



2016-17 Winter Athletics First Day Practice Sites and Times

Monday November 28th

- Girls' Basketball: 2:30-4:30pm – NHS Gymnasium
- Boys' Basketball: 9th graders – 4:30-6:30pm – NHS Gymnasium
10-12th – 5:30-7:30pm – NHS Gymnasium
- Girls' Ice Hockey: 2:40-3:30pm – Chase Arena
- Boys' Ice Hockey: 6am – Chase Arena (Juniors/Seniors)
3:40-4:30pm – Chase Arena (Freshman/Sophomore)
- Ski: 6:30-8:30pm – NHS Dining Hall
- Boys' Swim: 7:00pm-8:30pm – Keefe Tech Pool
- Girls' Indoor Track: 3pm – NHS Gymnasium/ Indoor Track
- Boys' Indoor Track: 2:45pm – room 335 / Be prepared to run indoor and outdoor
- Wrestling: 9th graders - 2:30-4:30pm – NHS Gymnasium
10th – 12th graders – 4:30-6:30pm – NHS Gymnasium

Wednesday November 30th

- Gymnastics: 6:30pm-8:15pm Gym Express

Monday December 5th

- Cheer: 3:30-5:30pm – NHS Dining Hall