

HOUSTON METHODIST  
*and* BAYLOR COLLEGE  
OF MEDICINE CENTER  
FOR MEDICAL ETHICS  
& HEALTH POLICY



**INTENSIVE**

# BIOETHICS COURSE

**Tuesday-Friday, April 18-21, 2017**

Houston Methodist Research Institute  
6670 Bertner Ave., Houston, TX 77030

[events.houstonmethodist.org/bioethics](http://events.houstonmethodist.org/bioethics)  
[bcm.edu/ethics](http://bcm.edu/ethics)

HOUSTON  
**Methodist**<sup>®</sup>  
LEADING MEDICINE

Baylor  
College of  
Medicine

CENTER FOR  
MEDICAL ETHICS  
& HEALTH POLICY



# INTENSIVE

# BIOETHICS COURSE

## SPEAKERS AND FACULTY

All speakers are faculty of the Center for Medical Ethics and Health Policy at Baylor College of Medicine, unless otherwise noted.

**Courtenay R. Bruce, JD, MA**

**Course Director**

*Assistant Professor*

**Charles R. Millikan, MTh, DMin**

**Houston Methodist Liaison**

*Vice President, Spiritual Care and Values Integration, Houston Methodist*

**Jennifer Blumenthal-Barby, PhD, MA**

*Cullen Associate Professor of Medical Ethics*

**Andrew Childress, PhD**

*Assistant Professor*

**Savitri Fedson, MD**

*Associate Professor*

**Mary Anderlik Majumder, JD, PhD**

*Associate Professor*

**Janet Malek, PhD**

*Associate Professor*

**Amy L. McGuire, JD, PhD**

*Leon Jaworski Professor of Biomedical Ethics and Center Director*

**Adam Pena, MA**

*Instructor*

*Bioethics Project Director, Houston Methodist*

## AGENDA

### TUESDAY, APRIL 18

5:30 p.m. **Registration and Welcome Reception**

6:15 p.m. **Welcoming Remarks**

*Charles R. Millikan, MTh, DMin*

**Course Introduction**

*Courtenay R. Bruce, JD, MA*

**Introduction of Keynote Speaker**

*Amy L. McGuire, JD, PhD*

**Keynote Address**

*Joseph J. Fins, MD, MACP*

*The E. William Davis, Jr., MD*

*Professor of Medical Ethics*

*Weill Cornell Medical College*

### WEDNESDAY, APRIL 19

8:00 a.m. Breakfast

8:30 a.m. **The Ethics Work-Up**

*Janet Malek, PhD*

The Ethics Work-Up, developed by Center faculty, is a structured tool that is intended to stimulate moral self-reflection, and to provide intellectual structure and practical guidance to the responsible management of ethical challenges in clinical care.

9:45 a.m. **End-of-Life Decision-Making and Advance Care Planning**

*Savitri Fedson, MD*

Ethical issues that arise at the end-of-life can create emotionally intense consultations. This session will cover several critical aspects of end-of-life decision-making including withholding and withdrawing treatment, the use of surrogate decision makers, medically inappropriate treatment (futility) and advance directives (legal documentation of end-of-life care decisions).

10:45 a.m. Break

11:00 a.m. **Small Groups**

12:15 p.m. Lunch

1:15 p.m. **Pediatrics**

*Amy L. McGuire, JD, PhD*

This session will explore ethical issues throughout the pediatric continuum from birth through adolescence, focusing on the complex relationship between parent, child and clinician in medical decision-making.

2:15 p.m. **Informed Consent and Capacity**

*Jennifer Blumenthal-Barby, PhD, MA*

This session will cover consent requirements and challenges (from a decision psychology/behavioral economics perspective), shared decision-making, tools for assessing decision-making capacity along with complexities and tough cases, and standards for surrogate decision-making.

3:15 p.m. Break

3:30 p.m. **Small Groups**

4:45 p.m. Debrief

5:00 p.m. Conclusion of day

### THURSDAY, APRIL 20

8:00 a.m. Breakfast

8:30 a.m. **Case Presentation/Resolution**

*Andrew Childress, PhD*

Participants will be requested in advance to submit cases to share and discuss with the group. At this session, we will informally discuss the clinical ethics consultation process and the resolution of submitted cases.

9:30 a.m. Break

10:00 a.m. **How to Create an Ethics Committee and Conduct its Meetings**

*Janet Malek, PhD*

This session will consider how an ethics committee charter should address composition, alignment with institutional values, meeting frequency, and agenda.

10:30 a.m. **Policy Development**

*Mary Anderlik Majumder, JD, PhD*

This session will provide general guidance on drafting and implementing ethics policies.

11:00 a.m. **Workshop and Roundtables**

*Janet Malek, PhD, Mary Anderlik Majumder, JD, PhD*

Participants will collaborate to develop a plan for enhancing or expanding the educational, policy-based, or consultation work of their institution's ethics committee.

12:00 p.m. Lunch

1:00 p.m. **How to Conduct a Clinical Ethics Consult**

*Andrew Childress, PhD*

Participants will learn the practical steps involved in conducting a clinical ethics consultation with a focus on processes, including information gathering and issue spotting. Using collaborative case-based learning and a written exercise with direct faculty feedback, participants will build skills regarding the "nuts and bolts" of conducting a clinical ethics consultation.

2:30 p.m. Break

2:45 p.m. **How to Write a Chart Note Workshop**

*Courtenay R. Bruce, JD, MA*

Participants will learn how to write a high-quality chart note. Using small groups, participants will deconstruct several exemplary ethics chart notes, and learn to identify strong and weak ethics chart notes. Participants will learn essential elements of the chart note, best practices, language to avoid, and how to write strong ethical analyses within chart notes.

4:15 p.m. Debrief

4:30 p.m. Conclusion of day

**FRIDAY, APRIL 21**

8:00 a.m. Breakfast

8:30 a.m. **Facilitating or Leading Family Meetings: Communicating Well and Not So Well**

*Courtenay R. Bruce, JD, MA*

This lecture will synthesize existing empirical evidence on facilitating or leading family meetings to accomplish the following goals: (1) describe when and why to conduct family meetings and outline a communication framework to use; (2) describe five different communication strategies to use in family meetings, including when it is ethically permissible and impermissible to use a particular strategy.

10:00 a.m. Break

10:15 a.m. **Facilitating or Leading Family Meetings: Communicating Well and Not So Well Workshop**

*Courtenay R. Bruce, JD, MA, Savitri Fedson, MD*

This workshop will use case vignettes and transcripts from actual family meetings to show how to have effective family meetings.

11:15 a.m. Break

11:30 a.m. **Miracle Language**

*Adam Pena, MA*

This session will identify the different uses of miracle language and practical strategies for how to respond to the use of miracle language.

12:00 p.m. **Certificate Presentation and Lunch**

Conclusion of day

### How is this Program Unique?

- This unique course emphasizes **learning-by-doing** with a **practical** and **clinically based** focus.
- Its learner-centered model enables sessions to be **customized to individual needs** for people who want more background and skills in clinical ethics consultation.
- Participants are encouraged to submit clinical ethics cases they have previously encountered to **receive direct feedback** during the course.

### Who Should Attend this Course?

- Anyone involved with or interested in the resolution of potentially complex ethical challenges, including ethics committee chairs and members as well as active ethics consultants. This course is practical, with a focus on issues that are applicable to all types of health care professionals, including physicians, nurses, social workers, chaplains, patient advocates and patient representatives, risk managers, hospital administrators, and health care attorneys.

### What Will I Learn?

- Core content related to a variety of topics in clinical ethics consultation, including informed consent, capacity, end-of-life decision-making, advance care planning, and pediatric ethics
- Mediation skills
- How to conduct and appropriately document a clinical ethics consultation
- How to institute a bioethics committee, run an effective committee, and maintain its vibrancy
- How to effectively develop and revise institutional policies on issues related to clinical ethics
- How to conduct effective advance care planning conversations, including the elements of advance directives

### Who Will I Learn From?

Course participants will receive diverse and well-rounded training from nationally recognized experts in bioethics, who are heavily involved with national clinical ethics initiatives and training.

The course will be taught by faculty in the Center for Medical Ethics and Health Policy at Baylor College of Medicine and leadership of the biomedical ethics program at Houston Methodist.

The Center for Medical Ethics and Health Policy is one of the oldest bioethics programs in the country and has one of the largest clinical ethics programs that services **adult, pediatric, private and public hospital systems** including:

- Houston Methodist
- Baylor St. Luke's Medical Center
- Texas Children's Hospital
- Ben Taub General Hospital
- Michael E. DeBakey VA Medical Center

The biomedical ethics program at Houston Methodist **conducts over 400 ethics consultations per year**, provides ethics education to medical staff at six community hospitals, and is actively involved in hospital policy development and revision.

The Center for Medical Ethics and Health Policy and Houston Methodist jointly train postdoctoral fellows in clinical ethics consultation and engage in high-impact and collaborative bioethics research and scholarship.

### How will this Course be Interactive and Tailored to Me?

In order to ensure this course is as interactive, clinically-based, and practical as possible, we ask that **attendees submit clinical cases** to utilize in our training. Further instructions on submitting clinical case will be sent to registered course participants.

**Clinical Cases**—Ethical dilemmas you have encountered relevant to our course topics: informed consent, capacity, end-of-life decision-making, advance care planning, and pediatrics. These cases will be used to inform our small group discussions.

### What are the Course Outcomes?

This intensive course will provide a **take home skill-set and strategies** to address common ethical problems and dilemmas in medicine.

Upon completion of this course, participants should be able to do the following:

- Identify ethical challenges arising in patient care
- Develop ethically reasoned and practical strategies for addressing these ethical challenges
- Evaluate the strengths and weaknesses of these strategies in particular cases
- Formulate interdisciplinary plans for appropriately managing these ethical challenges

This program ultimately seeks to best position health professionals and clinical ethicists to respond effectively to difficult ethical challenges in today's complex health care system.

### Will I Get CME or CNE?

#### Physicians

Houston Methodist is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Houston Methodist designates this live activity for a maximum of **17.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nurses

Houston Methodist is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Houston Methodist provides up to 17.25 contact hours for this activity. Participants must attend selected sessions in their entirety and complete the corresponding items on the evaluation tool.

#### Ethics

Houston Methodist designates this activity for 17.25 hours of education in medical ethics and/or professional responsibility.

### Disclosure

This CME activity is designed for use by health care professionals for educational purposes only. Information and opinions offered by the contributors represent their viewpoints. Conclusions drawn by the participant should be derived from careful consideration of all available scientific information. Prescription information and use of medical devices should be undertaken only after confirmation of information by consulting the FDA-approved uses and information.

Houston Methodist and the Center for Medical Ethics and Health Policy make every effort to have accurate information presented; no warranty, expressed or implied, is offered. The participant should use his/her clinical judgment, knowledge, experience and diagnostic decision-making before applying any information, whether provided here or by others, for any professional use.

### ADA Statement

In compliance with the Americans with Disabilities Act, Houston Methodist will make reasonable efforts to accommodate persons with disabilities at this course. Please call 713.441.4971 for further information, or if you need special assistance.

## Fees, Registration and Conference Information

### Course Fees

The course fee of \$1,800 includes access to the course spiral and *A Practical Guide to Developing & Sustaining a Clinical Ethics Consultation Service* (authored by Center faculty), renowned keynote speaker, continental breakfasts, lunches and a welcome reception.

A discounted rate of \$1,600 is available to Houston Methodist personnel, Baylor College of Medicine personnel, and trainees. An early bird discount of \$200 applies to all participants who register by February 1, 2017.

### Registration

Refer to the registration form for the fee schedule. Your registration will not be processed until payment is received.

You will receive a confirmation notice after you register. If you have not received confirmation at least five business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately. If you plan to register on-site, contact OCME at least 24 hours in advance to confirm activity status and space availability. The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

### Conference Information

Meals—Continental breakfasts, lunches and a welcome reception will be provided during the course.

Lodging and Transportation —A special group rate at the Houston Marriott at the Texas Medical Center has been negotiated for the conference. Please refer to Hotel Accommodations on the registration page for more information regarding reservations. Airfare will need to be reserved on your own.

### Cancellation/Refund Policy

Requests for registration refunds must be in writing and received by the OCME at least 10 business days before the course begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a \$50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the OCME or faxed to 713.441.0589.

The OCME reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form followed by written notification. If an activity is cancelled, OCME's liability is limited to the registration fee paid. Note: If payment is made by check, a social security number is required to process the refund.

### For Further Information Contact

Houston Methodist Office of Continuing Medical Education  
6670 Bertner Ave., R2-216  
Houston, TX 77030

Phone: 713.441.4971 | Fax: 713.441.0589

E-mail: [cme@houstonmethodist.org](mailto:cme@houstonmethodist.org)

For information about other Houston Methodist CME activities, visit [houstonmethodist.org/cme](http://houstonmethodist.org/cme).

## WHILE IN HOUSTON...

Houston — the fourth most populous city in the United States — boasts modern industries, a thriving intellectual and cultural environment, the most park space among the nation's 10 most populous cities, and much more. Houston is an international city that is a leader in the arts, education, and health care, and has a top-rated culinary scene that is continuing to gain national attention. Here are a few highlights while you are in town:



### Museums

Houston's Museum District is adjacent to the Texas Medical Center and offers 18 cultural institutions. Some highlights include:

- Asia Society Texas Center
- Children's Museum of Houston
- Contemporary Arts Museum Houston
- The Health Museum
- Holocaust Museum Houston
- Houston Museum of Natural Science
- The Menil Collection
- The Museum of Fine Arts

### Neighborhoods

Houston is defined by its neighborhoods that are filled with distinct character. Below are a few areas that are filled with great shopping, dining and exploring.

Galleria—This area is filled with Texas' largest shopping mall, fine dining, and other national and local retailers.

Houston Heights—A historic neighborhood northeast of downtown that has quaint boutiques, antique stores, and funky restaurants.



Houston Galleria

Montrose—The four-square-mile area is a pocket of eccentricity and diversity in the heart of the city filled with art galleries, offbeat shops and great local cafes and restaurants.

Rice Village — Right next to Rice University and the Texas Medical Center, this pedestrian-friendly shopping center has local and national boutiques, restaurants and bars.

### Outdoors

Hermann Park—A cultural and recreational hub surrounded by the Texas Medical Center, Rice University, the Museum District and various residential neighborhoods. While in Hermann Park, you can play at Hermann Park Golf Course, visit the Japanese Gardens, and much more.

Houston Zoo—The zoo is adjacent to Hermann Park and includes nearly 6,000 animals with more than 700 species.

Memorial Park—A favorite for joggers, the park also features tennis courts, playing fields, a fitness center, swimming pool, a golf course, and six miles of mountain and recreational bike trails along the bayous.

### Outside of Houston

Galveston—Just 50 miles south of Houston, you can find Galveston Island on the Gulf of Mexico with miles of beach and fun attractions.

Space Center Houston—The official visitors' center for NASA's Johnson Space Center has many exhibits, attractions and theaters and is only 25 miles away.

There is so much more to do and see in Houston!

For more information: [visithoustontexas.com](http://visithoustontexas.com)

## Research

The Center is renowned for its comprehensive and original bioethics research. Our **Clinical Ethics Research** examines ethical issues arising in the clinical setting, particularly in hospital intensive care units and with the advanced technologies of modern medicine. Our **Ethical, Legal and Social Implications of Genomics Research** investigates the ethical and responsible integration of advanced technologies, such as genomic sequencing, as well as the policy challenges that accompany these new genomic technologies. Our **Medical Decision-Making and Ethics Research** develops practical and moral guidelines for the use of behavioral economics and decisional psychology principles to shape people's decisions and behaviors. The Center's **Health and Science Policy Research** develops and influences policies that promote the translation of scientific innovation into medical practice and improve patient outcomes.

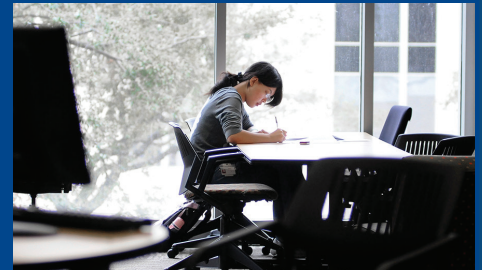
## Education

The Center is a recognized leader in developing and providing top-rated medical ethics education for undergraduate students, medical students, and residents, as well as continuing medical education. Notable educational programs include the Ethics Track, the Healthcare Policy and Management Track, the Ethics, Professionalism, and Policy Program (EP3) and the Intensive Bioethics Course. **The Ethics Track** is for medical students seeking to develop greater knowledge and expertise in medical ethics. **The Healthcare Policy and Management Track** exposes students to the fundamental principles of business management, as well as the health policy issues that affect doctors, patients, and society. **EP3** is an integrated longitudinal educational program for BCM's Graduate Medical Education residencies to improve competency in ethics, professionalism, and health policy under the new ACGME milestones. **The Intensive Bioethics Course** is a 3-day advanced bioethics course designed for people charged with resolving potentially complex ethical challenges with little ethics training.



## WHAT WE DO

The **Center for Medical Ethics & Health Policy** at Baylor College of Medicine is one of the leading academic centers in the field of biomedical ethics and health policy. To learn more about our cutting-edge work and the members of our exceptional faculty visit us at [bcm.edu/ethics/faculty](http://bcm.edu/ethics/faculty)



## Clinical Ethics Consultation

The Center has one of the largest clinical ethics programs in the country and serves various adult, pediatric, private, and public hospital systems through its core faculty, two fellows, staff and secondary faculty. We conduct over 500 ethics consults per year and our services continue to grow. Faculty are involved in national clinical ethics initiatives, scholarship, research on clinical ethics consultation and "best practices", and training for the next generation of clinical ethicists.

## Health Policy

The Center's **Health Policy Program** fosters collaboration and engagement among BCM faculty and students interested in health policy, provides health policy education to medical students and residents, and creates a national spotlight for health policy events and research. This program aims to develop evidence-based health policy propositions based on research conducted by Center faculty and convert complex policy-relevant research findings into straightforward communication that will be disseminated to inform stakeholders and the public.

## INTENSIVE BIOETHICS COURSE

### FOUR WAYS TO REGISTER

**Online:** [events.houstonmethodist.org/bioethics](http://events.houstonmethodist.org/bioethics)  
**Phone:** 713.441.4971  
**Fax:** 713.441.0589  
**Mail:** **Houston Methodist**  
Office of Continuing Medical Education  
ATTN: Bioethics (#293)  
6670 Bertner Ave., R2-216  
Houston, TX 77030

(Please print clearly)

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Credentials: \_\_\_\_\_

Organization: \_\_\_\_\_

Specialty: \_\_\_\_\_

Title/Position: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Office Fax: \_\_\_\_\_

Email: \_\_\_\_\_

☐ Check or Money Order (made payable in U.S. funds to *Houston Methodist*)

☐ Credit Card: *I authorize Houston Methodist to charge my:* ☐ Visa® ☐ MasterCard® ☐ AMEX®

Credit Card No. \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Name on the Card: \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

☐ Special/Dietary needs (specify): \_\_\_\_\_

### CONFERENCE LOCATION

#### Houston Methodist Research Institute

John F. Bookout Auditorium, 2nd Floor ▪ 6670 Bertner Ave. | Houston, TX 77030

If you prefer not to receive future communication from Houston Methodist, please call 713.790.3333 or email [optout@houstonmethodist.org](mailto:optout@houstonmethodist.org)

### HOTEL ACCOMMODATIONS

**Houston Marriott at the Texas Medical Center** ▪ 6580 Fannin St., Houston, TX 77030 | **713.796.0080**

*Houston Methodist Research Institute can be conveniently accessed via Houston Marriott's crosswalk.*

**RESERVATIONS:** Please identify yourself with the *Intensive Bioethics Course* when making reservations in order to get the special group rate (\$159 single/double). A limited number of rooms have been reserved at this rate on a space available basis. The deadline to receive this rate is Tuesday, March 28, 2017, unless the room block has already been filled. **RESERVE YOUR ROOM EARLY.**

**Additional area accommodations are listed at [events.houstonmethodist.org/bioethics](http://events.houstonmethodist.org/bioethics).**

**In order to ensure this interactive course is as clinically-based and practical as possible, we ask that attendees submit clinical cases to utilize in our training. Please include a brief description of the cases with PHI and institutional identifiers removed.**

**Clinical Cases:** Ethical dilemmas you have encountered relevant to our course topics: informed consent, capacity, end-of-life decision-making, advance care planning, and pediatrics. These cases will be used to inform our small group discussions.

*Further instructions on how to submit cases will be sent to participants once they have registered for the course.*

INTENSIVE  
**BIOETHICS COURSE**  
APRIL 18 - 21, 2017



***Intensive Bioethics Course Testimonials At-A-Glance***

*Check out what previous students are saying:*

- "The course delivered everything we expected and more."
- "Impressive credentials of faculty and speakers."
- "Information was comprehensive and exactly what I needed."
- "The breadth, expertise of speakers, energy of delivery, and attention to the needs and hopes of participants resulted in an outstanding conference."

*See the direct impact and successful outcomes:*

- 100% of surveyed participants said they will change their practice as a direct result of the course
- Scored 4.7 out of 5 on overall course quality from participants surveyed
- Scored 4.8 out of 5 on fulfillment of the stated learning objectives

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