

# CLARK COUNTY FAMILY SERVICES COVID-19 RESOURCE GUIDE FOR CAREGIVERS



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## **Nevada Response to COVID-19**

Nevada Department of Health and Human Services at the following website: <https://nvhealthresponse.nv.gov/>

## **Clark County Updates Related To COVID-19**

Get continuous updates on coronavirus developments and resources available to help you manage during the outbreak, [to learn more](#).

## **CCSD Student Food Distribution Sites**

Food distribution centers will be set up at 21 schools across the Las Vegas Valley

### **8 a.m. to 11 a.m. daily.**

- Basic High School, 400 Palo Verde Drive, Henderson 89015
- Canyon Springs High School, 350 E. Alexander Road, North Las Vegas 89032
- Centennial High School, 10200 Centennial Parkway, Las Vegas 89149
- Chaparral High School, 3820 Annie Oakley Drive, Las Vegas 89121
- Cheyenne High School, 3200 W. Alexander Road, North Las Vegas 89032
- Cimarron-Memorial High School, 2301 N. Tenaya Way, Las Vegas 89128
- Clark High School, 4291 W. Pennwood Ave., Las Vegas 89102
- Desert Pines High School, 3800 E Harris Ave., Las Vegas 89110
- Las Vegas High School, 6500 E Sahara Ave., Las Vegas, 89142
- Mojave High School, 5302 Goldfield St., North Las Vegas 89031
- Shadow Ridge High School, 5050 Brent Lane, Las Vegas 89131
- Sierra Vista High School, 8100 W Robindale Road, Las Vegas 89113
- Silverado High School, 1650 W Silver Hawk Ave., Las Vegas 89123
- Spring Valley High School, 3750 S Buffalo Drive, Las Vegas 89147
- Veterans CTA, 2531 Vegas Drive, Las Vegas 89106
- Boulder City High School, 1101 Fifth St., Boulder City 89005
- Hughes Middle School, 550 Hafen Lane, Mesquite 89027
- Indian Springs High School, 400 Sky Rd., Indian Springs 89108
- Laughlin High School, 1900 Cougar Drive, Laughlin 89029
- Lyon Middle School, 179 S. Andersen, Overton 89040
- Sandy Valley High School, 1420 E. Pearl Ave., Sandy Valley 89019

## **Community Food Resources**

[Nevada 2-1-1](#) or call 2-1-1 or 1-866-535-5654

[Three Square Food Distribution Listing](#)

Discounted food packages and online grocery ordering

[Lazy Dog Food Essential Home Package](#) \$40 (curb side pick-up)

[Donna Italia Pizza At Home](#) (order online, free delivery, bake at home)

[Fresh Direct](#) (online grocery ordering with delivery fee)

[Shipt](#) (online grocery ordering, free delivery on orders over \$35)

## IL Resources For Youth In Care

<b>laptops for remote learning</b>	ONE SIMPLE WISH urgent: if you are in foster care or ever were, and need a laptop for remote learning email <a href="mailto:info@onesimplewish.org">info@onesimplewish.org</a> we are here to help <a href="http://onesimplewish.org">onesimplewish.org</a>
<b>One Simple Wish</b>	We may be able to help you with smartphones/hotspots with unlimited data to stream your classes, & tablets, chromebooks & laptops. You MUST be a current or former foster youth & current student at a college, high school or middle school. Follow the link to complete the form, click "submit" & we'll be in touch asap. <a href="https://www.tfaforms.com/4811639#iamifoster">https://www.tfaforms.com/4811639#iamifoster</a>

John Burton Advocate for Youth	JBAY compiled a resource list for homeless and foster college students on their website <a href="https://www.jbaforyouth.org/covid-19-resources/">https://www.jbaforyouth.org/covid-19-resources/</a>
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<b>mental health - NAMI</b>	NAMI is operating a mental health hotline if you are experiencing anxiety or other wellness needs call 800-950-6264 or text 741741! They also provide a whole list of resources; <a href="https://www.nami.org/getattachment/Press-Media/Press-Releases/2020/COVID-19-and-Mental-Illness-NAMI-Releases-Importan/COVID-19-Updated-Guide-1.pdf?lang=en-US">https://www.nami.org/getattachment/Press-Media/Press-Releases/2020/COVID-19-and-Mental-Illness-NAMI-Releases-Importan/COVID-19-Updated-Guide-1.pdf?lang=en-US</a>
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<b>Internet plans (Spectrum)</b>	Spectrum plans to offer free internet to students without access as the novel coronavirus, or COVID-19, forces some schools to switch to online learning. Beginning March 16, the company commits to offering free internet for 60 days to households with K-12 or college students who don't already have a Spectrum subscription. It is also opening its Wi-Fi hotspots for public use. To enroll, call 1-844-488-8395. Or for more information, click <a href="#">here</a> .
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<b>Scholly – Covid 19 Student Relief</b>	Apply today to receive \$200 in cash assistance to help cover expenses during this global crisis. Our application takes less than two minutes. <a href="http://myscholly.com/relief/?fbclid=IwAR3MakBhfqG6kCRCYdp2q_gizY4O1Da88tWB3FuvqssQcBp4-9PzpAlocRg">http://myscholly.com/relief/?fbclid=IwAR3MakBhfqG6kCRCYdp2q_gizY4O1Da88tWB3FuvqssQcBp4-9PzpAlocRg</a>
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<b>Together We Rise -USA</b>	If you are or know of a foster youth that is staying at the college dorm room that is going to be closed due to the corona virus please email <a href="mailto:info@togetherwerise.org">info@togetherwerise.org</a> and we will provide or help you find housing during this transition.
<b>UHaul - USA and Canada</b>	President John "JT" Taylor announced that U-Haul will extend 30 days of free self-storage at U-Haul-owned and -operated facilities to help college students impacted by unforeseen schedule changes at their universities. The free month applies to new customers with college IDs and is a limited-time offer subject to availability. Click on <a href="http://uhaul.com/storage">uhaul.com/storage</a> to find the store nearest you. Contact the store by phone or visit in person to take advantage of the off

[FindHelp.org](http://FindHelp.org) You can enter your zip code and find resources for food assistance, help paying bills, and other free or reduced-cost programs that help people affected by the COVID-19 pandemic  
[https://findhelp.org/?fbclid=IwAR0fAmaY8pTZoCOMisobwysLTP20gK37AlrORHhN\\_HIGmDRacOdEV\\_Oh5KY](https://findhelp.org/?fbclid=IwAR0fAmaY8pTZoCOMisobwysLTP20gK37AlrORHhN_HIGmDRacOdEV_Oh5KY)

## **Utility Assistance**

For residents facing financial hardship, local utilities are suspending disconnections for nonpayment and offering help through payment support.

For help, contact the following:

- NV Energy, call 702-402-5555
- Las Vegas Water District, call 702-870-4194

In addition, Southwest Gas has placed a temporary moratorium on natural gas disconnections for non-payment.

## **Internet Service Assistance**

For residents needing home internet access on a budget, CCSD has partnered with CenturyLink and Cox Communications to offer discounted rates for qualifying families. For information visit, [www.centurylink.com/home/internetbasics](http://www.centurylink.com/home/internetbasics) or [connect2compete.org/cox](http://connect2compete.org/cox)

## **Unemployment Assistance**

For residents needing to file [a claim for unemployment](#), the Nevada Department of Employment, Training and Rehabilitation has expanded its call center hours and is offering online filing. To file a claim via phone, Southern Nevadans can call 702-486-0350. To file online, visit [ui.nv.gov/css.html](http://ui.nv.gov/css.html). For help with technical problems, email [INTERNETHELP@detr.nv.gov](mailto:INTERNETHELP@detr.nv.gov) or call 775-684-0427.

## **Behavioral Health Assistance/Tips**

[FACE COVID](#) – How To Respond Effectively To The Corona Crisis

[Tips to Coping and Managing COVID-19](#)

[SAMHSA – No disruption to treatment services](#)

[Manage Anxiety related to COVID-19](#)

[National Child Traumatic Stress Network – Parent/Caregiver Guide](#)

[Fun Educational Activities For Families](#)

## **Ways You Can Give**

Clark County Resources – Community nonprofits and organizations are coming together to identify ways to help the disadvantaged during the coronavirus outbreak. Also find information on how to access help, [to learn more](#).