

## Selihot Night Live Schedule of Sessions, Presenters and Descriptions

Saturday Night, September 17, 2022

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### Session 1: Welcome, Introduction, and Havdalah

Presenter: Rabbi Jacob Blumenthal

Time:

- 9:00 PM in Sao Paulo and Buenos Aires
- 8:00 PM Eastern
- 5:00 PM Pacific (Before Havdalah)

Description: None

### Session 2: A Taste of Selihot

Presenter: Rabbi Chaya Bender

Time:

- 9:15 PM in Sao Paulo and Buenos Aires
- 8:15 PM Eastern
- 5:15 PM Pacific (Before Havdalah)

Description: A meditative musical Selihot experience featuring highlights of traditional liturgy. Let the first taste of High Holiday prayers ignite your soul and prepare you for the journey ahead.

### Session 3: Returning to Spiritual Wholeness Outside of Communal Prayer

Presenter: Rabbi Pamela Barmash

Time:

- 9:45 PM in Sao Paulo and Buenos Aires
- 8:45 PM Eastern
- 5:45 PM Pacific (Before Havdalah)

Description: Our communal davening on Yom Kippur contains liturgy designed to inspire teshuvah and aid us in retrospection, contrition, and self-improvement, but the pandemic changed and even curtailed our communal davening. How do we do teshuvah when our usual ways of doing so in community are less available or unavailable? The Committee on Jewish Law and Standards offers us this guidance.

#### Session 4: To Stand or Not to Stand?

Presenter: Rabbi Lê (Leandro Tomchinsky Galanternik)

Time:

- 10:15 PM in Sao Paulo and Buenos Aires
- 9:15 PM Eastern
- 6:15 PM Pacific (Before Havdalah)

Description: When are we required to stand during prayer? When is it optional? Is it ever right to sit instead? Before we stand together in prayer, welcoming 5783, we will study some sources in order to better understand why.

#### Session 5: Holding on in the Midst of a Shipwreck

Presenter: Rabbi Beth Naditch

Time:

- 10:45 PM in Sao Paulo and Buenos Aires
- 9:45 PM Eastern
- 6:45 PM Pacific (Before Havdalah)

Description: 5782 brought year of continuing pandemic, continued effects of climate change, and social and political unrest locally and globally. At times, it has felt like a figurative shipwreck. As we head into this high holy day season, we turn to the rabbis to learn what it was that kept them afloat at such times. Through a close reading of a text from the Talmud about a literal shipwreck, we will explore ways to safely come aground as we head into 5783.

#### Session 6: Sinners Anonymous: Is Sinning a Remediable Condition?

Presenter: Rabbi Gerald Skolnik

Time:

- 11:15 PM in Sao Paulo and Buenos Aires
- 10:15 PM Eastern
- 7:15 PM Pacific (Before Havdalah)

Description: In the context of the Rambam's insistence on humans having radical free will, can a person realistically expunge the urge to sin, as he prescribes, or is sinning simply like any other compulsion that we struggle to control, with greater or lesser success?

## Session 7: God's Blessing as a Source for Our Spiritual Work

Presenter: Rabbi Hazzan Lilly Kaufman

Time:

- 12:00 AM in Sao Paulo and Buenos Aires
- 11:00 PM Eastern
- 8:00 PM Pacific (Havdalah)

Description: We'll explore God's blessing at the end of the Akedah (Binding of Isaac) story as an entry-point for our spiritual work for the High Holy Days.

## Session 8: Sifting Through the Trash: A Study of Psalm 27

Presenter: Rabbi Margie Cella

Time:

- 12:45 AM in Sao Paulo and Buenos Aires
- 11:45 PM Eastern
- 8:45 PM Pacific

Description: The 27th Psalm has been designated as the Psalm for the Penitential Period. From Rosh Hodesh Elul until Hoshana Rabba we recite it twice a day. We will take a closer look at the Psalm to see how it is reflective of our relationship with God and we will talk about how we work on repairing that relationship now and throughout the coming year.

## Session 9: The Music of Selihot and the Yamim Nora'im

Presenter: Rabbi David Bockman

Time:

- 1:30 AM in Sao Paulo and Buenos Aires
- 12:30 AM Eastern
- 9:30 PM Pacific

Description: Rabbi David Bockman is a jazz, funk and blues trumpet player, who has gathered some of his trusted musical friends to explore themes important to this period of the Jewish year. Late at night, at the turning of the seasons, we'll explore music to open our hearts and engage us in visceral ways, not merely through the intellect. Be there for this unique Selihot event.

## Session 9: Ahavnu, Beirakhnu: New Versions of the Viddui from Israel

Presenter: Rabbi Peretz Rodman

Time:

- 2:00 AM in Sao Paulo and Buenos Aires
- 1:00 AM Eastern
- 10:00 PM Pacific

Description: The classic confessional, "ashamnu, bagadnu..." has been the springboard for a number of new liturgical creations in Israel. Some update the list; some turn it on its head and cite a mix of our accomplishments and our failures. We will examine three such compositions in Hebrew, with parallel translations provided. As time permits, we may also study the addition of a new "Al Chet" related to the travails women endure in Israel's state-run (Orthodox) rabbinic courts.