Institute for Human Services

For additional information, review the attached training flyers or visit www.ihs-trainet.com/training

FREE Fall Trainings

SELF HARM IN CHILDREN AND TEENS
September 7th (1 hr. webinar)
10-11:00 am (EST)

TRANSFORMING FOSTER CARE: A Support to Families NOT a Replacement
September 22nd (3 hr. session)
1-4:00 pm (EST)

SELF HARM IN CHILDREN AND TEENS
October 5th & 12th (6 hrs)
Two 3 hr. sessions
10-1:00 pm (EST)

FINDING THE "RIGHT" FAMILIES: Data Driven Recruitment
October 19 & 21st (6 hrs)
Two 3 hr. sessions
1-4:00 pm (EST)

SUPPORTING FOSTER PARENTS
November 16 & 18th (6 hrs)
Two 3 hr. sessions
1-4:00 pm (EST)



www.ihs-trainet.com/training

Self-Harm in Children and Teens

Presented by: Institute for Human Services



Self-Harm in Children and Teens
1 hr webinar
Tuesday, September 7th from 10 – 11 a.m. EST

This one-hour webinar will provide an overview to the subsequent **6-hour course offered on (October 5 and 12th)** on assessing the needs of children with significant safety concerns in the areas of self-harm including SIB (self-injurious behavior), eating disorders (anorexia and bulimia), and suicidal ideation. Current research on best practice for treating these behaviors will be reviewed and the research-based concept of Self-Compassion will be introduced.

There will be opportunity for questions and answers.

Questions? Email **training@ihs-trainet.com** or contact our office at 614-251-6000 Monday through Friday between 9 a.m. and 5 p.m. EST. ***If you need additional accessibility supports, please contact us in advance of the training to make necessary arrangements.***



Laura Gaines, MSW, LISW-S is a clinical social worker with over 28 years' experience working with children and adults with special needs. She received her Master of Social Work (MSW) degree from the Ohio State University and is a licensed independent social worker. Career experiences include managing group homes for people with intellectual disabilities and developmental disabilities; associate professor at the Nisonger Center, a university affiliated program for intellectual disabilities and developmental disabilities; and the family services coordinator at Dahlbery Learning Center, a preschool for children with special needs. She is also an adult and adolescent therapist who treats secondary problems related to learning disabilities and developmental delays.

Register today at www.ihs-trainet.com/training

Transforming Foster Care: A Support to Families NOT a Replacement

Presented by: Institute for Human Services



Is your agency ready to develop, support and empower caregiving families for these critical roles?

Join us on **Wednesday, September 22 from 1-4:00pm (EST),** as Denise Goodman and Maureen Heffernan present a 3-hour, virtual session on**: Transforming Foster Care: A Support to Families NOT a Replacement.** This training will increase the awareness around of the roles and responsibilities of foster parents and kin caregivers as members of the support team for the family. This session will trace the evolution of foster care including the current rethinking of child welfare. We will explore the changing role of foster parents and kinship caregivers as essential members of the team supporting the child and family.

Objectives:

1. Participants will know the critical factors influencing the role and perception of foster care from its origins until the present time.
2. Participants will be able to identify the roles and responsibilities of today's foster parents and kin caregivers as members of the team supporting children, youth and their families.
3. Participants will be able to identify strategies to build the capacity of their organization to ensure consistent and effective support for foster parents and kinship caregivers.

This learning is Ohio CSWMFT Board approved for Social Work and Counselor CEUs. For those licensed outside of Ohio, please refer to your state board's post training continuing education approval process.

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Reminder: This virtual workshop will take place from 1 p.m. – 4 p.m. (EST). Please make note of your time zone.

Register today at www.ihs-trainet.com/trainings





Denise Goodman, PhD, LISW, ACSW is a well-known state and national trainer whose insight into foster care, kinship care, and adoption are helping to reform children services practice across the country. She has been a foster parent and has worked as a childcare worker, ongoing protective worker, and coordinator of residential treatment. Denise currently serves as the President of the Board of Directors for the North American Council on Adoptable Children (NACAC).

Maureen Heffernan, MSSA, LISW-S is an independent child welfare consultant and trainer. She has worked across the United States assisting child welfare jurisdictions to achieve better and more equitable outcomes for vulnerable children, youth, and their families. Her focus areas include youth permanency, family search and engagement, kinship care, foster care, and the recruitment, development, and support of foster and adoptive families. She has extensive work experience in public and private child welfare settings, is a trainer in the Ohio Child Welfare Training Program and an Adjunct Instructor at the Mandel School of Applied Social Sciences at Case Western Reserve University in Cleveland.

Self-Harm in Children and Teens

Presented by: Institute for Human Services

Self-Harm in Children and Teens – 6 hrs
(Two 3-hr virtual sessions)
Tuesday October 5th and Tuesday October 12th from 10 a.m. – 1 p.m. EST

This 6-hour online course is written for social workers, psychologists, and other clinicians who are assessing the needs of children with significant safety concerns in the areas of self-harm to include SIB (self- injurious behavior), eating disorders (anorexia and bulimia), and suicidal ideation. A section will review SIB as seen in individuals with autism and other developmental disabilities. We will review the characteristics, and behavioral indicators of these behaviors along with their accompanying predictors and diagnosis. Current research on best practice for treating these behaviors will be reviewed. The research-based concept of Self-Compassion will be introduced as it can be helpful when engaging with those who self-harm. Self-Compassion precepts can be taught to clients and used as self-care for professionals and parents while supporting children and teens who are struggling. This will be an interactive online session split into two 3-hr segments. There will be opportunity for question and answer as well as feedback carried over from one segment to the next.



Objectives:

- Participants will be able to define Non-Suicidal Self Injury.
- Participants will be able to describe effective treatment strategies for eating disorders.
- Participants will be able to describe risk factors in suicidal ideation and behaviors.
- Participants will be able to identify different presentation of, and concerns with, self-injurious behavioras seen in individuals with autism spectrum disorders and other developmental disabilities.
- Participants will be able to describe the core ideas in Self-Compassion .
- Participants will have a list of resources for themselvesand clients in regard to all topics covered in training.



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Note: This course is offered in multiple segments via Zoom. A few days prior to the session you will receive connectivity instructions via email. You must attend all segments to receive credit for this course.

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Finding the "Right" Families: Data Driven Recruitement

Presented by: Institute for Human Services

Finding the "Right" Families: Data Driven Recruitment – 6 hrs (Two 3-hr virtual sessions)

Tuesday October 19th and Thursday October 21st from 1 p.m. – 4 p.m. EST

This session provides participants with the three essential components for successful recruitment:

1. How to use data to focus recruitment efforts for the youth most in need of families
2. Using targeted recruitment strategies
3. Developing a strong recruitment plan

Participants will work with their own agency's data to identify recruitment targets and customize strategies and messaging to engage a variety of families.

Objectives:

1. Participants will learn how to select and apply child and family data to focus recruitment planning.
2. Participants will utilize various targeting strategies for recruitment.
3. Participants will be able to complete each component of a strong, data-driven recruitment plan.



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Supporting Foster Care

Presented by: Institute for Human Services

Supporting Foster Parents – 6 hrs (Two 3-hr virtual sessions)

Tuesday November 16th and Thursday November 18th from 1 p.m. – 4 p.m. EDT

How would life be different for children in out-of-home care and the staff who support them, if the number of kin caregivers and foster families were doubled? Retaining current caregivers is a critical element necessary to ensure the needed pool of foster and relative families is available. This session will explore characteristics of relative and foster caregivers, reasons they leave service, and strategies to support and assist them. Participants will also learn how to implement an agency-wide campaign to involve staff in all roles across the agency in strengthening support for foster and kin caregivers.

Objectives:

1. Participants will be able to explain the role of foster parents and kin caregivers in the achievement of child welfare outcomes.
2. Participants will know the most common reasons that foster parents leave service.
3. Participants will be able to choose and apply strategies to support foster parents and kinship caregivers.
4. Participants will be able to design an agency-wide campaign to improve support and retention of foster parents and kin caregivers.



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