



Take Three with Justine Espisito

Justine and her husband Drew at Lower Antelope Canyon, 2023.

Justine Espisito, MS is a Research Program Coordinator II at the Kern Institute and Institute for Health and Equity

We recently asked Justine to tell us a bit about herself and her role at the Kern Institute...

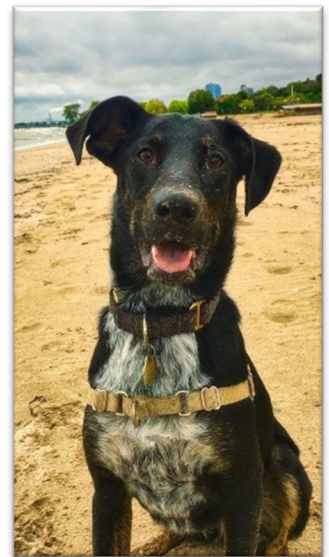
Professional and personal background

Professional: I started at MCW in Fall 2019, and the Kern Institute in January 2022. In the Kern Institute, I mainly work in the Philosophies of Medical Education Transformation Lab (P-METaL) with Dr. Fabrice Jotterand and many other faculty and students working to better medical education. I recently had the pleasure of stumbling into the role of production editor of the Transformational Times, which, if you were to have asked me in January, I would have said “pleasure” in a sarcastic tone. But after working with the editorial group and finding a groove, I have come to really enjoy it.

Personal: I was born and raised in a Chicago suburb and moved to Milwaukee to attend the University of Wisconsin-Milwaukee (UWM). While at UWM, I started playing college and club ultimate frisbee, which is where I met many lifelong friends and my husband. Together, we have a crazy, mostly well-behaved dog named Indy. We love to travel and are in the process of moving to Minneapolis!

What Kern activities do you look forward to in the coming year?

Kern is refining its work to be more strategic and to be more measure focused moving forward. I am part of one of the groups working to define tactics, measures, and goals in this “new era.” I am excited about being part of this process, hearing from stakeholders, and refining goals and tactics to achieve better outcomes for Kern and MCW.



Favorite food and recipe



Tomatoes have been my favorite food as far back as I can remember! In the summer, I grow many different types of tomatoes in a garden, including my favorite black cherry tomatoes. I added a cucumber plant last year so I could feel like I was “branching out” a little. My favorite “summer salad” has many different variations but following is my favorite. I say that as a stubborn person who has only really tried *this* one. But it is so good; I don’t feel like I need to try others.

Summer Couscous Salad: <https://www.chelseasmessyapron.com/summer-couscous-salad/>