

Building a Trauma-Informed Community

This month, we bring you the start of an eight part series about the effects of trauma on children and parenting through a trauma-informed lens.

This information is courtesy of the National Child Traumatic Stress Network. More information can be found at www.nctsn.org.

Module 1 – Introduction:

Why is this information important?

Are your child's behaviors so difficult, that at times you wonder:

- Will I ever make a connection with this child?
- Is what I am doing even making a difference?
- I am doing the same kind of parenting I used with my biological children – why is it not working with this child?
- If the child does not even want to be in my home, why am I trying so hard?
- Should I just give up?

Caring for traumatized children can be extraordinarily difficult. Trying to make sense of their behaviors can leave caregivers feeling confused, frustrated, unappreciated, angry, and helpless.

The solution: Trauma-Informed Parenting

Becoming a trauma-informed parent makes it easier to:

- Communicate with children
- Improve children's behavior
- Get children the help they need
- Reduce the risk of your own secondary traumatic stress
- Become a more effective and satisfied caregiver

We'd Like to Hear From You

Your feedback is critical to the effectiveness of this series. Are there any experiences you'd like to share? Have you received training in Trauma-Informed Parenting? How has this information impacted you? What questions do you have about Trauma-Informed Parenting?

Contact us at DFSPartnership@ClarkCountyNV.gov with your questions, stories and feedback. We will never share your full name or personal information against your wishes.