

Psychology and Human Services Major

The Psychology and Human Services program of study prepares students for the world of work and for graduate school. Upon graduation, students are equipped with the knowledge, skills, and experience they need for working in social agencies, churches, and other settings. In addition, students are prepared to enter graduate programs in areas such as psychology, counseling, and social work.

The Psychology and Human Services Discipline

The Psychology and Human Services major offers two areas of concentration: Psychology and Human Services. Students should select an area of concentration that reflects their specialized interest.

Students choosing the Psychology concentration will engage in a course of study that focuses on psychological theories and research about human behavior and psychological processes. The goals of psychology are to describe, explain, and predict these behaviors and processes.

Students choosing the Human Services concentration will engage in a course of study that integrates the disciplines of psychology, counseling, and social work. Emphasis will be placed on developing and implementing skills for helping individuals and families facing the challenges of our present society. These students will participate in two courses during their sophomore or junior years that provide them with hands-on experience.

Students choosing either concentration can earn either a Bachelor of Arts or Bachelor of Science degree. Both concentrations require the completion of an intensive off-campus internship during the summer after their junior year.

Why Study Psychology and Human Services at Montreat College?

Professors in the Psychology & Human Services major at Montreat College are interested in more than the mastery of theoretical content alone. They are committed to helping students explore the relationship between faith and learning. Students participate in classroom discussions that help them evaluate secular theories from a Christian perspective. Department faculty members encourage students to develop greater self-awareness and help students develop the personal characteristics that are needed in order to succeed in Psychology and Human Services. A 180-hour summer internship at community agencies further reinforce textbook learning and provide networking opportunities for our students. Classes are small and are extremely interactive, ensuring a more personalized learning environment. Students are invited to voice their views in a safe environment that welcomes free inquiry and the exchange of diverse ideas. The major provides students with a rich liberal arts experience and a solid foundation for graduate study or a wide range of occupations.

After Graduation

Graduates with degrees in Psychology and Human Services will find a large number of options available to them whether they want to begin working immediately or desire to attend graduate school. Psychology and Human Services graduates are prepared to pursue further study in a variety of graduate areas such as psychology, counseling, and social work. It is not uncommon for Psychology and Human Services majors to pursue further studies in other fields such as education, seminary, business, and law. Those with undergraduate degrees in Psychology and Human Services are qualified for positions in the workforce that may include a case worker, a counselor aide, or a residential staff member. Graduates with degrees in Psychology and Human Services are qualified to work in a variety of areas, including mental health, children's homes, community health centers, group homes, non-profit public organizations, law enforcement agencies, victims programs, employee assistance programs, religious organizations, and social service agencies.

Requirements of a Major in Psychology and Human Services

✓ Degree Component

- Completion of the General Education Core (52* credits)
MT 114 is required in the Gen-Ed
- Completion of the General Education Competencies
- Completion of the Psychology and Human Services Major Core (19 credits)
- Completion of a Concentration (18 credits)
- Completion of the Bachelor of Arts or Bachelor of Science requirement (12 credits)
- Completion of required electives to bring total up to 120 credits (~19 credits)
- Completion of 27 credits at the 300-level or above
- Completion of ACAT Exam
- Completion of 120 credit hours with a minimum GPA of 2.0 (two terms and 32 credit hours must be completed at Montreat College)

*One psychology or sociology course from the major can count toward the Gen-Ed social science requirement.

Psychology and Human Services Major Core (19 credits)

Choose one:

- PY 201 Psychology Applied to Modern Life (3) **OR**
- PY 202 General Psychology (3)
- PY 300 Child and Adolescent Development (3)
- PY 305 Adult Development and Aging (3)
- PY 315 Abnormal Psychology (3)
- PY 412 Theories and Principles of Counseling (3)
- PY 490 Senior Seminar (3)
- IS 310 Pre-Internship (1)

Choose from two Psychology and Human Services Concentrations:

Human Services (18 credits)

Psychology (18 credits)

Human Services Concentration (18 credits)

HU 101 Introduction to Human Services (1)

HU 241 Field Experience (1)

HU 241 Field Experience (1)

HU 441 Internship (3)

SC 204 Introduction to Sociology (3)

SC 205 Marriage and Family (3)

SC 311 Social Welfare and Social Services (3)

SC 414 Counseling Adolescents and Families (3)

Psychology Concentration (18 credits)

PY 310 Research Methods (3)

PY 314 Personality (3)

PY 320 Social Psychology (3)

PY 416 Learning and Memory (3)

PY 420 Physiological Psychology (3)

PY 441 Internship (3)

Four Year Plan: BA or BS in Psychology and Human Services Concentration in Human Services			
Freshman Year			
Fall Semester		Spring Semester	
IS 102 Foundations of Faith and Learning	2	MT 114 Elementary Probability-Statistics	3
BB 101 Survey of Old Testament	3	BB 102 Survey of New Testament	3
EN 101 English Composition	3	EN 102 English Composition II	3
HS 101 History of World Civilization I	3	HS 102 History of World Civilization II	3
Gen-Ed Natural Science	3	Gen-Ed Natural Science	4
Physical Education Course	1		
	15		16
Sophomore Year			
Fall Semester		Spring Semester	
PY 201 or PY 202 General Psychology	3	CM 220 Public Speech & Rhetorical Analysis	3
Bachelor of Arts or Science requirement	3	Bachelor of Arts or Science requirement	3
CS 102 Computer Applications & Concepts	3	HU 101 Introduction to Human Services	1
Gen-Ed Literature	3	HU 241 Field Experience	1
Elective	3	Gen-Ed Humanities	3
Physical Education Course	1	Elective	3
	16		14
Junior Year			
Fall Semester		Spring Semester	
PY 300 Child & Adolescent Development	3	PY 305 Adult Development and Aging	3
SC 204 Introduction to Sociology	3	SC 205 Marriage and Family	3
Bachelor of Arts or Science requirement	3	Bachelor of Arts or Science requirement	3
Gen-Ed Humanities	3	Gen-Ed Humanities	3
IS 310 Pre-Internship	1	Elective	3
	3	HU 241 Field Experience	1
	13		16
<i>Completion of the General Education competencies by the end of the junior year.</i>			
Junior Summer			
HU 441 Internship			3
Senior Year			
Fall Semester		Spring Semester	
PY 315 Abnormal Psychology	3	PY 412 Theories and Prin. of Counseling	3
PY 490 Senior Seminar	3	SC 311 Social Welfare and Social Services	3
IS 461 Seminar on Faith and Life	2	SC 414 Counseling Adolescents & Families	3
Elective	3	Elective	3
Elective	3	Elective	1
	14		13
<i>Completion of 27 credits at the 300-level or above; Completion of the ACAT Test by the end of the Senior Year.</i>			
Total hours required for degree:			120

*See General Education for optional course offerings

Four Year Plan: BA or BS in Psychology and Human Services Concentration in Psychology			
Freshman Year			
Fall Semester		Spring Semester	
IS 102 Foundations of Faith and Learning	2	MT 114 Elementary Probability-Statistics	3
BB 101 Survey of Old Testament	3	BB 102 Survey of New Testament	3
EN 101 English Composition	3	EN 102 English Composition II	3
HS 101 History of World Civilization I	3	HS 102 History of World Civilization II	3
Gen-Ed Natural Science	3	Gen-Ed Natural Science	4
Physical Education Course	1		
	15		16
Sophomore Year			
Fall Semester		Spring Semester	
PY 201 or PY 202 General Psychology	3	CM 220 Public Speech & Rhetorical Analysis	3
Bachelor of Arts or Science requirement	3	Bachelor of Arts or Science requirement	3
CS 102 Computer Applications and Concepts	3	PY 310 Research Methods	3
Gen-Ed Literature	3	Gen-Ed Humanities	3
Elective	3	Elective	3
Physical Education Course	1		
	16		15
Junior Year			
Fall Semester		Spring Semester	
PY 300 Child & Adolescent Development	3	PY 305 Adult Development and Aging	3
PY 314 Personality	3	PY 320 Social Psychology	3
Bachelor of Arts or Science requirement	3	Bachelor of Arts or Science requirement	3
Gen-Ed Humanities	3	Gen-Ed Humanities	3
IS 310 Pre-Internship	1	Elective	3
	13		15
<i>Completion of the General Education competencies by the end of the junior year.</i>			
Junior Summer			
PY 441 Internship			3
Senior Year			
Fall Semester		Spring Semester	
PY 315 Abnormal Psychology	3	IS 461 Seminar on Faith and Life	2
PY 416 Learning and Memory	3	PY 412 Theories and Prin. of Counseling	3
PY 490 Senior Seminar	3	PY 420 Physiological Psychology	3
Elective	3	Elective	3
Elective	1	Elective	3
	13		14
<i>Completion of 27 credits at the 300-level or above; Completion of the ACAT Test by the end of the Senior Year.</i>			
Total hours required for degree:			120

*See General Education for optional course offerings

Psychology and Human Services Minor

Montreat College offers a minor in Psychology & Human Services that requires a minimum of 18 semester hours including:

Requirements of a Psychology and Human Services Minor (18 credits)

Choose one:

- PY 202 General Psychology (3) **OR**
- PY 201 Psychology Applied to Modern Life (3)

Choose 3 credits from the PYHU major core (excluding PY 490 Senior Seminar):

- PY 300 Child and Adolescent Development (3)
- PY 305 Adult Development and Aging (3)
- PY 315 Abnormal Psychology (3)
- PY 412 Theories and Principles of Counseling (3)

Choose 12 credits from the PYHU concentrations:

- HU 101 Introduction to Human Services (1)
- HU 241 Field Experience (1)
- HU 441 Internship (3) (Prerequisite: IS 310)
- PY 310 Research Methods (3)
- PY 314 Personality (3)
- PY 320 Social Psychology (3)
- PY 420 Physiological Psychology (3)
- PY 416 Learning and Memory (3)
- PY 441 Internship (3) (Prerequisite: IS 310)
- SC 204 Introduction to Sociology (3)
- SC 205 Marriage and Family (3)
- SC 311 Social Welfare and Social Services (3)
- SC 414 Counseling Adolescents and Families (3)