

# DIFFERENTIATING HEALTHSPAN VS LIFESPAN:

## Major Medical Conditions & Their Impact



### IMPACTING HEALTHSPAN (QUALITY OF LIFE)

Chronic conditions limiting functional ability and well-being.



#### OSTEOARTHRITIS & MUSCULOSKELETAL PAIN

Joint degeneration, reduced mobility, chronic stiffness.



#### FRAILITY & FUNCTIONAL DECLINE

Muscle loss, weakness, balance issues, risk of falls.



#### SENSORY IMPAIRMENTS

Vision Loss (e.g., Cataracts, Macular Degeneration), Hearing Loss.



#### COGNITIVE DECLINE & EARLY DEMENTIA

Mild Cognitive Impairment, memory problems, confusion.



#### CHRONIC PAIN & FATIGUE

Persistent pain syndromes, low energy, sleep disturbances.



#### MENTAL HEALTH CONDITIONS

Depression, Anxiety, affecting daily life and mood.



### IMPACTING LIFESPAN

(MORTALITY & LEADING CAUSES OF DEATH)

Conditions that reduce total life years.



#### CARDIOVASCULAR DISEASES

Heart Attack, Coronary Artery Disease, heart failure. Leading global cause of death.

#### CANCER

Major types like lung, colorectal, breast, prostate. Uncontrolled cell growth.



#### STROKE

Brain tissue damage due to disrupted blood flow (ischemic or hemorrhagic).

#### CHRONIC RESPIRATORY DISEASES

COPD (Chronic Obstructive Pulmonary Disease), Emphysema, Severe Asthma.



#### LATE-STAGE NEURODEGENERATIVE DISORDERS

Advanced Alzheimer's disease, Parkinson's complications.

#### INFECTIOUS DISEASES

Pneumonia, Influenza, severe infections leading to death.



GOAL: EXTENDING HEALTHY YEARS AND CLOSING THE GAP