

EMERITUS INSTITUTE

**12 STEPS
to Register
Page 3**

*Tuition-free
courses
for older
adults*

Spring 2022 Schedule of Classes

**Instruction Begins
January 18, 2022**

**Ongoing Admission
and Registration**

www.saddleback.edu/emeritus

1-949-582-4835



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Student Application	IBC*

*Inside back cover

Welcome to the Spring 2022 Semester of the Saddleback College Emeritus Institute

January 18 – May 25, 2022

The mission of the Saddleback College Emeritus is to promote lifelong learning by providing academically rigorous, mentally stimulating, socially engaging, and health improving courses for older adults throughout south Orange County.

Dear South Orange County Community Member:

Whether this is the first time you are hearing about the Saddleback College Emeritus Institute, you needed to take a break during the heights of COVID, or you continued taking courses online for the past two years, it is my pleasure to welcome you to the Spring 2022 semester. We have morning, afternoon, evening, and weekend courses ready for you to enjoy in both online and in-person formats.

The Saddleback College Emeritus Institute is specifically designed for today's lifelong learner. We've removed the barrier of tuition and replaced it with free courses; we've removed the barrier of driving to class and replaced it with courses held online and in-person; we've removed the barrier of social isolation and replaced it with a lifelong learning community created for you. This January 2022, please join me and your neighbors as we find new passions, see the world through different perspectives, get healthier, and create beauty.



- **New Students:** Complete the Saddleback College Student Application at the back of this schedule and email it to scadmissions@saddleback.edu. Taking a photo of the completed application and emailing the photo works great! (Just make sure it's clear). **Please apply by December 1, 2021.**
- **Returning Students:** If you missed two semesters in a row, we can't wait to welcome you back. To reactivate your student account, simply complete the Saddleback College Student Application at the back of this schedule and indicate you are a returning student. Please include your Student ID number if you have it handy. Email the application to scadmissions@saddleback.edu. Taking a photo of the completed application and emailing the photo works great! (Just make sure it's clear).
- **Continuing Students:** Thank you for your continued participation! Registration appointments are posted in your MySite account: mysite.socccd.edu.

Saddleback College Courses and COVID Precautions:

As we transition back to providing in-person courses, we are grateful for our community partners hosting classes throughout our region. Respectful adherence to all facility policies and procedures is essential to creating a community of lifelong learning. Please see our At a Glance section for courses held at facilities. You can find the days and times for courses at those facilities in the subsequent pages.

Our District has approved the development of a vaccine mandate for all students taking spring semester classes at IVC, Saddleback College, or ATEP. The details of this requirement will be released in the weeks to come, but all students enrolling for spring semester hybrid (partly on-campus/partly online) or on-campus classes should be fully vaccinated or planning on meeting the vaccination requirement by January 8, 2022. Adult students enrolling for hybrid or fully in-person classes at satellite locations will also need to meet the vaccination requirement by January 8, 2022. If you are neither vaccinated nor planning on being vaccinated, we encourage you to enroll only in online classes for spring semester. More information about our vaccine requirement will be forthcoming. Any Emeritus Institute course indoors will require students to wear a mask.

On behalf of the 80 faculty and staff in the Saddleback College Emeritus Institute, it is my joy to welcome you to lifelong learning for the spring 2022 semester.

Sincerely,

Dan Predoehl, M. Ed
Assistant Dean, Extended Learning
Director, Emeritus Institute



EMERITUS INSTITUTE – SPRING 2022 SEMESTER

The Emeritus Institute web site: www.saddleback.edu/emerus

The mission of the Saddleback College Emeritus Institute is to promote lifelong learning by providing academically rigorous, mentally stimulating, socially engaging, and health improving classes for older adult students throughout south Orange County.

CONTACT INFORMATION



1-949-582-4835



28000 Marguerite Pkwy, Mission Viejo, CA, 92692



scemeritus@saddleback.edu

SPRING 2022 SEMESTER CLASSES

All classes begin the week of January 18, 2022 and end May 25, 2022 unless noted otherwise.

ENROLLMENT INFORMATION

STEP 1 Complete Saddleback College Emeritus Institute Application.

The one-page Emeritus Institute Application is available from:

- The Emeritus web page: www.saddleback.edu/emerus.
- The inside back cover of any Emeritus Institute *Schedule of Classes*.
- **NEW** (or Former) EMERITUS STUDENTS: Once the Admissions and Records Office has processed your application, you will be sent an email which contains your registration information.

Email signed and completed applications to scadmissions@saddleback.edu

STEP 2 View your registration appointment online. Login to MySite at www.saddleback.edu.

- Enter your **Student ID** number and **PIN** number. Your **PIN** number is typically either your birth month and day (ex: 0517 for a May 17 birthday).

STEP 3 Use registration instructions on Page 3 to register online for classes on or after your assigned registration appointment date and time.

SPRING 2022 REGISTRATION DATES

Students may only register after their assigned appointment date and time found in MySite accounts.

SPRING 2022	October 6, 2021	Registration appointments posted in student MySite account
	October 12 – November 17, 2021	Registration opens for CONTINUING students according to appointment
	November 18, 2021	Registration opens for NEW students or those who missed a semester

EMERITUS INSTITUTE SPRING 2022 ACADEMIC CALENDAR

January 18	Spring 2022 Classes Begin
February 18 – 21	Presidents’ Day – No Class
February 22	Faculty Contractual Day – No Class
March 20 – 26	Spring Break – No Class
March 31	Cesar Chavez Day – No Class
May 25.....	End of Spring Semester – No Class

LIFELONG LEARNING WITH THE EMERITUS INSTITUTE

ONLINE LEARNING

All online classes meet live via **CANVAS** and **ZOOM** at the scheduled days and times.

canvas.saddleback.edu

CANVAS is a learning management system known for its user-friendly online environment. You will be using it participate in your online classes.

CANVAS will connect you with your instructor and classmates, and provide an exceptional learning experience!

STAY IN TOUCH!

Subscribe today to the
**Emeritus Institute
Monthly Newsletter**

saddleback.edu/emmeritus/news

**Instructor Interviews
Program Updates
Helpful Tips
Donation Opportunities**

IN-PERSON LEARNING

All in-person classes meet live at the scheduled days and times.

**View Page 5 for In-Person
Class Locations**

The SOCCCD has approved the development of a vaccine mandate for all students taking in-person spring semester classes on and off-campus.

**Masks will be required for
all indoor courses.**

FEES

Emeritus Institute courses are tuition free, non-credit classes. As noted in this schedule, classes on the Saddleback College campus require a \$22 health-fee payment. Some courses require a material fee. All fees must be paid at the time of registration. Payment may be made by credit card when registering online, or by check or money order when registering in-person; no cash is accepted. Payments must be received within five business days to avoid enrollment cancellation.

NOTE: *Parking at Saddleback College is free for the Spring 2022 semester.*

REFUND DEADLINE – *Classes must be dropped by January 30, 2022 to receive a refund.*

IMPORTANT POLICIES

- Faculty reserve the right to drop students who do not attend the first class session.
- Students are not permitted to attend classes in which they are not officially enrolled; auditing is not permitted.

PLEASE NOTE: *Students may only register online. If a class is full, a student must add themselves to the waitlist online. Walk-up class petitions for full-courses cannot be accepted.*

LAGUNA WOODS VILLAGE PARKING PASSES

STUDENT PARKING FEE

Laguna Woods Village (LWV) requires non-resident students who drive a vehicle into the community to pay a Student Parking Pass Fee, which is \$40 per vehicle per each fall and spring semester and \$30 for summer. Payment may be made by check or cash.

Laguna Woods Village does not refund parking pass purchases.

Only one parking pass per vehicle needs to be presented when students are carpooling.

Students walking in will need to arrange for GATE CLEARANCE with an Emeritus staff member.

PAYMENT / PICK-UP

LWV parking passes must be paid for and picked up at the Laguna Woods Village Community Center
24351 El Toro Rd, Laguna Woods, CA 92637

After January 18, 2022, students that register for a class within Laguna Woods Village must purchase a parking pass to drive into the facility. Gate Clearances will not be provided. If you have enrolled in a class after January 18th, please contact the Emeritus Office at 1-949-582-4835 for more information about retrieving a parking pass.

REGISTRATION STEPS

12
STEPS

- 1 Go to www.saddleback.edu and click **MySite** at top right.
- 2 Enter your **STUDENT ID NUMBER** and **PIN**. Click **Login**.
- 3 Click **My Classes** on the top red bar.
- 4 Click **Add / Drop Classes** on the drop-down menu.
- 5 Click **Add / Drop Classes** in the **CORRECT SEMESTER** box. (Summer, Fall, Spring)
- 6 Update Records – Answer **ALL REQUIRED FIELDS** that have a *red asterisk. Be sure to scroll to the bottom of the page.

CLICK NEXT ►

NOTE: If you can't move to the next screen, scroll to the top and read the message in red telling you which question hasn't been answered.

The most frequently missed questions are:

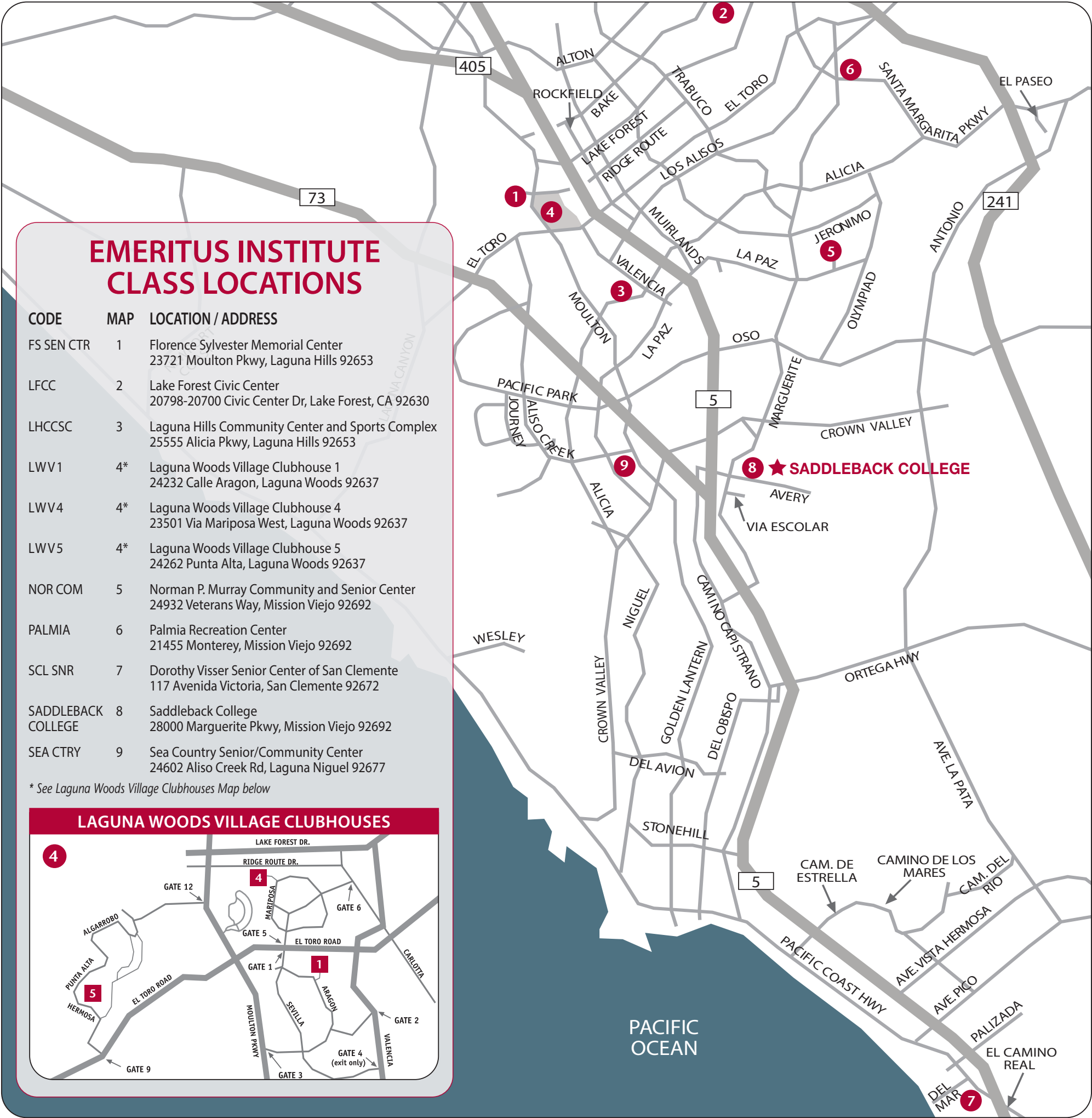
- Enter your cell phone # OR select No Mobile Phone.

- Vocational and Technical Information (VETA) Check pertinent boxes or None of the Above.
- Electronic 1098T Tax Information: If your social security number is correctly displayed, select Yes. If your social security number is NOT displayed, select Decline OR print the W- 9S form by clicking the

link at the bottom of the screen, complete and mail to: District Fiscal Services, Saddleback College, 28000 Marguerite Parkway, Mission Viejo, CA 92692.

If your social security number is incorrectly displayed, submit the form above.

- 7 **Enter the class ticket number and click Add Class.** (You MUST click **ADD CLASS**). If a class meets in Laguna Woods and you need a Parking Pass, click **YES**. If not, click **NO**. If a class is **FULL**, click the X in the top right of the pop-up box. Enter another ticket number. If the class has a **WAITLIST**, enter your information to be added to it. If it doesn't have a **WAITLIST**, you may petition it by going to the first class meeting and asking the instructor.
- 8 After entering all ticket numbers, click **Next**.
- 9 Any fees will be stated. Click **Next**.
- 10 Pay any materials fees for your class(es) by credit card or click that you'll be mailing a check or money order. (Payment must be received within FIVE business days.) Click **Next**.
- 11 Select **Yes** that you accept the Refund Policy. Click **Complete Registration**.
- 12 The **LAST SCREEN** says "Registration Confirmation" at the top. Make sure your classes are listed under "Completed Enrollment Actions." Print your confirmation.



CLASS LOCATIONS AT A GLANCE

NEW! Easily find Emeritus Institute classes near you.

COURSE ID TITLE

DOROTHY VISSER SENIOR CENTER OF SAN CLEMENTE

EART 549	FUNDAMENTALS OF SKETCHING
EART 559	FUNDAMENTALS OF OIL/ACRYLIC PAINTING
EART 566	ADVANCED PAINTING TECHNIQUES FOR OIL/ACRYLIC

FLORENCE SYLVESTER MEMORIAL AND SENIOR CENTER

EACT 503	MANAGING BONDS AND STOCKS
EPOL 501	CURRENT POLITICAL EVENTS AND ISSUES

INTERNET

EACT 500	IMPROVING INVESTMENT PERFORMANCE
EACT 503	MANAGING BONDS AND STOCKS
EACT 504	ESTATE PLANNING
EART 501	ART HISTORY
EART 502	CONTEMPORARY ART AND CULTURE
EART 503	FUNDAMENTALS OF ART ANALYSIS AND APPRECIATION
EART 518	INTERMEDIATE CERAMICS-WHEEL
EART 540	ART MEDIA STUDIES
EART 549	FUNDAMENTALS OF SKETCHING
EART 551	INTERMEDIATE SKETCHING
EART 553	FUNDAMENTALS OF LIFE DRAWING
EART 559	FUNDAMENTALS OF OIL/ACRYLIC PAINTING
EART 561	INTERMEDIATE PAINTING IN OIL/ACRYLIC
EART 564	PORTRAIT PAINTING IN OILS, WATERCOLOR AND PASTELS
EART 566	ADVANCED PAINTING TECHNIQUES FOR OIL/ACRYLIC
EART 569	FUNDAMENTALS OF WATERCOLOR PAINTING
EART 572	BEGINNING CHINESE BRUSH PAINTING
EART 573	INTERMEDIATE CHINESE BRUSH PAINTING
EART 574	INTERMEDIATE-ADVANCED TECHNIQUES OF WATERCOLOR PAINTING
EART 580	PASTEL PAINTING
EBIO 500	BIRDS OF THE WORLD
EBIO 501	ADVANCED BIRDING
ECIM 501	LIFE AND TECHNOLOGY INTEGRATION
EECL 501	HUMAN ECOLOGY
EENG 501	ADVANCED CREATIVE WRITING
EENG 503	INTRODUCTION TO CREATIVE WRITING
EENG 510	LITERATURE AND LIFE
EENG 512	THE BIBLE AS LITERATURE - PSALMS TO GOSPELS
EENG 513	THE BIBLE AS LITERATURE - GOSPELS TO REVELATION
EENG 515	FILM ANALYSIS THROUGH LITERARY CRITIQUE
EFSH 500	QUILTING AND PATCHWORK
EFSH 502	BEGINNING CLOTHING CONSTRUCTION
EFSH 503	INTERMEDIATE CLOTHING CONSTRUCTION
EFSH 506	INTERMEDIATE CROCHETING
EFSH 508	INTERMEDIATE KNITTING
EGRO 500	AGE-RELATED HEALTH RISK FACTORS
EGRO 501	GEROPSYCHOLOGY-PERSPECTIVES ON AGING
EMUS 501	INTRODUCTION TO OPERA
EMUS 500	FOR THE LOVE OF MUSIC

COURSE ID TITLE

INTERNET HEALTH 2 HOURS A WEEK

EHEA 501	CARDIOVASCULAR WELLNESS FOR OLDER ADULTS <i>Emphasis – Aerobics</i>
EHEA 509	SURVEY OF BALANCE/MOBILITY TECHNIQUES FOR BALANCE AND MOBILITY <i>Emphasis – Balance and Mobility</i>
EHEA 513	BEGINNING MOVEMENT AND HEALTH FOR OLDER ADULTS <i>Emphasis – Beginning Chair Exercise</i>
EHEA 521	MUSCLE DEVELOPMENT FOR OLDER ADULTS <i>Emphasis – Pilates</i>
EHEA 525	POSTURE AND MOBILITY FOR OLDER ADULTS <i>Emphasis – Sequential Stretching</i>
EHEA 529	BALANCED MOVEMENT FOR OLDER ADULTS <i>Emphasis – Tai Chi</i>
EHEA 533	FOCUS AND FLEXIBILITY FOR OLDER ADULTS <i>Emphasis – Yoga</i>
EHEA 536	BRAIN HEALTH AND WELLNESS FOR OLDER ADULTS <i>Emphasis – Brain Health</i>
EHEA 539	SEQUENTIAL MUSCLE TECHNIQUE FOR THE OLDER ADULTS <i>Emphasis – Circuit Training</i>

INTERNET HEALTH 3 HOURS A WEEK

EHEA 500	CARDIOVASCULAR HEALTH FOR OLDER ADULTS <i>Emphasis – Aerobics</i>
EHEA 508	BALANCE AND MOBILITY FOR OLDER ADULTS <i>Emphasis – Balance and Mobility</i>
EHEA 516	INTERMEDIATE INDEPENDENT MOVEMENT FOR OLDER ADULTS <i>Emphasis – Intermediate Chair Exercise</i>
EHEA 520	MUSCLE STRENGTHENING/BODY ALIGNMENT FOR OLDER ADULTS <i>Emphasis – Pilates</i>
EHEA 524	POSTURE AND BALANCE FOR OLDER ADULTS <i>Emphasis – Sequential Stretching</i>
EHEA 532	FOCUS AND MUSCLE STRENGTH FOR OLDER ADULTS <i>Emphasis – Yoga</i>
EHST 502	CURRENT AND HISTORICAL ANALYSIS OF THE MIDDLE EAST
EHST 504	WESTERN CIVILIZATION TO 1648
EHST 510	HISTORY AND BIOGRAPHY THROUGH MEDIA
EHUM 500	MODERN WORLD CULTURE:1700-PRESENT
EMUS 501	INTRODUCTION TO OPERA
EPHL 503	FUNDAMENTALS OF WESTERN PHILOSOPHY
EPHL 504	FREETHOUGHT PHILOSOPHY PAST AND PRESENT
EPHO 503	INTERMEDIATE DIGITAL PHOTOGRAPHY
EPHO 505	ADVANCED COLOR PRINTING
EPHO 508	FUNDAMENTALS OF DIGITAL PHOTOGRAPHY
EPOL 501	CURRENT POLITICAL EVENTS AND ISSUES
ESPA 500	BEGINNING PRACTICAL SPANISH
ESPA 501	INTERMEDIATE PRACTICAL SPANISH
ESPA 502	ADVANCED PRACTICAL SPANISH

CLASS LOCATIONS AT A GLANCE

NEW! Easily find Emeritus Institute classes near you.

COURSE ID TITLE

LAGUNA HILLS COMMUNITY CENTER AND SPORTS COMPLEX

EART 569	FUNDAMENTALS OF WATERCOLOR PAINTING
EART 574	INTERMEDIATE-ADVANCED TECHNIQUES OF WATERCOLOR PAINTING
ESPA 500	BEGINNING PRACTICAL SPANISH

LAKE FOREST CIVIC CENTER

ECIM 501	LIFE AND TECHNOLOGY INTEGRATION
EFSH 507	BEGINNING KNITTING

LAGUNA WOODS VILLAGE CLUBHOUSES

LWV1 ART ROOM

EART 561	INTERMEDIATE PAINTING IN OIL/ACRYLIC
EMUS 519	ENSEMBLE AND ORCHESTRA REHEARSAL AND PERFORMANCE

LWV1 MULTIPURPOSE ROOM

EART 551	INTERMEDIATE SKETCHING
EART 553	FUNDAMENTALS OF LIFE DRAWING
EART 566	ADVANCED PAINTING TECHNIQUES FOR OIL/ACRYLIC

LWV1 POOL

EHEA 505	AQUA-CARDIO WELLNESS FOR OLDER ADULTS <i>2 Hour Aquatic Fitness</i>
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LWV4 ART ROOM

EART 561	INTERMEDIATE PAINTING IN OIL/ACRYLIC
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LWV4 CERAMICS ROOM

EART 510	CERAMICS HAND BUILDING
EART 511	BEGINNING CERAMICS-WHEEL
EART 513	ADVANCED CERAMICS
EART 518	INTERMEDIATE CERAMICS-WHEEL
EART 590	BEGINNING SCULPTURE
EART 592	INTERMEDIATE TECHNIQUES OF CERAMIC SCULPTURE

LWV4 JEWELRY ROOM

EART 530	BEGINNING ENAMELING
EART 531	INTERMEDIATE ENAMELING
EART 534	ADVANCED JEWELRY METAL FABRICATION
EART 535	FUNDAMENTALS OF METAL FABRICATION FOR JEWELRY
EART 536	INTERMEDIATE TECHNIQUES OF METAL FABRICATION FOR JEWELRY

LWV4 LAPIDARY ROOM

EART 520	BEGINNING INTARSIA
EART 522	BEGINNING LAPIDARY
EART 523	INTERMEDIATE LAPIDARY
EART 525	ADVANCED STAINED GLASS

COURSE ID TITLE

LWV4 PHOTOGRAPHY ROOM

EPHO 503	INTERMEDIATE DIGITAL PHOTOGRAPHY
EPHO 508	FUNDAMENTALS OF DIGITAL PHOTOGRAPHY

LWV4 SEWING ROOM

EFSH 504	ADVANCED CLOTHING CONSTRUCTION
EFSH 510	ART AS FASHION

LWV4 SLIPCASTING ROOM

EART 515	INTERMEDIATE CERAMICS-SLIPCASTING
EART 516	ADVANCED CERAMICS-SLIPCASTING
EART 517	ART OF CERAMIC DECORATING
EART 519	BEGINNING TECHNIQUES OF CERAMIC SLIPCASTING

LWV5 MULTIPURPOSE ROOM 1

EENG 515	FILM ANALYSIS THROUGH LITERARY CRITIQUE
ESPA 501	INTERMEDIATE PRACTICAL SPANISH

LWV5 POOL

EHEA 504	AQUA-CARDIO HEALTH FOR THE OLDER ADULTS <i>3 Hour Aquatic Fitness</i>
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NORMAN P. MURRAY COMMUNITY AND SENIOR CENTER

EART 501	ART HISTORY
ESPA 502	ADVANCED PRACTICAL SPANISH

PALMIA RECREATION CENTER

EART 503	FUNDAMENTALS OF ART ANALYSIS AND APPRECIATION
EHEA 504	AQUA-CARDIO HEALTH FOR THE OLDER ADULTS <i>3 Hour Aquatic Fitness</i>
EHEA 505	AQUA-CARDIO WELLNESS FOR OLDER ADULTS <i>2 Hour Aquatic Fitness</i>

SADDLEBACK COLLEGE FINE ARTS BUILDING

EMUS 502	EMERITUS INSTITUTE CONCERT CHORALE
EMUS 509	VOCAL AND RHYTHMIC TECHNIQUES
EMUS 514	BARBERSHOP CONCERT CHORALE FOR MEN AND WOMEN
EMUS 519	ENSEMBLE AND ORCHESTRA REHEARSAL AND PERFORMANCE
ETHE 500	SCENE STUDY-ACTING
ETHE 501	INTRODUCTION TO READERS THEATRE

SEA COUNTRY SENIOR AND COMMUNITY CENTER

EACT 500	IMPROVING INVESTMENT PERFORMANCE
EART 551	INTERMEDIATE SKETCHING

ALL EMERITUS COURSES ARE DESIGNED FOR THE OLDER ADULT.

Emeritus Institute – Spring 2022 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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ATTENTION details for all online synchronous courses – there are required live-stream meetings during all of the days/times that are on the course schedule. To learn more about online classes, visit: saddleback.edu/oe. Watch this video for help to reset your password and/or how to access Canvas and ConferZoom: bit.ly/emeritus-canvas.

EMERITUS ACCOUNTING

EACT 500 IMPROVING INVESTMENT PERFORMANCE (EI)

Understanding and evaluating investment performance for the beginning and experienced investor, including strategies critical to the formation, preservation and growth of financial assets.

15520	M	01:00PM-02:50	Meyerson, R.	SEA CTRY
<i>The above class meets at Sea Country Senior/Comm. Center, Laguna Niguel.</i>				
15660	T	01:00PM-02:50	Meyerson, R.	INTERNET
16110	W	10:00AM-11:50	Meyerson, R.	INTERNET
16350	Th	10:00AM-11:50	Meyerson, R.	INTERNET

EACT 503 MANAGING BONDS AND STOCKS (EI)

Examines the dynamics of global economics, stock and bond markets, and mutual funds with an emphasis on helping investors develop an informed and strategic investment philosophy.

15505	T	09:00AM-10:50	Staff	FS SEN CTR
<i>The above class meets at Florence Sylvester Memorial Center, Laguna Hills.</i>				
16100	Th	01:00PM-02:50	Meyerson, R.	INTERNET

EACT 504 ESTATE PLANNING (EI)

Examines financial and estate planning matters. Topics may include probate estates, trusts, wills, property transfers, marital property, advance directives, powers of attorney, elder law, tax implications, and charitable gifts.

15425	T	06:00PM-07:50	Murphy, T.	INTERNET
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EMERITUS ART

EMERITUS ART HISTORY AND THEORY (FINE ARTS)

Emeritus Art students please note: Additional art supplies may be required.

EART 501 ART HISTORY (EI)

Surveys the history of Western art. Focuses on major works and artists of lasting significance from the prehistoric to modern times.

15700	M	10:00AM-11:50	Rodriguez-Morris, E.	INTERNET
15900	Th	01:00PM-02:50	Rodriguez-Morris, E.	NOR COM
<i>The above class meets at Norman P. Murray Community and Senior Center, Mission Viejo.</i>				

EART 502 CONTEMPORARY ART AND CULTURE (EI)

This course analyzes 20th century art, culture and architecture. It also explores the contributions of collectors and patrons, gender and diversity in the arts.

16235	W	09:00AM-10:50	Shriver, J.	INTERNET
16045	Th	01:00PM-02:50	Shriver, J.	INTERNET

EART 503 FUNDAMENTALS OF ART ANALYSIS AND APPRECIATION (EI)

Focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art.

16290	T	01:00PM-02:50	Rodriguez-Morris, E.	INTERNET
20500	W	10:00AM-11:50	Hoffman, L.	INTERNET
15640	F	10:00AM-11:50	Shriver, J.	PALMIA

The above class meets at Palmia Recreation Center, Rancho Santa Margarita.

TICKET	TIME	DAYS	INSTRUCTOR	ROOM
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EMERITUS ART (CERAMICS)

Emeritus Art students please note: Additional art supplies may be required.

EART 510 CERAMICS HANDBUILDING (EI)

A practical and historical introduction to the ceramics process. The course will include handbuilding, trimming and finishing, firing and glazing. Materials fee of \$15.00 payable at registration.

15770	W	01:00PM-03:50	Young, S.	LWV4 CER
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Ceramics Room, Laguna Woods.</i>				

EART 511 BEGINNING CERAMICS – WHEEL (EI)

Introduction to potter's wheel techniques, with emphasis on traditional shapes and forms. Includes wheel throwing techniques, trimming and finishing, firing and glazing. Materials fee of \$15.00 payable at registration.

20505	Th	01:00PM-03:50	Young, S.	LWV4 CER
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Ceramics Room, Laguna Woods.</i>				

EART 513 ADVANCED CERAMICS (EI)

Rec Prep: EART 502. Course directs advanced projects in ceramics with emphasis on use of the potter's wheel. Evaluation of forms and creative use of ceramic concepts and materials will be emphasized. Materials fee of \$15.00 payable at registration.

20510	W	09:00AM-11:50	Young, S.	LWV4 CER
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Ceramics Room, Laguna Woods.</i>				

EART 515 INTERMEDIATE CERAMICS – SLIPCASTING (EI)

Rec Prep: EART 504. Intermediate level theory and technique in slipcasting. Exploration of basic functions, forms, color, glazing and decorative techniques. Open repeatability. Primarily for older adult. Materials fee of \$5.00 payable at registration.

15585	Th	09:00AM-11:50	Elizalde-Henson, S.	LWV4 SLP
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Slipcasting Room, Laguna Woods.</i>				

EART 516 ADVANCED CERAMICS – SLIPCASTING (EI)

Rec Prep: EART 505. Advanced glaze concepts and ceramic product exploration will be emphasized including specialty glazes, and advanced use of forms. Materials fee of \$5.00 payable at registration.

20695	M	09:00AM-11:50	Elizalde-Henson, S.	LWV4 SLP
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Slip-casting Room, Laguna Woods.</i>				

EART 517 ART OF CERAMIC DECORATING (EI)

Theory and application of transparent underglazes, specialty glazes, and advanced decorative techniques. Materials fee of \$5.00 payable at registration.

16220	W	01:00PM-03:50	Staff	LWV4 SLP
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Slip-casting Room, Laguna Woods.</i>				

EART 518 INTERMEDIATE CERAMICS – WHEEL (EI)

Rec Prep: EART 501. Covers theory, materials, and techniques of ceramics at an intermediate level. Includes design-forming techniques, use of the potter's wheel, glazing, and firing. Materials fee of \$15.00 payable at registration.

16155	T	09:00AM-11:50	Elizalde-Henson, S.	LWV4 CER
<i>The above class meets at Laguna Woods Village, Clubhouse 4, Ceramics Room, Laguna Woods.</i>				

80010	F	09:00AM-11:50	Haight, L.	INTERNET
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EART 519 BEGINNING TECHNIQUES OF CERAMIC SLIPCASTING (EI)

Theory and technique in low fire ceramics including, pouring slip into molds (slip-casting), finishing, carving, and firing, as well as underglaze, glaze, and overglaze applications. Materials fee of \$5.00 payable at registration.

21460	W	09:00AM-11:50	Staff	LWV4 SLP
<i>The above class meets at Laguna Woods Village, Slip-casting Room, Laguna Woods.</i>				

Emeritus Institute – Spring 2022 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
EMERITUS ART (CRAFTS)				
Emeritus Art students please note: Additional art supplies may be required.				
EART 520 BEGINNING INTARSIA (EI)				
Rec Prep: EART 523. Learn intarsia design techniques in lapidary studio. Create a variety of works with inlaid stone. Materials fee of \$5.00 payable at registration.				
20705	Th	01:00PM-03:50	Massamiri, T.	LWV4 LAP
The above class meets at Laguna Woods Village, Clubhouse 4, Lapidary Room, Laguna Woods.				
EART 522 BEGINNING LAPIDARY (EI)				
Explores the proper usage of lapidary machines for cutting and polishing stones: slabsaw, trim saw, grinders, sanders, lapping wheels, polishers and drills. Materials fee of \$5.00 payable at registration.				
20710	T	01:00PM-03:50	Massamiri, T.	LWV4 LAP
The above class meets at Laguna Woods Village, Clubhouse 4, Lapidary Room, Laguna Woods.				
EART 523 INTERMEDIATE LAPIDARY (EI)				
Rec Prep: EART 522. Explores lapidary machines and hand tools for cutting and polishing stones from rough to semiprecious into a variety of shapes such as cachobons, cameos, and carvings for use in decorative items and jewelry. Materials fee of \$5.00 payable at registration.				
21465	Th	09:00AM-11:50	Massamiri, T.	LWV4 LAP
The above class meets at Laguna Woods Village, Clubhouse 4, Lapidary Room, Laguna Woods.				
EART 525 ADVANCED STAINED GLASS (EI)				
Rec Prep: EART 524. Designed to explore the possibilities of working in glass by utilizing the kiln to fuse, tack, and slump objects using tested compatible glass. Create a variety of projects incorporating techniques learned in previous 'cold glass' courses. Materials fee of \$10.00 payable at registration.				
15415	Th	05:00PM-07:50	Rokni, S.	LWV4 LAP
The above class meets at Laguna Woods Village Clubhouse 4, Lapidary Room, Laguna Woods.				
EART 530 BEGINNING ENAMELING (EI)				
Introductory studio course on the creation and design of decorative and jewelry pieces using basic enameling techniques. Materials fee of \$15.00 payable at registration.				
21470	Th	09:00AM-11:50	Lommatsch Barrett, C.	LWV4 JLY
The above class meets at Laguna Woods Village, Clubhouse 4, Jewelry Room, Laguna Woods.				
EART 531 INTERMEDIATE ENAMELING (EI)				
Rec Prep: EART 530. A studio course emphasizing traditional and contemporary concepts, processes, and techniques in enameling at an intermediate level. Materials fee of \$15.00 payable at registration.				
20720	Th	01:00PM-03:50	Lommatsch Barrett, C.	LWV4 JLY
The above class meets at Laguna Woods Village, Clubhouse 4, Jewelry Room, Laguna Woods.				
EART 534 ADVANCED JEWELRY METAL FABRICATION (EI)				
Rec Prep: EART 533. A studio course offering advanced theory and methods, materials, designs and practices in the construction of complex jewelry and decorative items. Materials fee of \$15.00 payable at registration.				
16010	T	01:00PM-03:50	Rokni, S.	LWV4 JLY
The above class meets at Laguna Woods Village, Clubhouse 4, Jewelry Room, Laguna Woods.				
EART 535 FUNDAMENTALS OF METAL FABRICATION FOR JEWELRY (EI)				
A studio course with emphasis on the basic metal manipulation techniques involved in making jewelry. Different projects taught each semester. Materials fee of \$15.00 payable at registration.				
16165	T	09:00AM-11:50	Rokni, S.	LWV4 JLY
The above class meets at Laguna Woods Village, Clubhouse 4, Jewelry Room, Laguna Woods.				

TICKET	TIME	DAYS	INSTRUCTOR	ROOM
EART 536 INTERMEDIATE TECHNIQUES OF METAL FABRICATION FOR JEWELRY (EI)				
Rec Prep: EART 532. An intermediate studio course emphasizing the concepts, processes and techniques involved in the making of jewelry. Includes demonstration and practice in the design and construction of jewelry. Materials fee of \$15.00 payable at registration.				
15825	Th	05:00PM-07:50	Lommatsch Barrett, C.	LWV4 JLY
The above class meets at Laguna Woods Village, Clubhouse 4, Jewelry Room, Laguna Woods.				
EMERITUS ART (DRAWING)				
Emeritus Art students please note: Additional art supplies may be required.				
EART 540 ART MEDIA STUDIES (EI)				
Students engage in introductory activities in mixed media drawing painting, print-making and related two-dimensional and three-dimensional art forms.				
16170	F	09:00AM-11:50	Margiotta, D.	INTERNET
EART 549 FUNDAMENTALS OF SKETCHING (EI)				
Basic drawing techniques with emphasis on dry media and ink. Students will work on gesture, construction, perspective and value. Materials fee of \$5.00 payable at registration.				
15745	T	01:00PM-03:50	Jacques, M.	SCL SNR
The above class meets at the Dorothy Visser Senior Center of San Clemente.				
15545	W	09:00AM-11:50	Nielsen, M.	INTERNET
16190	W	09:00AM-11:50	Nilsen, C.	INTERNET
16240	Th	01:00PM-03:50	Willis, E.	INTERNET
EART 551 INTERMEDIATE SKETCHING (EI)				
Rec Prep: EART 550. Using traditional and contemporary drawing media and techniques in a variety of subjects. Builds upon basic drawing techniques. Materials fee of \$5.00 payable at registration.				
16200	M	09:00AM-11:50	Kiernan, M.	LWV1 MPR
The above class meets at Laguna Woods Village Clubhouse 1, Multipurpose Room, Laguna Woods.				
21640	M	01:00PM-03:50	Margiotta, D.	INTERNET
20755	T	09:00AM-11:50	Kiernan, M.	INTERNET
21620	T	01:00PM-03:50	Rogers Cloud, R.	SEA CTRY
The above class meets at Sea Country Senior Center, Laguna Niguel.				
21665	W	01:00PM-03:50	Nielsen, M.	INTERNET
EART 553 FUNDAMENTALS OF LIFE DRAWING (EI)				
Sketching and drawing the life model. Emphasis on the fundamental structure of the human body, including skeletal and muscular systems. Materials fee of \$5.00 payable at registration.				
22640	M	01:00PM-03:50	Journey, P.	LWV1 MPR
The above class will meet at Laguna Woods Village Clubhouse 1, Multipurpose Room, Laguna Woods.				
*Note: Live models are utilized in this class.				
20760	Th	09:00AM-11:50	Boonyad, S.	INTERNET
15955	F	09:00AM-11:50	Jekabsons, I.	LWV1 MPR
The above class meets at Laguna Woods Village 1, Multipurpose Room, Laguna Woods.				
*NOTE: This course utilizes live models.				
15555	F	01:00PM-03:50	Jekabsons, I.	LWV1 MPR
The above class meets at Laguna Woods Village Clubhouse 1, Multi-Purpose Room, Laguna Woods.				
*NOTE: This course utilizes live models.				

Emeritus Institute – Spring 2022 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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EMERITUS ART (PAINTING)

Emeritus Art students please note: Additional art supplies may be required.

EART 559 FUNDAMENTALS OF OIL/ACRYLIC PAINTING (EI)

Intro to materials and tech using oil/acrylic painting. Students will engage in activities to enhance their mental, social, and emotional well-being through artistic expression. Learn to create bodies of work. Student will engage, interact, and collaborate in class discussion and presentations Materials fee of \$5.00 payable at registration.

16265	M	10:00AM-12:50	Jacques, M.	SCL SNR
<i>The above class meets at the Dorothy Visser Senior Center of San Clemente.</i>				
21655	T	01:00PM-03:50	Ortiz, R.	INTERNET
16315	W	09:00AM-11:50	Willis, E.	INTERNET

EART 561 INTERMEDIATE PAINTING IN OIL/ACRYLIC (EI)

Rec Prep: EART 560. Designed for students who have some basic knowledge of color, composition and perspective and who wish to improve techniques, develop creativity and use their own resource materials. Materials fee of \$5.00 payable at registration.

15980	M	09:00AM-11:50	Alvarez, J.	LWV4 ART
<i>The above class meets at Laguna Woods Village Clubhouse 4, Art Room, Laguna Woods.</i>				
16175	T	01:00PM-03:50	Stonick, L.	INTERNET
16260	W	01:00PM-03:50	Kiernan, M.	LWV1 ART
<i>The above class meets at Laguna Woods Village Clubhouse 1, Art Room, Laguna Woods.</i>				

EART 563 PAINTING IN SUBJECT AREAS (EI)

Rec Prep: EART 562. Provides theory and demonstration of materials, applications, and techniques in a variety of subject matter and art mediums.Emphasis in working from life: plein air, figure and/or still life. Field trips may be required to fulfill the objectives of the course.

15760	M	01:00PM-03:50	Rogers Cloud, R.	OTBA
15830	SAT	09:00AM-11:50	Ortiz, R.	OTBA
<i>The above classes will first meet online for orientation. Following classes will meet at various outdoor locations throughout south Orange County.</i>				

EART 564 PORTRAIT PAINTING IN OILS, WATERCOLOR AND PASTELS (EI)

Constructing the human head and features using a variety of painting styles and techniques. Demonstrations in oils, watercolors, and/or pastels.

15605	M	09:00AM-11:50	Jekabsons, I.	INTERNET
20765	T	09:00AM-11:50	Journey, P.	INTERNET
16055	W	09:00AM-11:50	Alvarez, J.	INTERNET
<i>The above class meets at Laguna Woods Village Clubhouse 1, Art Room, Laguna Woods.</i>				

EART 566 ADVANCED PAINTING TECHNIQUES FOR OIL/ACRYLIC (EI)

Rec Prep: EART 561. Designed for students who have an intermediate/advanced knowledge of painting, and who wish to continue to sharpen technique and further develop creativity, and style. Materials fee of \$5.00 payable at registration.

22645	M	01:00PM-03:50	Jacques, M.	SCL SNR
<i>The above class meets at the Dorothy Visser Senior Center of San Clemente.</i>				
15655	W	09:00AM-11:50	Kiernan, M.	LWV1 MPR
<i>The above class meets at Laguna Woods Village Clubhouse 1, Multipurpose Room, Laguna Woods.</i>				
16250	F	09:00AM-11:50	Journey, P.	INTERNET

TICKET	TIME	DAYS	INSTRUCTOR	ROOM
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EART 569 FUNDAMENTALS OF WATERCOLOR PAINTING (EI)

Basic methods of applying watercolor: washes, color mixing, and brush technique. The spontaneity of transparent watercolor will be stressed and explored. Materials fee of \$5.00 payable at registration.

21645	M	01:00PM-03:50	Boonyad, S.	INTERNET
15535	T	09:00AM-11:50	Nielsen, M.	INTERNET
15750	T	09:00AM-11:50	Stonick, L.	INTERNET
21660	Th	01:00PM-03:50	Ortiz, R.	INTERNET
15885	F	09:00AM-11:50	Kiernan, M.	LHCCSC

The above class meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.

21170	F	01:00PM-03:50	Kiernan, M.	LHCCSC
<i>The above class meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.</i>				

EART 572 BEGINNING CHINESE BRUSH PAINTING (EI)

Introduction to the techniques of Chinese Brush Painting in the traditional animal, botanical and landscape motifs.

15565	M	09:00AM-11:50	Ho, C.	INTERNET
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EART 573 INTERMEDIATE CHINESE BRUSH PAINTING (EI)

Rec Prep: EART 572. Develop skills in handling the brush, ink, and color in a wide range of subjects while exploring concepts of design and composition. Explore history and aesthetics of Chinese painting.

15880	M	01:00PM-03:50	Ho, C.	INTERNET
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EART 574 INTERMEDIATE – ADVANCED TECHNIQUES OF WATERCOLOR PAINTING (EI)

Rec Prep: EART 570. Advanced techniques in watercolor. Emphasis on the exploration of traditional and contemporary palette, technique and style. Materials fee of \$5.00 payable at registration.

21650	M	09:00AM-11:50	Boonyad, S.	INTERNET
16210	T	01:00PM-03:50	Speth, M.	INTERNET
15950	W	01:30PM-04:20	Rogers Cloud, R.	LHCCSC

The above class meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.

15765	Th	01:00PM-03:50	Stonick, L.	INTERNET
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EART 580 PASTEL PAINTING (EI)

Traditional and contemporary methods of pastel painting with soft and hard pastels. Emphasis in multilayered techniques.

15495	T	09:00AM-11:50	Alvarez, J.	INTERNET
16320	W	01:00PM-03:50	Willis, E.	INTERNET

EMERITUS ART (SCULPTURE)

Emeritus Art students please note: Additional art supplies may be required.

EART 590 BEGINNING SCULPTURE (EI)

Introduction to sculptural ideas, and design. The student will apply theory and techniques of sculpture in selected materials. Materials fee of \$15.00 payable at registration.

16065	Th	09:00AM-11:50	Staff	LWV4 CER
<i>The above class meets at Laguna Woods Village Clubhouse 4, Ceramics Room, Laguna Woods.</i>				

EART 592 INTERMEDIATE TECHNIQUES OF CERAMIC SCULPTURE (EI)

Rec Prep: EART 590. Includes the creation of sculpture in traditional, historic and contemporary styles and techniques. Emphasis on both the figure. Materials fee of \$15.00 payable at registration.

20740	M	01:00PM-03:50	Staff	LWV4 CER
<i>The above class meets at Laguna Woods Village Clubhouse 4, Ceramics Room, Laguna Woods.</i>				

Emeritus Institute – Spring 2022 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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EMERITUS BIOLOGY

EBIO 500 BIRDS OF THE WORLD (EI)				
Includes bird ancestry, evolution, distribution, topography, behavior and techniques of field identification. Course includes field trips to local bird watching sites.				
15480	M	09:00AM-11:50	Leipzig, V.	INTERNET
16015	Th	06:00PM-08:50	Mitchell, K.	INTERNET
16140	SAT	08:00AM-10:50	Mitchell, K.	INTERNET

EBIO 501		ADVANCED BIRDING (EI)		
Rec Prep: EBIO 500 BIRDS OF THE WORLD (EI). Designed for the older adult with previous coursework or experience in ornithology or birding. Course furthers the study of bird anatomy, ecology, and evolution of birds with an emphasis on developing student skills in identification of bird species in the field.				
15525	W	09:00AM-11:50	Leipzig, V.	INTERNET

EMERITUS COMPUTER AND INFORMATION MANAGEMENT

ECIM 501 LIFE AND TECHNOLOGY INTEGRATION (EI)				
Introduction to the effective use of new and emerging technologies and how to create ease, efficiency, and comfort in the completion of daily tasks. topics include INTERNET use, computers, tablets, smart cell phones, mobile apps, and other emerging technologies. (CIM 1X).				
15855	F	10:00AM-11:50	Strobel, J.	INTERNET
15685	M	06:00PM-07:50	Cantus, S.	INTERNET
16105	TTh	01:00PM-02:50	Palacios, L.	LFCC-COMPUTER
<i>The above class meets at the Lake Forest Community Center, Computer Lab. (1/18-3/18).</i>				
16050	TTh	01:00PM-02:50	Palacios, L.	LFCC-COMPUTER
<i>The above class meets at the Lake Forest Community Center, Computer Room. (3/28-5/25).</i>				

EMERITUS ECOLOGY

EECL 501		HUMAN ECOLOGY (EI)		
Covers how human society depends upon natural resources and impacts the natural environment by consuming its resources, by producing waste and by its social and political interventions to both utilize and protect the environment.				
16270	T	10:00AM-11:50	Leipzig, V.	INTERNET

EMERITUS ENGLISH

EENG 501 ADVANCED CREATIVE WRITING (EI)				
Rec Prep: EENG 500. An in-depth study of creative writing through the development of nonfiction and fiction prose.				
15510	M	01:00PM-03:50	DeMarco-Barrett, B.	INTERNET
EENG 503 FUNDAMENTALS OF CREATIVE WRITING (EI)				
Explores the basic elements of fiction and non fiction writing including audience, structure, voice, description, setting, and manuscript development.				
15790	T	09:30AM-12:20	Hecht, S.	INTERNET
EENG 510 LITERATURE AND LIFE (EI)				
Designed for the older adult, this survey course introduces selected literary works exploring the common human experience. Students will analyze cultural, political, philosophical, and humanistic themes.				
21680	SAT	10:00AM-11:50	Kramer, K.	INTERNET

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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EENG 512 THE BIBLE AS LITERATURE – PSALMS TO GOSPELS (EI)				
A literary examination of the Bible from the Hebrew Psalms to the Synoptic Gospels with a special focus on the original Jewish cultural contexts from which this literature arose.				
16310	M	01:00PM-02:50	Jenks, G.	INTERNET
EENG 513 THE BIBLE AS LITERATURE – GOSPELS TO REVELATION (EI)				
Presentation and discussion of the New Testament focusing on historical, theological, cultural, and literary contexts from which the New Testament emerged.				
21080	W	04:00PM-05:50	Monette, M.	INTERNET
EENG 515 FILM ANALYSIS THROUGH LITERARY CRITIQUE (EI)				
Includes an examination of film as a 20th and 21st century art form. Reviews foreign and domestic cinema with a focus on archetype, myth, symbol, characterization and plot.				
16035	M	01:00PM-03:50	Hecht, S.	INTERNET
15860	T	02:00PM-04:50	Hecht, S.	INTERNET
15995	W	02:00PM-04:50	Broeske, P.	INTERNET
15515	Th	01:00PM-03:50	Kramer, K.	INTERNET
21685	F	09:00AM-11:50	Young, C.	LWV5 MPR1
<i>The above class meets at Laguna Woods Village Clubhouse 5, Multipurpose Room 1, Laguna Woods.</i>				

EMERITUS FASHION

EFSH 500 QUILTING AND PATCHWORK (EI)				
Fundamental quilting/patchwork techniques such as applique, cathedral windows, crazy quilting, fabric selection, pattern drafting, piecing, reverse applique and trapunto.				
16005	MW	11:00AM-12:15	Johnson, S.	INTERNET
EFSH 502 BEGINNING CLOTHING CONSTRUCTION (EI)				
Rec Prep: EFSH 501. This is a beginning course that emphasizes the operation of a sewing machine, pattern reading, garment construction, and basic sewing techniques. Primarily for the older adult.				
80160	W	9:00AM - 11:50	South, M.	LWV4 SEWRM
<i>The above class meets at Laguna Woods Village Clubhouse 4, Sewing Room, Laguna Woods.</i>				
EFSH 503 INTERMEDIATE CLOTHING CONSTRUCTION (EI)				
Rec Prep: EFSH 500. Clothing construction and pattern alterations. Examine and utilize commercial patterns, fabric textures and principles of color design. Primarily for the older adult. Materials fee of \$5.00 payable at registration.				
16305	W	10:00AM-12:50	Elston, L.	INTERNET
EFSH 506 INTERMEDIATE CROCHETING (EI)				
Rec Prep: EFSH 504. Study of fibers used for crochet. Review of terms and techniques used in crochet patterns. New methods of finishing and blocking projects.				
20745	T	01:00PM-03:50	Triebwasser, L.	INTERNET
EFSH 507 BEGINNING KNITTING (EI)				
Introduction to knitting theory, techniques and fibers. Lectures include how to read and modify patterns, cast on and cast-off, basic stitches and finishing techniques. Primarily for older adults.				
16355	W	10:00AM-12:50	Triebwasser, L.	LFCC-CRAFT
<i>The above class meets at the Lake Forest Community Center, Craft Room.</i>				
EFSH 508 INTERMEDIATE KNITTING (EI)				
Rec Prep: EFSH 506. Develop knitting skills at an intermediate level. Learn new cast-on, cast-off methods, intermediate and advanced pattern combinations, and how pattern adjustment.				
15935	T	09:00AM-11:50	Triebwasser, L.	INTERNET

Emeritus Institute – Spring 2022 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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EF5H 510 ART AS FASHION (EI)

Design and construct a garment incorporating surface design techniques, bobbin work, fabric manipulation, dimensional texture and collage. Materials fee of \$15.00 payable at registration.

15590 Th 09:00AM-11:50 South, M. LWV4 SEWRM

The above class meets at Laguna Woods Village Clubhouse 4, Sewing Room, Laguna Woods.

EMERITUS GERONTOLOGY

EGRO 500 AGE – RELATED HEALTH RISK FACTORS (EI)

Informs students about age related risk factors contributing to health problems and disease.

16245 MWF 08:00AM-08:50 Henry, R. INTERNET

EGRO 501 GEROPSYCHOLOGY – PERSPECTIVES ON AGING (EI)

This class discusses and explores the biopsychosocial model that accompanies continuing development, its challenges and changes through adulthood. Issues that older adults confront and the societal concerns of an aging population will be discussed.

16180 F 01:00PM-02:50 Henry, R. INTERNET

EMERITUS HEALTH

EHEA 500 CARDIOVASCULAR HEALTH FOR OLDER ADULTS (EI) 3 HRS

Through a cardiovascular lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

16025 MWF 08:00AM-08:50 McReynolds, B. INTERNET
15780 MWF 09:00AM-09:50 McClellan, A. INTERNET
15840 MWF 09:00AM-09:50 Nelson, A. INTERNET
15450 MWF 11:00AM-11:50 Himes, M. INTERNET
22090 MWF 11:00AM-11:50 Baldonado-Wilkins, E. INTERNET
15695 TTh 09:00AM-10:15 Nelson, J. INTERNET

The above classes will emphasize AEROBICS.

EHEA 501 CARDIOVASCULAR WELLNESS FOR OLDER ADULTS (EI) 2 HRS

Through a cardiovascular lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

22070 MW 10:00AM-10:50 McReynolds, B. INTERNET
15490 TTh 08:00AM-08:50 Staff INTERNET
16285 TTh 09:00AM-09:50 Baldonado-Wilkins, E. INTERNET
16300 TTh 09:00AM-09:50 McClellan, A. INTERNET
21520 TTh 09:00AM-09:50 Roostee, L. INTERNET
22325 TTh 10:00AM-10:50 Messenger, L. INTERNET
22300 TTh 11:00AM-11:50 Lowe, L. INTERNET

The above classes will emphasize AEROBICS.

EHEA 504 AQUA – CARDIO HEALTH FOR THE OLDER ADULTS (EI)

Through an aqua-cardiovascular lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

20840 MWF 09:00AM-09:50 Himes, M. PALMIA
20835 MWF 10:00AM-10:50 Chavez, E. LWV5 POOL
20845 MWF 11:00AM-11:50 Chavez, E. LWV5 POOL

The above classes will emphasize AQUATIC FITNESS.

TICKET	TIME	DAYS	INSTRUCTOR	ROOM
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EHEA 505 AQUA – CARDIO WELLNESS FOR OLDER ADULTS (EI)

Through an aqua-cardiovascular lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

20850 TTh 09:00AM-09:50 Chavez, E. PALMIA

20860 TTh 11:00AM-11:50 Chavez, E. LWV1 POOL

The above classes will emphasize AQUATIC FITNESS.

EHEA 508 BALANCE AND MOBILITY FOR OLDER ADULTS (EI) 3 HRS

Through a balance and mobility lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

16080 MWF 08:00AM-08:50 Nelson, A. INTERNET

22350 MWF 09:00AM-09:50 Giertych, P. INTERNET

22355 MWF 10:00AM-10:50 Giertych, P. INTERNET

The above classes will emphasize BALANCE AND MOBILITY.

EHEA 509 SURVEY OF BALANCE/MOBILITY TECHNIQUES FOR OLDER ADULTS (EI) 2 HRS

Through a balance and mobility lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

15550 MW 11:00AM-11:50 Augsburger, R. INTERNET

22035 MW 12:00PM-12:50 Nelson, A. INTERNET

22590 TTh 09:00AM-09:50 Augsburger, R. INTERNET

15650 TTh 10:00AM-10:50 Giertych, P. INTERNET

22360 TTh 11:00AM-11:50 Giertych, P. INTERNET

The above classes will emphasize BALANCE AND MOBILITY.

EHEA 513 BEGINNING MOVEMENT AND HEALTH FOR OLDER ADULTS (EI) 2 HRS

Through a beginning independent movement techniques lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

22280 TTh 10:00AM-10:50 Roostee, L. INTERNET

The above class will emphasize BEGINNING CHAIR EXERCISE.

EHEA 516 INTERMEDIATE INDEPENDENT MOVEMENT FOR OLDER ADULTS (EI) 3 HRS

Through an intermediate independent movement techniques lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

22330 MWF 10:00AM-10:50 Messenger, L. INTERNET

16030 MWF 11:00AM-11:50 McClellan, A. INTERNET

22075 TTh 08:00AM-09:15 McReynolds, B. INTERNET

The above classes will emphasize INTERMEDIATE CHAIR EXERCISE.

EHEA 520 MUSCLE STRENGTHENING/BODY ALIGNMENT FOR OLDER ADULTS (EI) 3 HRS

Through a muscular strength and body alignment lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

22605 MW 08:00AM-09:15 Staff INTERNET

22100 MWF 09:00AM-09:50 Nelson, J. INTERNET

22310 TTh 07:00AM-08:15 Licavoli, L. INTERNET

15630 TTh 09:00AM-10:15 Lowe, L. INTERNET

The above classes will emphasize PILATES.

Emeritus Institute – Spring 2022 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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EHEA 521 MUSCLE DEVELOPMENT FOR OLDER ADULTS (EI) 2 HRS

Through a muscular strength and body alignment lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

16135	MW	10:00AM-10:50	Baldonado-Wilkins, E.	INTERNET
22285	TTh	11:00AM-11:50	Roostee, L.	INTERNET
15975	F	11:00AM-12:50	Fong, F.	INTERNET

The above classes will emphasize PILATES.

EHEA 524 POSTURE AND BALANCE FOR OLDER ADULTS (EI) 3 HRS

Through a posture and flexibility lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

15645	MWF	08:00AM-08:50	Staff	INTERNET
21610	MWF	09:00AM-09:50	Baldonado-Wilkins, E.	INTERNET

The above classes will emphasize SEQUENTIAL STRETCHING.

EHEA 525 POSTURE AND MOBILITY FOR OLDER ADULTS (EI) 2 HRS

Through a posture and flexibility lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

22040	MW	10:00AM-10:50	Nelson, A.	INTERNET
21525	TTh	07:00AM-07:50	Roostee, L.	INTERNET
15915	TTh	08:00AM-08:50	Lowe, L.	INTERNET
21550	TTh	11:00AM-11:50	Messenger, L.	INTERNET
15920	W	01:00PM-02:50	Nelson, J.	INTERNET

The above classes will emphasize SEQUENTIAL STRETCHING.

EHEA 529 BALANCED MOVEMENT FOR OLDER ADULTS (EI) 2 HRS

Through a focused movement lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

22410	M	08:00AM-09:50	Ma, W.	INTERNET
16205	T	01:00PM-02:50	Ma, W.	INTERNET
15475	Th	01:00PM-02:50	Ma, W.	INTERNET
16000	F	08:00AM-09:50	Ma, W.	INTERNET

The above classes will emphasize TAI CHI (YANG STYLE).

16325	M	02:00PM-03:50	Costa, R.	INTERNET
22380	T	09:00AM-10:50	Costa, R.	INTERNET
22385	Th	09:00AM-10:50	Costa, R.	INTERNET
15430	F	02:00PM-03:50	Costa, R.	INTERNET

The above classes will emphasize TAI CHI (SUN STYLE).

EHEA 532 FOCUS AND MUSCLE STRENGTH FOR OLDER ADULTS (EI) 3 HRS

Through a concentration and muscle strength lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

22305	MWF	07:00AM-07:50	Licavoli, L.	INTERNET
15835	MWF	08:00AM-08:50	Staff	INTERNET
22340	TTh	08:00AM-09:15	Ward, M.	INTERNET
22345	TTh	10:00AM-11:15	Ward, M.	INTERNET
20855	TTh	01:00PM-02:15	Haas, S.	INTERNET

The above classes will emphasize YOGA.

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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EHEA 533 FOCUS AND FLEXIBILITY FOR OLDER ADULTS (EI) 2 HRS

Through a concentration and muscle strength lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students participate in lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies.

15560	MW	04:00PM-04:50	Ward, M.	INTERNET
15865	T	08:00AM-09:50	Fong, F.	INTERNET
21560	T	10:00AM-11:50	Fong, F.	INTERNET
22220	T	01:00PM-02:50	Fong, F.	INTERNET
22235	F	01:00PM-02:50	Fong, F.	INTERNET
16225	M	07:00PM-08:50	Licavoli, L.	INTERNET
15985	W	07:00PM-08:50	Licavoli, L.	INTERNET
21575	SAT	09:00AM-10:50	Ward, M.	INTERNET

The above classes will emphasize YOGA.

EHEA 536 BRAIN HEALTH AND WELLNESS FOR OLDER ADULTS (EI) 2 HRS

Covers age-related brain functioning and memory-retaining practices. Focus on anatomy and physiology of the brain, brain function, healthful living choices, memory-loss prevention, neurodegenerative diseases, and managing mental health.

16060	MW	06:00PM-06:50	Schmeidler, K.	INTERNET
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The above class will emphasize BRAIN HEALTH.

EHEA 539 SEQUENTIAL MUSCLE TECHNIQUE FOR THE OLDER ADULT (EI) 2 HRS

This sequential muscle strengthening course is designed Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and exercise strategies that emphasize sequential muscle strengthening techniques.

21215	MW	11:00AM-11:50	McReynolds, B.	INTERNET
22290	TTh	08:00AM-08:50	Roostee, L.	INTERNET
22595	TTh	11:00AM-11:50	Staff	INTERNET

The above classes will emphasize CIRCUIT TRAINING.

EMERITUS HISTORY

EHST 502 CURRENT AND HISTORICAL ANALYSIS OF THE MIDDLE EAST (EI)

Major political, economic, and social institutions and movements of the Middle East from World War I to the present.

15870	Th	02:00PM-03:50	Yeganehshakib, R.	INTERNET
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EHST 504 WESTERN CIVILIZATION TO 1648 (EI)

Survey of the historical developments of the Western civilization from its birth to the end of the Thirty Years' War, 1648.

20815	T	02:00PM-03:50	Yeganehshakib, R.	INTERNET
22615	W	09:00AM-10:50	Popa, A.	INTERNET

EHST 510 HISTORY AND BIOGRAPHY THROUGH MEDIA (EI)

Designed for the older adult, this course will analyze notable historic figures represented in literature, art, music, or public life through media. The medium of film and television will be examined.

21200	M	09:00AM-11:50	Kramer, K.	INTERNET
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EMERITUS HUMANITIES

EHUM 500 MODERN WORLD CULTURE:1700 – PRESENT (EI)

Studies characteristically modern ideas/feelings about a variety of important human experiences represented in literature, arts, and philosophy. Designed for students interested in the development of new attitudes about the human community.

20820	F	10:00AM-11:50	Hoffman, L.	INTERNET
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Features the Spring 2022 Dorothy Marie Lowry Distinguished Guest Lecture Series. The Spring 2022 series will be held live online through Zoom Webinar.

DOROTHY MARIE LOWRY

SPRING 2022 DISTINGUISHED GUEST LECTURE SERIES

Faculty Moderator:
Ms. Laura Hoffman

EHUM 500
MODERN WORLD CULTURE: 1700-PRESENT
SECTION 20820

The Saddleback College Emeritus Institute invites you to register for the Spring 2022 Dorothy Marie Lowry Distinguished Guest Lecture series. This semester's series welcomes lecturers from across the U.S. who will be sharing their topics via Zoom Webinar.

All lectures will be held live online, Fridays, 10am – 11:50am and will include an opportunity for questions submitted by attendees. We welcome you to this exciting, engaging, and thought-provoking class.

- 
- 
- 1/21 Dr. Stephen Krashen – *PhD Linguistics (UCLA)*
Secrets of Writing
 - 1/28 Prof. Marissa López – *PhD, BA (UC Berkeley)*
Land and Freedom: How Mexico's Ranchos Became California's Cities
 - 2/4 Dr. Jon Iftikar – *JD (UCLA Law School); PhD (University of Wisconsin-Madison); MA (University of Massachusetts Boston)*
Asian Crit: Asian American experiences and issues in higher education
 - 2/11 Dr. Alison Rose Jefferson – *PhD History (UCSB); MHC (USC); BA (Pomona College)*
Land and Freedom: How Mexico's Ranchos Became California's Cities
 - 2/25 Mr. Cliff Cramp – *MFA (CSUF)*
Telling a compelling story visually
 - 3/4 Prof. Kim Dwinell – *MFA Illustration and BFA Illustration (CSUF)*
Crafting a Graphic Novel: Using Local Environment and History for Authenticity
 - 3/11 Dr. Katherine Schmeidler – *PhD Anatomy (Case Western Reserve University School of Medicine)*
The Use of Stem Cells in Medicine
 - 3/18 Mr. Marshall Toplansky – *MBA (Harvard University); BA (SUNY Albany)*
How Artificial Intelligence is Reshaping Business
 - 4/1 Ms. Laura Hoffman – *MFA Illustration (CSUF)*
The Golden Age of Illustration
 - 4/8 TBD
 - 4/22 Prof. Jeanne Egasse – *MA Spanish Linguistics; BA Spanish (UCI); California Secondary Teaching Credential: Spanish, French, California Bilingual/Bicultural Teaching Credential (UCI)*
Beyond the Classroom: Acquiring Language Fluency
 - 4/29 Prof. Elisa Mandell – *PhD, MA Art History (UCLA); BA Anthropology (UCLA)*
Understanding the Mexican Sun Stone
 - 5/6 Ms. Fran Forman – *MFA (Boston University); MSW (Simmons College); BA (Brandeis University)*
A Photograph as Truth or Illusion
 - 5/13 Mr. Joe Smoke – *MFA (UCLA); BA (Princeton University)*
A call for more "slow-seeing"... and why we should appreciate the benefits of blur
 - 5/20 Ms. Jean Pasco – *BA Political Science (CSUF)*
Former Ambassador Mr. Gaddi Vasquez – *BA Public Service Management (University of Redlands)*
Orange County: A Glimpse to the Past and a Look to the Future - Part II

Emeritus Institute – Spring 2022 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
EMERITUS MUSIC				
EMUS 500 FOR THE LOVE OF MUSIC (EI)				
Introduction to music history focusing on musical periods and composers that have shaped Western musical developments.				
15470	W	09:00AM-11:50	Kim, J.	INTERNET
EMUS 501 INTRODUCTION TO OPERA (EI)				
Students will learn music listening skills in order to appreciate the music, and recognize the composers who have shaped western opera.				
15680	T	01:00PM-03:50	Kim, J.	INTERNET
15705	Th	12:30PM-03:20	Kim, J.	INTERNET
EMUS 509 VOCAL AND RHYTHMIC TECHNIQUES (EI)				
Emphasizes vocal techniques including, breath control, tone production, and articulation, applied to selected music literature. Field trips may be required to fulfill the objectives of the course.				
16280	T	02:00PM-03:50	Huntington, J.	FA 103
16335	Th	02:00PM-03:50	Custance, H.	FA 103
The above classes meet at Saddleback College Fine Arts Building, Room 103. Classes held on the Saddleback College campus require payment of a \$22 health fee upon registration.				
EMUS 502 EMERITUS INSTITUTE CONCERT CHORALE (EI)				
Course emphasizes choral singing and literature through the application of correct vocal technique. Field trips may be required to fulfill the objectives of the course. Materials fee of \$15.00 payable at registration.				
15785	T	09:30AM-11:20	Huntington, J.	FA 101
15960	T	07:00PM-08:50	Farthing, S.	FA 101
The above classes meet at Saddleback College, Fine Arts Building, Room 101. There is a \$15 instructional material fee, and a \$22 health fee for classes on campus.				
EMUS 514 BARBERSHOP CONCERT CHORALE FOR MEN AND WOMEN (EI)				
Choral ensemble of male and female voices specializing in rehearsal and performance of barbershop harmony. Field trips may be required to fulfill the objectives of the course.				
15805	W	03:00PM-04:50	Custance, H.	FA 101
The above class meets at Saddleback College Fine Arts Building, Room 101. Classes held on the Saddleback College campus require payment of a \$22 health fee upon registration.				
EMUS 519 ENSEMBLE AND ORCHESTRA REHEARSAL AND PERFORMANCE (EI)				
Rec Prep: Previous instrumental training and demonstrated proficiency. Preparation, study, and performance of orchestra concert repertoire. Previous instrumental training recommended. Field trips may be required to fulfill the objectives of the course.				
16275	Th	10:00AM-11:50	Levin, A.	LWV1 ART
The above class meets at Laguna Woods Village Clubhouse 1, Art Room, Laguna Woods.				
16020	F	08:00AM-09:50	Staff	FA 105
15800	F	10:00AM-11:50	Staff	FA 105
The above classes meet at Saddleback College, Fine Arts Building, Room 105. There is a \$22 health fee for classes on campus.				
EMERITUS PHILOSOPHY				
EPHL 503 FUNDAMENTALS OF WESTERN PHILOSOPHY (EI)				
Investigates many of the major philosophical themes within the Western tradition.				
16130	M	10:00AM-11:50	Jenks, G.	INTERNET
22635	M	01:00PM-02:50	Gounev, G.	INTERNET

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
EPHL 504 FREETHOUGHT PHILOSOPHY PAST AND PRESENT (EI)				
Freethought belief systems and their impact on culture. Conflicts between church and state, science and religion, and Judaeo-Christian and philosophical thought.				
15795	W	10:00AM-11:50	Jenks, G.	INTERNET
The above class meets at Crestavilla, Laguna Niguel.				
EMERITUS PHOTOGRAPHY				
EPHO 503 INTERMEDIATE DIGITAL PHOTOGRAPHY (EI)				
Rec Prep: EPHO 502. Digital photographic image manipulation and enhancement through established and innovative techniques. Field trips may be required to fulfill the objectives of the course.				
15500	W	01:00PM-03:50	Staff	LWV4 PHO
The above class meets at Laguna Woods Village, Clubhouse 4, Photography Room, Laguna Woods.				
15465	Th	01:00PM-03:50	Hoffman, L.	INTERNET
EPHO 505 ADVANCED COLOR PRINTING (EI)				
Rec Prep: EPHO 504. Advanced and innovative techniques in color printing. Related topics of photography and depth analysis of the creative image. Field trips may be required to fulfill the objectives of the course.				
15850	Th	09:00AM-11:50	Hass, K.	INTERNET
EPHO 508 FUNDAMENTALS OF DIGITAL PHOTOGRAPHY (EI)				
Learn about the technical aspects of using a digital camera and the importance of composition in creating an image. Students will learn to download, store, organize and share images using software programs and social media. Field trips may be required to fulfill the objectives of the course.				
15875	M	09:00AM-11:50	Staff	INTERNET
15925	T	09:00AM-11:50	Hoffman, L.	LWV4 PHO
The above class meets at Laguna Woods Village, Clubhouse 4, Photography Room, Laguna Woods.				
EMERITUS POLITICAL SCIENCE				
EPOL 501 CURRENT POLITICAL EVENTS AND ISSUES (EI)				
Exploration of current issues and events on global, national, and local levels. Problem areas include crime, economics, social services, environment, and terrorism.				
15670	M	10:00AM-11:50	Brooks, K.	INTERNET
21690	T	10:00AM-11:50	Reinhardt, W.	INTERNET
15445	T	01:00PM-02:50	Sinclair, W.	INTERNET
15755	W	01:00PM-02:50	Brooks, K.	FS SEN CTR
The above class meets at Florence Sylvester Memorial Center, Laguna Hills.				
22620	Th	10:00AM-11:50	Gounev, G.	INTERNET
15810	Th	01:00PM-02:50	Reinhardt, W.	INTERNET
EMERITUS SPANISH				
ESPA 500 BEGINNING PRACTICAL SPANISH (EI)				
Basic fundamentals of conversational Spanish. Includes reading, comprehension, speaking, and writing.				
15820	M	10:00AM-11:50	Duran DeMehranfard, M.	INTERNET
15600	T	01:00PM-02:50	Harrison, M.	INTERNET
15580	W	01:00PM-02:50	Harrison, M.	INTERNET
15895	Th	10:00AM-11:50	Enciso, M.	INTERNET
16120	Th	10:00AM-11:50	Duran DeMehranfard, M.	LHCCSC
The above class meets at Laguna Hills Community Center and Sports Complex.				

Emeritus Institute – Spring 2022 Schedule of Classes

TICKET	DAYS	TIME	INSTRUCTOR	ROOM
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ESPA 501 INTERMEDIATE PRACTICAL SPANISH (EI)

Rec Prep: ESPA 500. Further the fundamentals of communicative competence in practical Spanish. Focus is on listening, comprehension, speaking, reading, and writing.

15665	M	01:00PM-02:50	Harrison, M.	INTERNET
15615	T	10:00AM-11:50	Duran DeMehranfard, M.	INTERNET
15610	Th	01:00PM-02:50	Harrison, M.	LWV5 MPR1

The above class meets at Laguna Woods Village Clubhouse 5, Multipurpose Room 1, Laguna Woods.

22650	SAT	10:00AM-11:50	Enciso, M.	INTERNET
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ESPA 502 ADVANCED PRACTICAL SPANISH (EI)

Rec Prep: ESPA 501. Designed for advanced students seeking to develop fluency in Spanish. The emphasis is on expression and conversation.

16125	W	10:30AM-12:20	Duran DeMehranfard, M.	NOR COM
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The above class meets at the Norman P. Murray Community and Senior Center, Mission Viejo.

15930	F	10:00AM-11:50	Duran DeMehranfard, M.	INTERNET
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EMERITUS THEATRE ARTS

ETHE 500 SCENE STUDY – ACTING (EI)

Concentrates on essential skills of method acting by review of the works of major playwrights, scene development, characterization, and improvisation.

80005	W	10:00AM-11:50	Kind, R.	FA 308
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The above class meets at Saddleback College, Fine Arts Building, Room 308. Classes held on the Saddleback College campus require the payment of a \$22 health fee upon registration.

ETHE 501 INTRODUCTION TO READERS THEATRE (EI)

Designed for the older adult, this course incorporates theatre appreciation from the inside out as students portray characters in plays, dramatize fiction, or voice poetry during class meetings.

22610	TTh	04:00PM-05:15	Huntington, J.	FA 308
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The above class meets at Saddleback College, Fine Arts Building, Room 308. Classes held on the Saddleback College campus require the payment of a \$22 health fee upon registration.

Registering For Open Classes

- Students may enroll in any open class through April 9, 2022.
- Students are not permitted to arrive at an open class to be enrolled.
- Enrollment may only be completed online following the steps on Page 3.

Registering for a Closed Class

- A closed class means the class capacity has been met.
- Students may not “petition for enrollment” in-person for a closed course.
- A student must add themselves to the electronic waitlist to sign up for the next available seat when a class is full.
- To add yourself to a waitlist, follow the registration steps on page 3.

WHAT IS A: CLASS SCHEDULE “TIME CONFLICT”?

- Students cannot enroll in any class that conflicts in time with another class they are already enrolled in.
- Students may enroll in as many classes as they like each semester, but there can be no day/time overlap between any classes.
- When a time conflict occurs, the student must decide if they want to keep the class they are already enrolled or drop the class they’re enrolled in and enroll in the previously conflicting class.
- A class can be dropped online via MySite on the Saddleback College website (www.saddleback.edu). If the student doesn’t have a computer, they may complete a Drop Card at one of the Emeritus Offices.
- When late-adding a class after the semester begins, be sure to review your course schedule closely to make sure there are no time conflicts between classes.

WAITLIST ALERT

- If a seat becomes available for a class on which you are on a waitlist, you will get a Waitlist Alert text message and an email to your college email address.
- If you DO want to enroll in the class, click on Enroll in this class, then click.
- Submit. Don’t stop there! You must complete registration for this class to be enrolled.
- After you receive this text that a seat is available to you, you MUST enroll before 11:00 pm the following day or the invitation expires. The expiration date and time is stated in the text and email.
- If you DO NOT want to enroll in the class, click Remove me from the Waitlist for this class, then click Submit. Once removed from the Waitlist, there is no way to reverse the action.

WAITLIST GUIDE

Scan QR Code
with your phone



CANVAS GUIDE

What is CANVAS?

CANVAS is a learning management system known for its **USER-FRIENDLY** online environment. You will be using it to participate in your online classes.

CANVAS will connect you with your instructor and classmates, and provide an exceptional learning experience!

Where is CANVAS:

canvas.saddleback.edu

CANVAS BASICS:

- **INTERNET BROWSER:** Google Chrome is the browser most compatible with **CANVAS**.
- **ACCESS:** Students will be able to access their course(s) anytime during the day or night from any computer with an internet connection.
- **24/7 Canvas Support:** 1-844-600-4954

**This GUIDE provides the basics to get students started in CANVAS.
The more you use it, the easier it will become!**

1

Watch this 4 minute **CANVAS OVERVIEW** video:
bit.ly/canvas-overview

2

Go to the Saddleback College website www.saddleback.edu.
and click on the word "**CANVAS**" at top right.

3

If this is the **FIRST TIME** you are using **CANVAS**, you will need to "Re-set" your password by creating one.

- In the **CANVAS** login box, click "Forgot Password."
- In the "Account Management" box, click "I have forgotten my password."
- Enter your College Email Address:
- Click "Proceed."
- Click "Mobile."
- Enter the last 4 digits of your cell phone number.
- Click "Send Code" which will send a text to your phone.
- Enter the code number where it indicates on the screen.
- Click "Verify."
- Create a new password and type it in **TWICE**.
Minimum requirements are: 8 characters, 1 Uppercase Letter, 1 Number, 1 Special Character
(example: !@#\$%^&*)
- Click "Change Password."
- Save your password! Store it in your computer or cell phone.

4

Log into **CANVAS** with your **USER NAME** and the password you just created. You will see your Dashboard.

5

Create your User Settings and Profile Picture (3 minute video).
bit.ly/canvas-user-settings

6

Update your Notification Settings (3 minute video).
bit.ly/canvas-notifications

7

Learn how to participate in a discussion.
bit.ly/canvas-discussion

8

Learn how to submit an assignment.
bit.ly/canvas-upload

9

Read this **CONFER ZOOM** Overview to learn about **ZOOM**.
bit.ly/conferzoom

CANVAS GUIDE
Scan QR Code
with your phone



SADDLEBACK COLLEGE EMERITUS INSTITUTE APPLICATION

TO SUBMIT: scan/email to scadmissions@saddleback.edu or Mail to: Saddleback College Admissions and Records 28000 Marguerite Parkway, Mission Viejo, CA 92692. Please type or print clearly and complete all information with BLACK INK ONLY.

Student ID#	Date	Staff Initials
1. Enrollment Status. Enter number in box. 1 = First time in college (after leaving high school). 2 = First time at Saddleback or Irvine Valley; have attended another college. 3 = Returning student to Saddleback or Irvine Valley after absent for a term. 5 = Enrolling in high school (or lower grades) and college at the same time.		
2. This application is for (term / year): <input type="checkbox"/> FALL <input type="checkbox"/> SPRING <input type="checkbox"/> SUMMER 20 <input type="checkbox"/> UNDECIDED		
3. Major field of study _____ UNDECIDED		
4. Educational goal: <input type="checkbox"/> Personal Development		
5. Legal Name Last / Family Name _____ First Name _____ Middle Name _____		
5a. Other names you have used. If none, check box: <input type="checkbox"/>		
Last / Family Name _____ First Name _____ Middle Name _____		
6. * Social Security # _____		
7. Date of Birth: Month _____ Date _____ Year _____		
8. Preferred Email _____ Registration information will be emailed to you if your email address is provided.		
9. Telephone # _____		
10. Gender: Male <input type="checkbox"/> Female <input type="checkbox"/> Decline to state <input type="checkbox"/>		
11. Ethnicity: * Are you Hispanic or Latino? Yes <input type="checkbox"/> No <input type="checkbox"/>		
11a. What is your race / ethnicity? Circle one or more 2 = American Indian/Alaskan Native 13 = Filipino 3 = Asian: Cambodian 14 = Hispanic: Other 4 = Asian: Chinese 15 = Mexican, Mexican American, Chicano 5 = Asian: Indian 16 = Pacific Islander: Guamanian 6 = Asian: Japanese 17 = Pacific Islander: Hawaiian 7 = Asian: Korean 18 = Pacific Islander: Other 8 = Asian: Laotian 19 = Pacific Islander: Samoan 9 = Asian: Other 20 = South American 10 = Asian: Vietnamese 21 = White 11 = Black or African American 12 = Central American		
12. Legal Address / Residence (Do not use P.O. box or business address.) Number _____ Street _____ Apt. No. _____ City _____ State _____ ZIP Code _____ Country _____ I have lived at this address since: Month _____ Date _____ Year _____		
13. Mailing Address (if different from legal address) Number _____ Street _____ Apt. No. _____ City _____ State / Country _____ ZIP / Postal Code _____		
14. Highest Educational Status. Enter appropriate number (1-9) and year in boxes below: 1 = Earned a U.S. High School diploma. 2 = Special student currently enrolled in grade 12 or below. <input type="checkbox"/> I am currently a senior in high school and will graduate on _____. <input type="checkbox"/> I am currently enrolled in grades K-11. 3 = Not a high school graduate; currently enrolled in adult school. 4 = Not a high school graduate; last attended high school. 5 = Passed the GED or received a certificate of H.S. equivalency. 6 = Earned California High School Proficiency Certificate. 7 = Earned a Foreign Secondary diploma or certificate of graduation. 8 = Earned an Associate's degree. _____ MONTH _____ YEAR 9 = Received a Bachelor's or higher degree. _____ MONTH _____ YEAR		
15. Citizenship Status. Check appropriate box: 1 <input type="checkbox"/> U.S. Citizen 2 <input type="checkbox"/> Permanent Resident: Alien # _____ Issue Date: _____ 3 <input type="checkbox"/> Temporary Resident: Issue Date: _____ Expiration Date: _____ 4 <input type="checkbox"/> Refugee: Issue Date: _____ <input type="checkbox"/> Asylee: Issue Date: _____ 5 <input type="checkbox"/> Student Visa: Issue Date: _____ Expiration Date: _____ (F1 or M1 Visa) 6 <input type="checkbox"/> Other (Specify): _____		
16. I have served in the U.S. Military (Veteran): Yes <input type="checkbox"/> No <input type="checkbox"/> Date of Discharge: ____/____/____		
17. IMPORTANT My present stay in California began: _____ Have you been a resident of California for the last two years? <input type="checkbox"/> Yes <input type="checkbox"/> No List any additional cities / states you have resided in during the past two years (not including your current legal address): _____ City _____ State _____ Dates: From _____ To _____ City _____ State _____ Dates: From _____ To _____		
18. Within the last two years, have you ever — • registered to vote in a state other than California? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, what year? _____ • filed a legal action in a state other than California? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, what year? _____ • attended a non-California college/university as a resident of that state? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, what year? _____ • filed as a non-resident for California State Income Tax purposes? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, what year? _____		
NON-DISCRIMINATION POLICY: All programs and activities of the South Orange County Community College District shall be operated in a manner which is free of discrimination on the basis of race, color, national origin, ancestry, religion, creed, gender, marital status, sexual orientation, age, handicap or veteran's status. * NOTICE TO STUDENTS: Refusal to provide this information will not be used to deny admission to the college or any of its programs. If additional information is needed to determine your residency status, you will be required to complete a supplemental residency questionnaire and/or to present evidence in accordance with Education Code Sections 68040 et seq. The burden of proof to clearly demonstrate both physical presence in California and intent to establish California residency lies with the student.		
19. Certification: I declare under penalty of perjury under the laws of the state of California that all information on this form is correct. I understand that falsification or withholding of information required on this form shall constitute grounds for dismissal. Signature _____ Date _____		

SOUTH ORANGE COUNTY COMMUNITY COLLEGE DISTRICT • #20-2018

Scan & Email form to scadmissions@saddleback.edu

or mail to: Saddleback College Admissions and Records, 28000 Marguerite Pkwy, Mission Viejo, CA 92692

CUT ON LINE

EMERITUS INSTITUTE DONATION FORM

- ☐ **YES! Count me in as a supporter!**
Check payable to: SADDLEBACK COLLEGE FOUNDATION (write Emeritus in the memo line)
- ☐ **\$1,000 and above Emeritus's Circle**
- ☐ **\$500 to \$999**
- ☐ **\$250 to \$499**
- ☐ **\$100 to \$249**

☐ Please send me information about how I can provide for Saddleback College Emeritus Institute in my will or estate plan, including potential tax benefits and recognition by the Saddleback College Foundation.

Please mail your donation to:
Saddleback College Foundation
28000 Marguerite Pkwy.
Mission Viejo, CA 92692

PLEASE PRINT:

Name _____

Address _____

City/State/Zip _____

Phone Number _____

Email _____

☐ This donation should be listed as Anonymous.



SADDLEBACK COLLEGE

South Orange County
Community College District
28000 Marguerite Parkway
Mission Viejo, CA 92692-3635

Nonprofit Organization
U.S. Postage

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South Orange County
Community College District



ACADEMICALLY RIGOROUS



SOCIALLY ENGAGING



MENTALLY STIMULATING



HEALTH IMPROVING

EMERITUS INSTITUTE

Tuition-Free, Lifelong Learning Courses for Older Adults

APPLY TODAY – saddleback.edu/emeritus

Spring Classes begin January 18, 2022

Founded in 1976, the Saddleback College Emeritus Institute was established to create lifelong learning opportunities, primarily for the older adult. A dynamic and wide array of course offerings, expert instructors truly experienced in their field, and a variety of classes located in the community have made the Emeritus Institute extremely popular, and one of the fastest growing programs at Saddleback College in Mission Viejo throughout the years. As the generations of burgeoning baby boomers become senior citizens, the Emeritus Institute continues to change and offer classes that stimulate intellectual, physical, and creative expression for South Orange County residents.

There are over 200 class sections offered through the Saddleback College Emeritus Institute that provide lifelong learning experiences in more than 30 different disciplines. These high-quality academic classes are state-approved and available on a non-credit basis. Classes cover a wide range of interests, from accounting, art, crafts, biology, clothing and textiles, English writing and literature, gerontology, health, history, music, photography, Spanish, lipreading, and theatre. Classes are held in more than 30 sites from San Clemente to Lake Forest, including senior centers, churches, libraries, and community centers.

An integral part of Saddleback College and its educational vision, the Emeritus Institute is a leader in providing challenging and rewarding courses designed for the older adult to accommodate the lifelong learning needs of our community members. We invite you to be a part of the excitement of lifelong learning. Join the growing number of active adults taking part in the Saddleback College Emeritus Institute.

The mission of Saddleback College Emeritus Institute is to promote lifelong learning by providing academically rigorous, mentally stimulating, socially engaging, and health improving courses for older adults throughout South Orange County.

It is the policy of SOCCCD to fully comply with the requirements of the Americans with Disabilities Act (Board Policy 5506). Consistent with that policy, this material is available in alternative formats (such as large print, braille or accessible electronic text). Such materials and other disability accommodations will be provided as needed for program access, upon request. For needed accommodations or alternate formats please contact: **Ardith Lynch, Disabled Students and Program Services Coordinator** scdps@saddleback.edu • 1-949-582-4885 • TTY/Videophone: 1-949-582-4430

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