

Save a Life by Recognizing the Suicide Warning Signs

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to address suicidal behaviors and symptoms. For example, training is being offered in safeTALK, a suicide alertness program. Additionally, suicide intervention training is offered through ASIST. You can find more information about these programs at our website: www.nvsuicideprevention.org or www.suicideprevention.nv.gov.

Mental health concerns are a factor in 60 – 70 percent of all suicides. Additionally, more teenagers and young adults die from suicide than from cancer, heart disease, AIDS, birth defects, stroke, pneumonia, influenza and chronic lung disease COMBINED. Think about that. To address this segment of the population, we have added Youth Mental Health First Aid (YMHFA) and Adult Mental Health First Aid (AMHFA) classes. It is crucial that we reach those at-risk populations and help them cope with their issues in a healthy manner.

Take the Next Step: Walk in Memory – Walk of Hope

On Saturday, Sept. 10, the Nevada Coalition for Suicide Prevention is hosting the 10th annual Walk in Memory – Walk of Hope in 14 Nevada locations. We encourage you to take part in this event to help us continue to raise awareness for our suicide prevention efforts. Please go to www.nvsuicideprevention.org to see how you can get involved.

You can learn more about these and many more initiatives at Nevada Coalition for Suicide Prevention's website. Or, feel free to contact Richard Egan directly at 702-486-8225 or e-mail at regan@health.nv.gov.

