE is rest and boundaries
LOVE is the land we gather on
LOVE is in the food we share

