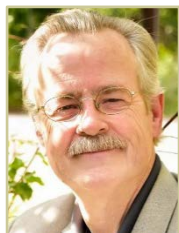


INSIDE THIS ISSUE:

"Paying It Forward"	2
Volunteer Opportunities	2
Touching Lives	3
Staff Highlight: Activities	3
Vans, Buses...	3
We Appreciate Your Help!	4

Our Mission

The mission of Elderhaus Adult Day Programs is to provide holistic and therapeutic daytime care to seniors and adults with disabilities in a safe, engaging environment tailored to their needs.



Dr. Tim McLemore
Executive Director

PASSING THE BATON

For 38 years, Elderhaus has compassionately and effectively served adults with dementia or intellectual/development disabilities while providing respite for family members and other caregivers. For half of this distinguished history, Joanne Vande Walle provided exemplary service as Executive Director.

At an Open House on September 27, Joanne was honored for 19 years of visionary leadership. "Joanne was instrumental in the growth of Elderhaus," said Gordon Thayer, President of the Elderhaus Board of Directors, "particularly through the move to our current facility on South College Avenue." Joanne's work will be celebrated for generations to come through an inscription engraved at the top of the large stone marker outside the main entrance.

"I'd like to say a fond farewell to the many great families, friends, funders/community members, awesome board members and amazing staff members at Elderhaus," Joanne says. "I will miss you all dearly. Thank you for the trust you gave me to care for your loved ones. Blessings and love to you all."



Joanne "passes the baton" to Tim at the August 31 staff retreat

The open house also provided an opportunity to officially welcome Dr. Tim McLemore as new Executive Director. Tim comes to Elderhaus with more than 20 years of experience in nonprofit senior management, most recently at an organization providing food and other basic human services in South Larimer County. He first visited Elderhaus in summer 2017, and also enjoyed attending this year's Gala in April. "The work that Elderhaus does is vital and inspiring," said Tim. "I am excited about working with our committed and caring staff and Board members to continue growing and strengthening the extraordinary foundation that Joanne so capably helped to build."

Cultivating an Ecosystem of Compassion

— Dr. Tim McLemore, Executive Director

As I've become better acquainted with the remarkable scope of care that Elderhaus makes possible, a phrase keeps coming to mind: "An entire ecosystem of compassion."

Our primary mission, of course, is to the participants we so capably and compassionately serve. Equally important, however, is the respite we provide for family members or friends who shoulder the responsibility of caring for a loved one with dementia or other special needs such as intellectual or developmental disabilities. Through education and newsletters for caregivers, informal encouragements, and weekly support groups, we touch not only our

own participants and families but many others in the larger community. We also equip our hardworking staff for meaningful work, as well as providing transformative avenues of service for our volunteers. (See "Paying It Forward" on p. 2 for a particularly inspiring example.) Interconnections with other nonprofits, along with the best possible use of the resources entrusted to us, provide ways for us to help donors and partners make a vital difference with their gifts.

I look forward to serving alongside our many partners, benefactors, and friends as we work together to *cultivate an ecosystem of compassion*.

More Sharing from Volunteers:

"My biggest takeaway from volunteering is that it really opened my mind to how there are people who are different than me in the way of learning disabilities, etc., but that doesn't degrade their character, personality, or who they are in any way. They still live life to the fullest and with a smile on their face, and it is really inspiring."
—Jack H, 10/10/18

"I would like to thank all the staff and volunteers at Elderhaus/Mindset for giving me the opportunity to work with such outstanding individuals. I am more than grateful for this experience."
—Karla, 10/10/18

"I thought that it was just going to be a really weird, awkward experience, but overall it was actually really fun and nice. I was even having a bad day right up until I got there, but all the good energy cheered me up, and so did volunteering. In fact it got me eager and curious to volunteer more!
SK, 10/10/18

Paying It Forward

Volunteers can leave a lasting impact on Elderhaus. A recent letter from a 13-year-old named Claire warmed our hearts and served as a reminder that Elderhaus often has a transformative impact on volunteers of all ages, as well. In her own words...

Dear Elderhaus Staff,

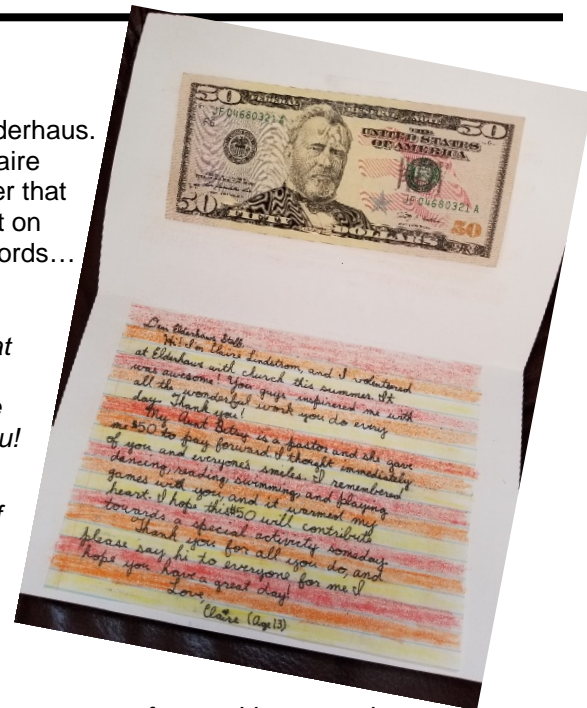
Hi! I'm Claire Lindstrom, and I volunteered at Elderhaus with church this summer. It was awesome! You guys inspired me with all the wonderful work you do every day. Thank you!

My Aunt Betsy is a pastor and she gave me \$50 to pay forward. I thought immediately of you and everyone's smiles. I remembered dancing, reading, swimming, and playing with you, and it warmed my heart.

I hope this \$50 will contribute towards a special activity someday.

Thank you for all you do, and please say hi to everyone for me. I hope you have a great day!

Love, Claire (Age 13)



Volunteer Opportunities at Elderhaus

—Emily De Boer, Volunteer Coordinator

If you are finding the need to fill a void in your life, look no further! Elderhaus can provide a variety of volunteering opportunities, allowing you to give back to your community. As a not-for-profit organization, we thrive off of selfless community members like you. We would love to have regular assistance with groups, or a regular activities assistant.

Looking for something with a little less commitment? Try calling in to see what kind of projects you might be able to help with! We are also vamping up our internship program to give more responsibility and leadership to students.

PROJECTS:

- ✓ Line painting in the parking lot
- ✓ Fall clean-ups

UPCOMING EVENTS:

October:

- ✓ Make a Difference Day → October 27
Go to the United Way Website and sign up to help us with yard work!

November:

- ✓ USO Show → November 12
Help us celebrate our veterans! Put on a skit, donate to the veteran's lunch, or just join us in saying thanks
- ✓ Thanksgiving Party → November 16
Help us serve lunch, put on a show, and show appreciation for each other

December:

- ✓ Gift Collection → Ongoing
Donate gifts for our participants! Call and talk to Emily or Blair for gift ideas
- ✓ Holiday Party → December 13
Join us in serving food, and celebrating the holiday season.

Touching Lives in Transition

Tall, strong, and slender, it comes as no surprise to learn that he has been a fitness professional. More surprising is the fact that, although he is only in his mid-fifties, he has been diagnosed with Alzheimer's. His siblings work hard to take care of him, but it's impossible to provide full-time care when you also must maintain full-time employment.

Still, there are bright moments. He has a warm responsive smile and is consistently pleasant with staff and fellow participants. He enjoys participating in Elderhaus activities, and when the music starts he can't help but dance! While he has difficulty speaking, there have been occasions since coming to Elderhaus when he excitedly blurts out a phrase or two with a

big smile and a twinkle in his eyes.

For this delightful man, and for many others, Elderhaus is a daytime family, complete with friends, food, and fun.

For his siblings, it is an essential safe space for a loved one.

We are grateful for the faithful supporters who make it possible for Elderhaus to help!

For this delightful man, Elderhaus is a daytime family... For his siblings, it is an essential safe space for a loved one.

Staff Highlight: Activities Director

*The great staff at Elderhaus is getting even stronger as we welcome some talented new additions. This column introduces our new Activities Director, **Blair Reynolds**.*

I have worked in the Activities field for close to three decades with people from all age groups. I'm a Board Certified Activity Professional (BC-AP), a Certified Dementia Practitioner (CDP), a Laughter University graduate, have a Bachelor in Business Administration and a Master's in Human Resource Training and Development. With all that being said, I think that the two things that qualify me most for this position are my

desire to get to know people – really get to know them, and years spent homeschooling my children.



Whether a participant, caregiver, staff, or member of the community, I want to know you – your likes, dislikes, dreams, history, hopes for the future... The more I know about you, the better I'll be able to design activity programs that will meet needs, allow for learning and growth, and be meaningful for all involved.

So please don't hesitate to say, "Hi," share ideas with me, or ask questions. There's so much to look forward to!

Vans, Buses, and the Best of Elderhaus

One thing that sets Elderhaus apart from many Adult Day Programs is our range of activities, including many offsite events.

In addition to enriching the lives of our participants through our active community-based approach, we also provide transportation to and from home for almost two dozen participants. This keeps our fleet of vehicles busy!

New federal regulations, along with years of wear and tear, mean that at least three of our buses will reach the end of their serviceable life on Dec. 31. We welcome ideas for securing replacement vehicles, along with special gifts to help meet this need. For details about our buses and vans, contact our Fleet Manager, Mary Kelley. To discuss special gifts or creative ideas, contact Executive Director Tim McLemore.



October is Lewy Body Dementia Awareness Month

For more information or for other helpful resources, check out our "Caring for Caregivers" Newsletter visit www.elderhaus.org

**From Our Haus...
...to Yours**

Newsletter of Elderhaus
Adult Day Program, Inc.



6813 S. College Ave.
Fort Collins, CO 80525

Phone 970.221.0406
Fax 970.221.9965

- info@elderhaus.org
- www.elderhaus.org
- <https://www.facebook.com/Elderhaus>

UPCOMING EVENTS

Halloween Fun

Oct. 31, 1 – 3 pm
Elderhaus

USO Show

Nov. 12, 1 – 2:30 pm
Council Tree Church

Thanksgiving Dinner

Nov. 16, 11:30 am – 2 pm
Council Tree Church

Christmas Party

Dec. 13, 10 am – 2 pm

Senior Prom

Jan. 18, 2019, 5 – 8 pm
Poudre High School

Rhinestone Cowboy Gala

Apr. 26, 2019, 6 pm
Ellis Ranch, Loveland

We Appreciate Your Help!

Elderhaus Adult Day Program is a nonprofit organization. On average, the amount of funding we receive from Medicaid, Foothills Gateway, VA, and private pay covers **only about two-thirds of the costs we incur for caring for our participants.**

In other words, it is impossible to maintain our programs and services without generous support from our friends and other private donors, as well as a variety of grant funding.

We appreciate your help!

• Donations can be made using the enclosed preaddressed envelope or securely online at www.elderhaus.org. Another option for secure online giving is to visit the Colorado Gives website at www.coloradogives.org and to search by name for Elderhaus.

• A special gift in honor or memory of a loved one or friend can be meaningful.

• We also encourage you to consider a legacy gift through estate planning. We are glad to arrange for free and confidential consultations on request.

• An especially enjoyable way to give is by participating in our **annual Elderhaus Rhinestone Cowboy Gala. Mark your calendar now for April 26 at our exciting new Ellis Ranch location!**

• In addition to monetary gifts, volunteer hours are vital! See p. 2 for opportunities.

*Special thanks to our 2018-19
Mission Sponsor:*

