

Request for Proposals

Building Social Connections in GME through Well-being Activities

The Kern Institute's GME Pillar and MCWAH are happy to announce a program to increase connectedness and well-being across MCWAH's GME programs. Residency and fellowship programs are invited to submit proposals for programming/activities that would enhance connectedness and well-being between various GME programs.

Program goal: To increase social connectedness, cultivate professional relationships and improve well-being in MCWAH's Graduate Medical Education (GME) programs.

Details:

- We plan to fund up to 8 proposals
- You can request up to \$500
- Proposals should come from program directors and/or associate program directors. A faculty member could be designated as the primary sponsor of the event.
- Proposal team must include at least one resident or chief resident in good standing from each program to serve as champions;
- Must involve at least 2 different residency/fellowship programs
- Program or activity must broadly address well-being and social connection
- Submit a post-activity report

Parameters of activities that could be funded

- Examples: picnics, athletic events, trivia nights, fitness challenges, story slams, reflection activities, community outreach/volunteer activities, speakers plus discussion, etc.
- Activities could be virtual. However, we encourage safe,* in-person events.
- We are sure there are other ideas too - be creative!

Proposals should be submitted through Qualtrics and will need to include the following information:

Program names (at least 2 programs must participate)

PD/APD/ or faculty sponsor names (one from each program)

Resident champion name(s) (one from each program)

Problem statement (why is this needed for your groups?)

Goal for the activity/program (what do you hope that this will accomplish?)

How many residents/fellows do you expect to participate?

What is the activity that you propose?

When will it take place?

Proposed budget

Timeline:

August 2, 2021	Proposals due via Qualtrics link
August 13, 2021	Funding decisions released
May 1, 2022	Last day for events

Receipts must be submitted within 2 weeks of the event for reimbursement.

**Please note that all MCW and local/state regulations regarding COIV19 safety must be followed.*