



## A Return to Telling Stories

**Marc Drake, MD**

***Transformational Times: Do you have a new year's resolution that you can share with us? What inspired you to choose that? How is it going so far?***

I have always loved a good story. As a child, I devoured whatever movies and books I could get my hands on. Family holidays revolved around whoever could garner the most laughs and command the room's attention. I learned early the power of a well-told story: the ability to bring people together, to impart traditions, to educate. During my college career, I utilized this love of storytelling as a student newspaper staff member. Throughout medical school, writing served as a way for me to turn my passion for stories inward to synthesize and make meaning out of all the novel experiences occurring daily. This outlet continued into residency, though eventually my writing schedule tapered to a trickle with the schedule of residency.

During my research year, I have had time to reflect, both on my medical past and my medical future. In this new year, I hope to return to writing to continue connecting with myself not just by reflecting but also by sharing my stories with others.

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