

# The Foamy Sea

Nonna-Nina Mäki

During the TOS spring celebration on April 28, 2018, a children's book called *The Foamy Sea* was released. The book's revenue fully goes to charity through TOS, to help the wellbeing of children in Finland, as well as in India.

The author of the book, Nonna-Nina Mäki, is an artist, who also serves as the president of the Olcott lodge, as well as an NLP therapist and works with children. Her art has been on display all around the world.

*The Foamy Sea* is specifically for children who have experienced their parents' divorce. The book helps them work through the feelings they have experienced subconsciously and narratively. The book is intended to be read to children who are in a situation where they need to take distance from their parents, such as when they go to day care or are in a changing situation.

Children who don't have the ability to communicate their experiences, or who may not have the time or energy to do so, may find it hard to understand a child's perspective, especially if they are in the middle of a divorce.

Nonna-Nina Mäki's story, first published in her book, is based on her own experience of a long and hard divorce process. Even though she did all she could for her children, including listening and having a dialog, communicating on a child's level turned out to be a challenge. Nonna-Nina told a story to her children about the small Foamy Sea, who survives a major challenge. The Foamy Sea's parents, mother Moon and father Sun, can't be in the same sky because of their great differences.

When Nonna-Nina got the chance to work as an artist in a children's shelter for a year, she made a huge series of paintings, which was based on the story of a small sea. The children's shelter didn't have the financial ability to publish the book, but it was told to the children there, helping them in challenging situations.

In the year 2013 Nonna-Nina visited Adyar in India for the first time. There she noticed that there was a huge lack of children's books. The books there are mainly directed to adults, thus the idea of translating the book and getting it to Indian children as well. Janne Vuononvirta has promised to translate the book and the process to publish the book in English is in progress. Also, plans to translate the book into Tamil have been progressing as well.



for all children, but especially for children who have experienced their parents' divorce. With the book, children can work through their feelings that they may have experienced in a divorce, through a symbolical story that has many layers. After reading the book, the child also works through their feelings where a child has to take distance from their parents by going to day care or is in the middle of a life-

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started to develop the book for her children, after