



## INVITATION TO TAKE PART IN THE



### Who can take part?

Individuals who are Black or White living with and helping a family member or friend who has Alzheimer's or related dementia.

### What is involved?

#### Family Member/Friend

- Baseline Interview by phone (1.5-2 hours)
- Training Session by phone or Zoom (1.5 to 2 hours)
- Daily Life Assessment: wear two heart monitors and complete short daily web surveys on a study cell phone, for 5 days, to tell us about your daily life

#### Person living with dementia:

- Complete a Memory Screener (10-12 minutes)
- Attend at Training Session by phone or Zoom (20 minutes)
- Wear one heart monitor on the chest for 5 days



### Other Information

- Participation is voluntary and takes place in your home during daily life
- Information you provide will be kept private
- The family member/friend and the person living with dementia can receive a combined amount of up to \$400 for taking part in this study.

**NEED MORE INFORMATION or INTERESTED IN PARTICIPATING?**

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