



Coach Jim Henderson, Monacan High School

Until they know that you care...

"As iron sharpens iron, so one man another" Proverbs 27:17

There are many influential coaches in society that others look up to. For Coach Jim Henderson, Head Football Coach at Monacan High School in Chesterfield, his role model was his dad and fellow coach Herman Henderson. Growing up in a coaching family has its ups and downs, but one thing has remained constant, the love the Henderson family has for one another, and those they impact through coaching. Dad still helps coach, brothers Trey coaches in college and Bobby at James River H.S..

Jim reflected that their dad was always an inspiration to them and laid the foundation for many life-lessons taught through sports.

"I believe it is true that players do not care what you know, until they know that you care," reflected Jim Henderson. "You can teach them all the Xs and Os in the world, but it doesn't matter if you're not spending time to show you are concerned with their well-being, regardless of their playing time."

Jim shared that the 3-Dimensional Coaching resources FCA offers were instrumental in making him realize that. He also spends time with players outside of the workouts, which have almost

become year-round for football. "3D put many things in perspective for me, and reinforced some tactics I was already working toward, it is a great program for coaches at any level."

Jim has been active with FCA since he was in high school and as a Coach has partnered with the ministry on 5th quarter events after games, voluntary chapels and a character coach for his team. He is now the new FCA Huddle Coach for Monacan where he will be a liaison between the students and FCA Staff. He accepted Christ as his Savior as a teen and strives to make Christ the Lord over his life each day in all that he does.

"It is so encouraging to see the daily walk that Jim lives," shared FCA Director Michael Stock. "His joyful influence is seen on the sidelines as he is chest-bumping players, and while consoling them after a tough loss. In the school halls it's not uncommon to see him fist bumping students and encouraging them. He's a calming presence during the chaotic times of teen-life."

In six years as the head coach at Monacan his teams have 54 wins and 18 losses, including 6 play-off appearances. Along with victory, he's had tough defeats to cross-town rivalries, to mentors who coached him, and a frustrating semi-final game when a blocked field goal turned into the other team scoring a winning touchdown. His players do well in the classroom, some play multiple sports, and many former players are on college scholarship. However, the most important show of legacy and the priorities in his life are seen after a game when he scoops up his two young sons in his arms and embraces his wife, win or lose, legacy is being shaped, and sharpened, by Coach Henderson.