

## NOTES FROM THE FOGLEMAN JOURNEY WITH JESUS...



Vol. 3, August 2019

***"Just then a lawyer stood up to test Jesus. 'Teacher,' he said, 'what must I do to inherit eternal life?' He said to him, 'What is written in the law? What do you read there?' He answered, 'You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself: And he said to him, 'You have given the right answer; do this, and you will live.'"***

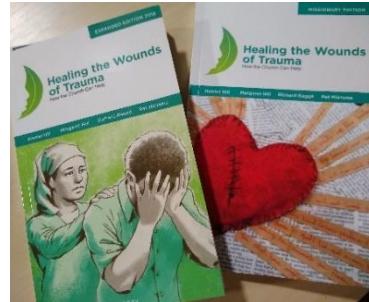
**Luke 10:25-28**

Dear Friends and Family,

“Back to the basics”. This is a phrase that we often hear in our ever-expanding, outreaching world. When we reach out “too far,” or “overextend ourselves,” we can, at times, lose touch with our purpose - our heart’s “home.” We may even start to get lost. Therefore, we often need to return to where we started. This may remind us of what our original intent was, or what was the original purpose for doing what we were doing. Sometimes it even is calling us to remind ourselves who we are. What is our identity? Where are we going?

Jesus called people back to such basics, like when the lawyer asked him, “What is the greatest commandment?” Jesus reminded him. Love God and love your neighbor. These are the basics. Follow them - and live. Simply said, but hard to keep on doing well — unless He is completely in control.

Recently Sharon and I have been hearing this call ‘back to the basics.’ We heard the basics of: “trust God with what’s burdening you,” and “forgive those who have wronged you” when we went to our Trauma Healing Initial Equipping Training at SIL in Dallas in June. It is a course to teach people how to facilitate Healing Lessons – to help all of us move from pain to the healing village of hope and “new beginnings.” Often hurting people will pass through the village of “denial and anger” and the village of “no hope” — maybe even several times — before reaching the desired destination. But with Christ’s



help, with faith, and with a willingness to open hearts, it can be done. We can be healed of our past traumas – often referred to as heart wounds.

And so, after this training, (produced in part by the American Bible Society), we see God opening a new ministry for us to help traumatized people experience the healing power of Christ. The initial course was attended by about 25 Christians who were counselors and lay workers interested in emotional health. Under the guidance of trained facilitators, we shared with one another and learned to recognize and name our heart wounds and, ultimately, to bring them to the cross of Jesus, so that forgiveness and healing could begin.

We plan to train the GRI spiritual leaders at their clinics in northern Uganda to lead trauma healing sessions in the refugee camps. The trauma of these South Sudanese refugees is so great. They need to tell their stories of pain – of seeing loved ones die violent deaths, of losing homes and all property, of losing dreams of returning to their homeland, and even of losing their identity as South Sudanese citizens. And then experience the healing available to them in Jesus.

**SERVING SINCE 2012 WITH**

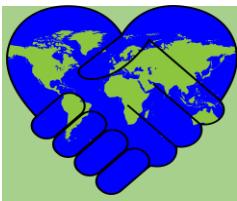


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We are currently facilitating two Healing Groups in our home church here in Colorado. Then we will take an Advanced Equipping Training so that we are able to participate in an Initial Equipping Trauma Healing Training in Uganda in October. Please pray for us and with us during this process, as the need is great, and this Trauma Healing program has been tested and found effective in the US and around the world.



I (Lynn) also had the privilege of training others to return to basics. I went to northern Uganda in early July. After leading the clinical staff at our two GRI clinics in a discussion on Hepatitis B, I began a 4-day training for each of our two sets of Field Medical Representatives (FMRs) on basics of health for children, newborns, mothers and families. These 40 young adult FMRs are South Sudanese refugees themselves. But they are assisting GRI to care for the people in their villages. I led them through the use of a brightly illustrated,



but basic, flip chart on maternal/neonatal health. After 4 days of working on communication and negotiation skills and learning about the chart on many topics (like early/exclusive

breastfeeding, weaning nutrition, family planning, danger signs in pregnancy and after delivery, malaria, pneumonia, diarrhea, and other communicable diseases), our 2 sets of FMRs are ready to call the South Sudanese refugees of their camp communities back to the basics of health through regular home visit education sessions. They also learned to develop their own role plays, dramas, songs, stories, and demonstrations to use in community group presentations on similar topics.

But the basics of calling people to health are grounded in Jesus' love - caring for another person, not only to be healed from disease but to live in a state of wellness and purpose--with God and other people. We have called these FMRs to do the same. Our sessions were opened and closed in prayer, and our daily devotions encouraged them towards not only helping their communities to be "made well," as Jesus told the paralytic in John Chapter 5, but to take steps to stay well (through prevention)--to honor the Giver of life and health--that He may be served and glorified.

May each of us be ready to be called back daily to the basics of loving our God (with all that He has done for us in Christ Jesus) and loving others--whom He has given us to care for during our short time on this earth. That is why we are here.

God bless you all, as you recall, receive, and share the basics of God's love.  
In Christ's service,

*Lynn and Sharon Fogleman*

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### THANK YOU FOR YOUR PRAYERS.....

**On July 22<sup>nd</sup> Zari was formally ADOPTED into Kurt and Annie's family after nearly a year of fostering. It was special as she started 3<sup>rd</sup> grade this week. ANSWER TO PRAYERS!**

