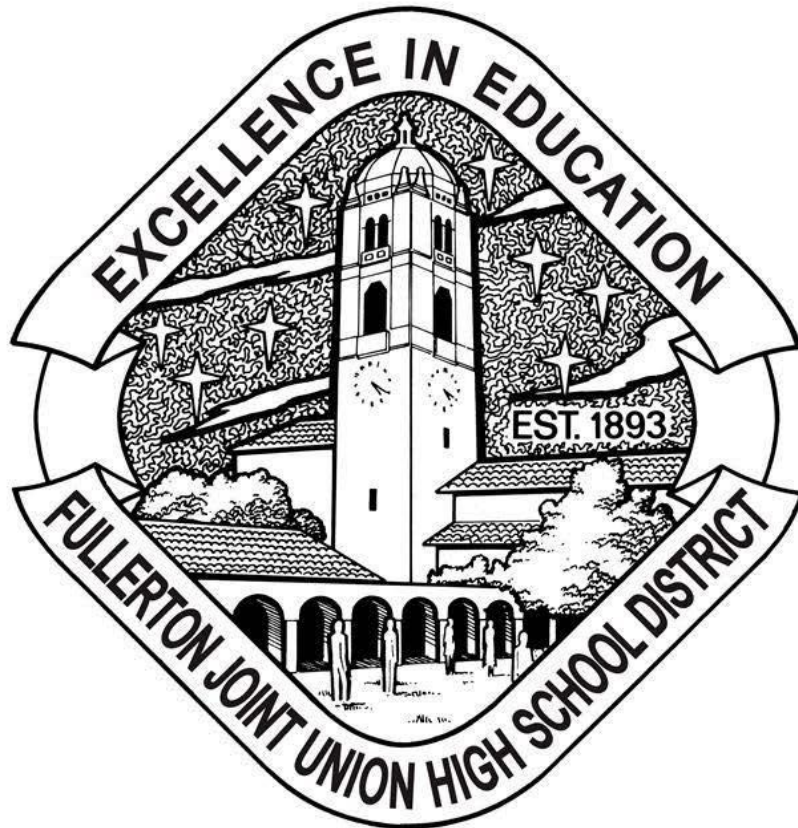


FJUHSD Reopening Athletic Plan



Requirements and Guidelines for Participation in Athletics and Activities

- All coaching and activities staff members will attend a site based meeting that will specifically cover all rules and expectations that are put in place at this time.
- Athletic Clearances: all athletes must be cleared in order to participate. Physical forms will be available on each school's website. Students can submit forms through the following link: athleticclearance.com
- All students participating in an activity or sport must turn in a District reopening and liability waiver form signed by a parent/guardian to their coach, director, teacher, or advisor before participating. ([English](#), [Spanish](#), [Korean](#))

Athletic Facility-Specific Plan

- Each site will develop an [Athletic Facility Entrance Plan](#) that is specific to their campus that will enable an efficient entry for spectators at all athletic events, while ensuring the safety of student-athletes, staff members, and other spectators. The District safety protocols for campus visitors will be enforced at all school sites, for each athletic contest.

Additional Topics for Student-Athlete and Worker Training

- Locker rooms will be capped at a maximum of 12 athletes (less if physical distancing cannot be maintained)
- Proper sanitation will take place upon entry and exit of individuals.

Physical Distancing Guidelines

Limited Spectators/Observers

- Limited number of observers to ensure physical distance can be maintained, reduce potential crowding, and maintain indoor and outdoor capacity limits.
- When practicable, schools will consider "live" video streaming.

Sidelines

- Sidelines are limited to essential personnel only: coaches, players, photographer, administration, law enforcement, and medical personnel.
- Everyone on the sidelines must wear appropriate face coverings at all times.

Food and Dining

- Only beverages will be permitted during athletic competition.

Travel during Competition

- The FJUHSD Transportation Department will utilize the California Association of School Transportation Officials (CASTO) [Road Map on Guidance to Reopening Pupil Transportation](#). The District will implement the recommendations and guidelines for best practices outlined by CASTO to establish sustainable mitigation efforts, engage and train all staff against COVID-19 within the Districts Transportation Department. Please pay close attention to the travel of students as indicated on page 19.

Communication and Public Outreach

Signage

- We have signage on each campus to indicate where temperature checks and Qualtrics will be done.

Electronic

- We have QR Codes for Qualtrics accessibility on each campus.
- We have Athletic Reopening information on our school site and District websites.

Individual Control Measures and Screening

Information about Testing

The Governor and the California Department of Public Health recently partnered with Valencia Branch Laboratory to provide free COVID-19 testing for counties with an adjusted case rate between 14-7 per 100,000. Currently, Orange County is in Tier 2 with an adjusted case rate of 4 per 100,000 (*subject to change*). Due to this, the Fullerton Joint Union High School District has partnered with an approved COVID-19 testing laboratory. The state and federal government have allocated funding to support school testing. Furthermore, the Department of Managed Health Care has issued emergency regulations regarding testing requirements for health plans. [COVID-19 Testing](#) provides insurance guidance for the testing for COVID-19. Please also see their [FAQs](#) for more information.

All test results will remain confidential and protected by HIPAA. No confidential information will be shared with the school district without your written consent. All information is stored securely.

[FJUHSD Student Athlete FAQ](#)

Requirements and Guidelines for Athletic COVID-19 Testing

- Informed Consent
- Testing – antigen or PCR (regular and postseason antigen or PCR testing of sports participants and coaches weekly. If competing, testing performed with test results made available within 24 hours of play)
- The following categories of sports are now permitted:
 - Outdoor high-contact sports (orange tier) can now be played in the purple or red tier.
 - Outdoor moderate-contact sports (red tier) can be played in the purple tier. • A team in any sport, including indoor sports, may return to competition and contact practice at any time, if the team adheres to the additional requirements imposed on collegiate sports, as specified in the Institutions of Higher Education Guidance, dated September 30, 2020 ([Guidance Higher Education](#)).
 - Schools that resume any of these permitted sports must implement and strictly adhere to the additional general guidance detailed by CDPH for each sport.
- Indoor sports are required to conduct daily antigen or periodic (weekly or biweekly) PCR testing as detailed by CDPH, regardless of the county case rate. For high-risk contact sports (basketball, football, soccer, volleyball, water polo, and wrestling), competition between teams is permitted only if the team can provide COVID-19 testing and results of all athletes and support staff within 48 hours of each competition. For a detailed list of sports and their tiers, [please click here](#).
- Outdoor Sports: CIF member schools must conduct weekly antigen or PCR testing in the sports of water polo and football when the adjusted case rate of their county is between 14 and 7 per 100,000. CIF sports of water polo and football must continue to test while the adjusted case rate of their county is between 14 and 7 per 100,000.
- CIF member schools may elect to resume all indoor sports, and outdoor sports in counties with an adjusted case rate of greater than 14 per 100,000, if the team adheres to the additional requirements as specified in the Institutions of Higher Education (IHE) Guidance dated September 30, 2020. Please go to the CDPH youth sports [CDPH Youth Sports Document](#) for a summary of these requirements. With respect to testing under the IHE Guidance, ([Guidance Higher Education](#)), all high risk (as defined in IHE Guidance) indoor sports and high risk outdoor sports in counties that still have an adjusted case rate of greater than 14 per 100,000 must conduct either daily antigen testing or periodic PCR testing* until their county reaches the appropriate tier to begin the indoor sport or the adjusted case rate of 14 or less per 100,000 for outdoor sports.

- Sharing of personal items (water bottles, towels, etc.) will not be allowed. Athletic equipment will be cleaned and sanitized after each use by activities staff, coaches, and students.

Face Coverings

- Face coverings to be worn by athletes when not participating in the activity (e.g., on the sidelines).
- Face coverings to be worn by coaches, support staff and observers at all times, and in compliance with the CDPH [Guidance for the Use of Face Coverings](#).

Screening

- Any student-athletes/coaches that are on campus should be completing the Qualtrics survey either through the QR code or visitor link found on the fjuhsd website. Students should show their certification to the coaches. [Qualtrics](#)

Isolation and Quarantine

- In order to engage in contact sports practice or competition, athletic team administrators and athletes must commit to adherence with appropriate isolation and quarantine procedures. [OC Youth Sports Guidance](#)

Quarantine for Close Contacts

- In addition, any athletes with close contact exposures to COVID-19 cases will need to comply with existing quarantine guidance as follows:
 - Contacts who test negative must still **complete the required 10-day quarantine** at home as defined in the CDPH guidance.
 - **Return to school after 10 days from last exposure unless symptoms develop or tests positive. Continue symptom monitoring through 14 days** after last exposure.
 - Athletes who cannot comply with face coverings and social distancing during sports activities (practice or competition) on days 11-14 following exposure, will need to refrain from sports participation for 14 days.
 - All symptomatic athletes and staff must remain in isolation until test results are available, and repeat testing should be considered if initial testing is negative and symptoms continue and are consistent with COVID-19 symptoms.

Quarantine for Athletes who Test Positive for COVID-19

- All athletes and staff who test positive or are clinically diagnosed with COVID-19 disease must isolate:
 - For 10 days after symptoms first appeared (or 10 days after specimen collection for their first positive test), **AND**
 - At least 24 hours have passed with no fever (without use of fever reducing medications), **AND**
 - Other symptoms have improved.
- If a student athlete has previously tested positive for COVID-19, please contact your Site Administrator with this information; proof of past positivity will need to be provided.
 - With this proof of past positivity, a student will not be required to quarantine.
- Individuals who test positive for SARS-CoV-2 who never develop symptoms, may return to school 10 days after the date of specimen collection for their first positive test for SARS-CoV-2.
 - **If an athlete tests positive, please notify the school administrator or designee immediately. The school administrator or designee will inform the District COVID Administrator who will work with the District Lead Nurse to complete contact tracing, in conjunction with Orange County Health Care Agency.**

<u>Role</u>	BPHS	FUHS	LHHS
<u>Assistant Principal, Student Activities</u>	achang@fjuhsd.org	jcaffrey@fjuhsd.org	mrainwater@fjuhsd.org
<u>Athletic Directors</u>	AGraham@fjuhsd.org	DPosthuma@fjuhsd.org	FMcCarroll@fjuhsd.org

<u>Role</u>	SOHS	SHHS	TRHS
<u>Assistant Principal, Student Activities</u>	scazares@fjuhsd.org	harredondo@fjuhsd.org	jdavis@fjuhsd.org
<u>Athletic Directors</u>	RLodding@fjuhsd.org	PJones@fjuhsd.org	CBlume@fjuhsd.org

- **COVID Administrator: Manny Macias, mmacias@fjuhsd.org; 714-870-2888**
- **All information collected during the documentation process will remain confidential.**

Return to Facility after Positive Test

- Individuals exhibiting signs of illness will not be permitted to participate.
- Workouts may be postponed or canceled in the event a participant/participants tests positive for COVID-19.
- Notifications will be sent to all families and students via Aeries Communications.

Cleaning and Disinfecting Protocols

Cleaning Procedures the District Will Implement at All Facilities

- Stringent cleaning schedules will be created and implemented for all athletic and activities facilities to mitigate any communicable diseases.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility will be wiped down and sanitized (chairs, furniture in meeting rooms, weight room equipment, restrooms, athletic training room tables, etc.).
- Individuals should wash their hands for a minimum of 20 seconds with soap and warm water before touching any surfaces or participating in workouts.
- Hand sanitizer will be plentiful and available to individuals as they transfer from place to place.
- Weight equipment will be wiped down and sanitized thoroughly before and after an individual's use of equipment.
- Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment/surfaces.
- Students will be encouraged to shower and wash their workout clothing immediately upon returning to home.