

PRAYER FOCUS

The Purpose of Fasting

Fasting is not a means to get our own way or to manipulate God but it changes us personally and the world in which we live. It gives wisdom, understanding, and revelation concerning the things of God and His will. Fasting helps to develop a sensitivity to the presence of God as we align our will with God's divine purposes. A more intimate relationship with God is developed through fasting.

PRAYER POINTS

- Pray that we will recognize the call to fast as is found in the scriptures.
- Ask God to open your heart and attitude as you fast. Surrender your will so your spirit will be aligned with His divine purpose.
- As you petition God, ask Him to let His love and compassion be manifest to a hurting world.
- Pray for a continual cleansing as you seek the face of God through repentance, both personally and globally.
- Ask God to let your fasting be coupled with faith so that seemingly impossible situations can be impacted for the good.
- Ask God to break the bonds of wickedness and immorality that are prevalent in our world as you fast.

WORLD NETWORK OF PRAYER