

## VII INTERNATIONAL CONGRESS OF MEDICINE AND WOMEN'S MENTAL HEALTH

The VII International Congress of Medicine and Women's Mental Health was held in Medellín from March 5th to 7th, 2020. This meeting is celebrated every two years in Medellín and has the support of CES University and endorsement by IAWMH and WPA.

In this congress, the topic of "Perinatal Mental Health" had a special space given the importance and need to work in this aspect for the improvement of the mother's health during pregnancy and the first year after childbirth. Aspects such as prevention, treatment guidelines, psychosocial actions that impact on epigenetics and improve obstetric outcomes and neurodevelopment of the offspring were worked on. An emphasis was placed on perinatal suicide mortality, as a cause of death little studied, and also, silenced in the Latin American context.

Other topics that were released were related to gender violence in Latin America, addictions in women, the gender perspective in medical education and updating in psychopharmacology.

We had the attendance of general practitioners, psychiatrists, psychologists, obstetrician-gynecologists, pediatricians and nurses.

About 270 people attended the congress. We have the presence of professionals from Paraguay, Bolivia, Venezuela, Peru, Chile, the United States and from various places in Colombia.