



SABLE CANTUS

Where were you born?

Los Angeles, CA

Where did you grow up?

In and around the South Bay -- Torrance, Redondo Beach and Lawndale.

What is your educational background?

I have a Bachelor's of Science Degree in Business Management from the University of Phoenix and a Master's of Art Degree in Music from Cal State University of Angeles.

Do you currently teach elsewhere?

I am teaching Cyber Security at LBCC. I have taught Digital Media and recording at Golden West College from 2009 through last semester.

When did you discover your passion for instruction and how did that occur?

I never thought about becoming a teacher. My uncle was a 5th grade teacher and then he created and ran an art school for 40 years (the Brentwood Art Center), and my dad was a private music teacher for his entire life. I did some graduate lecturing, but that was it. When the opportunity to teach at Golden West arrived, I found, while I was in the classroom teaching, that I really enjoyed being part of the learning process with my students. My students' insights became new for me, and my students' success became my success. I have been teaching in the classroom (and now online) for 11 years, and I love it.

What is your favorite aspect of your chosen career?

I love the challenge of maintaining three careers, plus a family, all at once. In the day time I am in the IT department and run all technical training for Rio Hondo College. In the evenings I teach as an adjunct. During the rest of the free time I play music in and around Orange County. I play with several bands and we focus on Jewish music, Klezmer, and party music.

What is the one quality you feel best describes you?

Always learning

What other interests, hobbies and pastimes are you passionate about?

I have been (computer) programming since I was 10 years old (on an old-at-the-time Apple II) and playing video games since they were invented. I love foreign languages and have been at various levels of proficiency with Japanese, Hebrew, Spanish, and I'm currently studying American Sign language.

What do you think you'll enjoy most about teaching for the Emeritus Institute?

I constantly strive to learn new things myself. I am always enrolled in a class, reading a book on a subject, exploring areas such as health & diet, or listening to lectures from interesting people because I am interested. I also learn as much from my students as I feel that I bring with me to share. Emeritus Institute students are not there for grades or a degree, but because they want to be in class. This is what I'm excited about and why I'm looking forward to teaching for the Emeritus Institute.

What message would you like to send to your current and future Emeritus Students about yourself and/or what they can expect from your classes?

Hi! Thanks for letting me spend some time with you. I look forward to our classes and the experiences we will have together.

What has helped you cope with the pandemic challenges to everyday life?

My family and I choose to be safe without being paranoid. We read the studies objectively and make decisions that make sense to protect those who are the most vulnerable. We haven't seen my wife's parents this year because of it, but we haven't cancelled all life's events. We've improvised with car parades, video calls, and smaller gatherings with appropriate distancing.

Tell us a FUN FACT about you.

Many residents of Laguna Woods already have met me or seen me in concert. My band, The South Coast Simcha band, has performed several times over the last few years. Another group of mine, the Orange Jews, had a concert last December in the big hall called "The Jews of Xmas" which my buddy Perry Goldstein and I wrote.