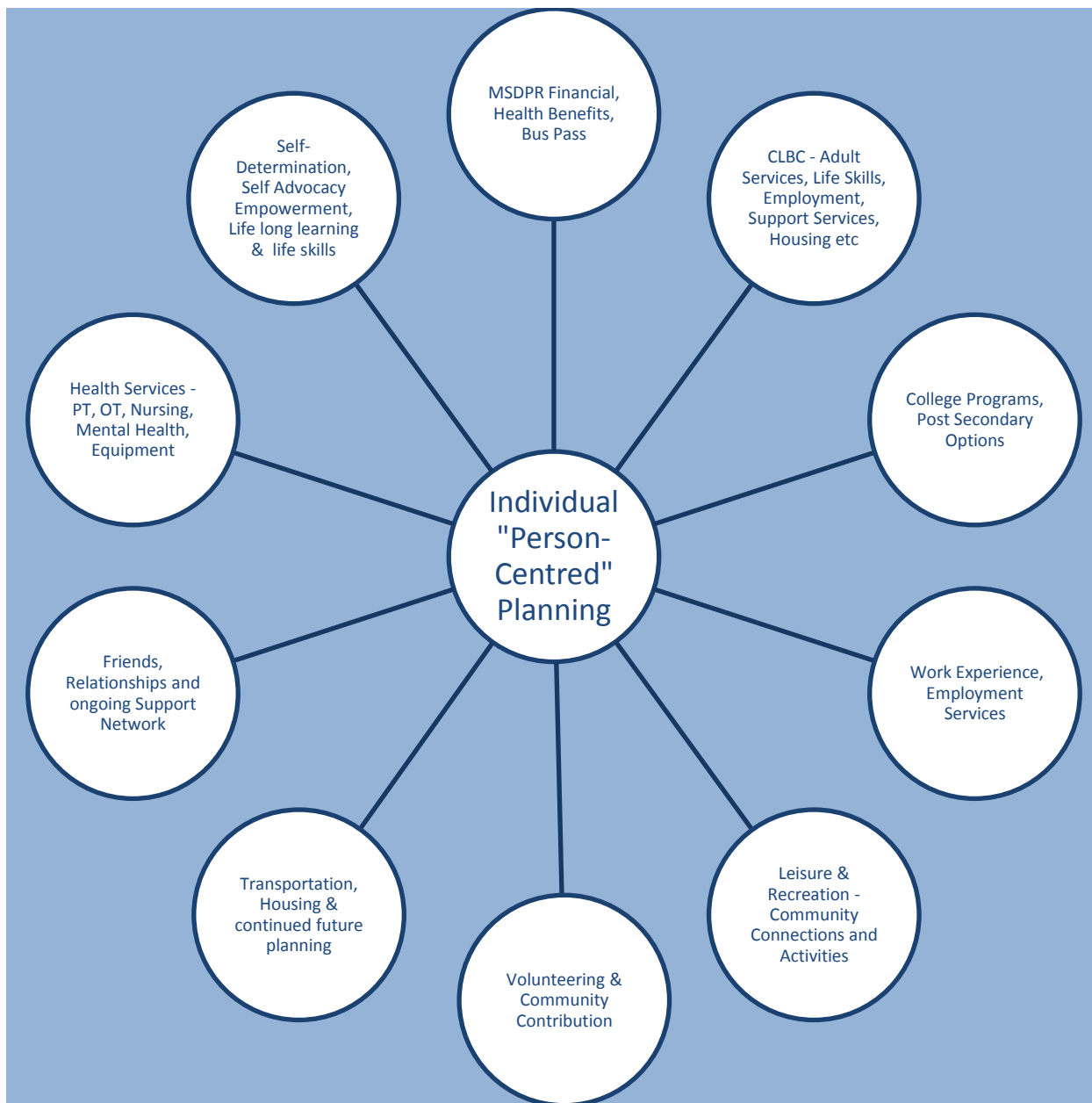


Transition to Adulthood



**Planning, Information &
Resources**



Life Planning – The Journey To & Through Adulthood

There are many areas to consider in planning for the transition to adult life after high school has ended. The best transition planning is started early, is one that builds a team and support network around the young person and their family, and is Person-Centered, specific to the unique hopes, dreams, strengths, interests and support needs of the individual. Adulthood will hold many other transitions and changes over the years. Continuing to explore, try, evaluate, vision and build next steps and new experiences will be an ongoing journey.

Transitioning Youth Checklist

3

AGE: 14 - 16 Prepare & Plan	AGE: 17 Accessing & Applying	AGE: 18 Putting the Plan in Place	AGE: 19 and beyond Ongoing Planning
<ul style="list-style-type: none"> <input type="checkbox"/> Develop a vision for life after high school - post-secondary options, employment options, community inclusion, life skills, leisure, recreation, social networks, housing, etc. <input type="checkbox"/> Network with others who have experienced transition or are currently in transition planning. <input type="checkbox"/> Build goals into IEP that link to the future vision - focus on skill building and experiences that will be important in adult years (e.g. employability skills, social skills and connections, functional academic skills, post-secondary prerequisite skills, etc.). <input type="checkbox"/> Review Post Secondary Programs & eligibility and entrance criteria – use this info when planning IEP goals <input type="checkbox"/> Learn life, banking & bus skills at home and in community. If others support your youth consider where they can also help with building these skills. <input type="checkbox"/> Learn and gather information - talk with others, read stories, ask for examples and ideas about what other young adults are doing in their lives. <p><small>*Transition planning for Families (from Inclusion BC website) http://www.inclusionbc.org/our-priority-areas/supports-children-and-families/transition-planning-families</small></p> <ul style="list-style-type: none"> <input type="checkbox"/> Use Planning tools to help in vision building. Here is an example: Your Future Now: A Transition Planning and Resource Guide for Youth with Special Needs and Their Families or https://www.chs.ca/sites/default/files/uploads/your_future_now.pdf <input type="checkbox"/> Team building and community connecting. Discover who else can help as part of the team. <input type="checkbox"/> Apply for Social Insurance Number. http://www.servicecanada.gc.ca/eng/sin/apply/someoneelse.shtml <input type="checkbox"/> If your youth is accessing Ministry of Children and Family Development (MCFD), Child & Youth with Special Needs supports/services - contact social worker for assistance with transition planning and required assessment documentation for eligibility. <input type="checkbox"/> At age 16 Community Living BC (CLBC) will review documents to confirm your child's eligibility for possible adult services. <small>http://www.communitylivingbc.ca/what-support-is-available/preparing-access-clbc-supports/</small> <input type="checkbox"/> If eligible for CLBC, consider contacting a STADD navigator to assist with transition planning (ages 16 – 24 years) – call 1-855-356-5609 <input type="checkbox"/> If needed, request a Psycho-educational Assessment from your child's school to determine eligibility for Adult CLBC services. <input type="checkbox"/> Birth certificate / proof of Citizenship for future service applications. 	<ul style="list-style-type: none"> <input type="checkbox"/> Apply for BCID card. <small>http://www.icbc.com/driver-licensing/getting-licensed/Pages/Apply-for-an-enhanced-licence-ID-or-BCID.aspx</small> <input type="checkbox"/> 17 ½ - Apply for Persons With a Disability (PWD) Benefits with Ministry of Social Development and Social Innovation. <small>https://www.iaselfserve.gov.bc.ca/HomePage.aspx</small> For more information on PWD Benefits: <small>http://www2.gov.bc.ca/gov/content/family-social-supports/services-for-people-with-disabilities/disability-assistance</small> <input type="checkbox"/> For a sample of application form go to: <small>http://www2.gov.bc.ca/assets/gov/british-columbians-our-governments/policies-for-government/bc-employment-assistance-policy-procedure-manual/forms/pdfs/hr2883.pdf</small> <input type="checkbox"/> If your child is on the At Home Program, medical coverage ends at 18 & PWD medical coverage begins at 18. <small>http://www2.gov.bc.ca/assets/gov/family-and-social-supports/children-teens-with-special-needs/at_home_program_guide.pdf</small> <input type="checkbox"/> Open a bank account for monthly direct deposits of PWD Benefits at age 18. <input type="checkbox"/> Review Post Secondary Programs; clarify college entry requirements and eligibility criteria. Consider this info when planning IEP goals <input type="checkbox"/> Consider work &/or volunteer possibilities. Grow experience and connections in community. <input type="checkbox"/> Confirm eligibility for Adult Community Living BC Services. <small>http://www.communitylivingbc.ca/individuals-families/how-to-apply-for-services/</small> <input type="checkbox"/> Once eligibility confirmed for Adult CLBC services, work with a CLBC Facilitator to develop a Person Centered Plan for life after high school and any supports /services. Port Moody: Phone: 604-933-2000 Burnaby: Phone: 604-660-8124 <input type="checkbox"/> Explore Community Living Service agencies and other service agencies in your community (supported employment, volunteer programs, support services, etc.). <input type="checkbox"/> Continue: Will & Estate Planning & Registered Disability Savings Plans (RDSP). <small>http://plan.ca/ http://www.rdspresource.ca/</small> 	<ul style="list-style-type: none"> <input type="checkbox"/> Ensure PWD Disability Benefit eligibility has been confirmed. One month before 18th birthday Ministry of Social Development and Poverty Reduction (MSDPR) should confirm eligibility. <input type="checkbox"/> At Home Program - medical coverage ends & Persons with Disabilities Benefits medical coverage begins at 18. <input type="checkbox"/> Contact MSDPR to apply for your BC Bus Pass, the cost of which is \$52 per month and is automatically deducted from monthly PWD benefits in the form of a Transportation Support Allowance <small>http://www2.gov.bc.ca/gov/content/transportation/passenger-travel/buses-taxis-limos/bus-pass/people-with-disabilities</small> <input type="checkbox"/> Develop a personal portfolio / resume on work, volunteer experience, skills, interests and experiences. <input type="checkbox"/> Celebrate school graduation! <input type="checkbox"/> Make a decision on an additional school year if not age 19 by July 1st. <input type="checkbox"/> In Coq. School district - ask school staff for information about the Douglas College/School District Transitions program as a possible option for grade 12 and 12+ year. <input type="checkbox"/> Review Post-Secondary Programs - clarify college entry requirements and eligibility criteria. Consider this info when planning IEP goals <p>Douglas College Vocational Education and Skills Training Program: <small>http://www.douglascollege.ca/programs-courses/faculties/child-family-community-studies/vocational-education-and-skills-training</small></p> <p>Vancouver Community College: <small>http://www.vcc.ca/programscourses/program-areas/students-with-disabilities/adult-special-education---part-time-courses/</small></p> <p>Kwantlen Polytechnic University Access Programs: <small>http://www.kpu.ca/aca/appd</small></p> <ul style="list-style-type: none"> <input type="checkbox"/> If eligible (significant physical disability), connect with the Fraser Health Authority re: CSIL Program at 18 ½ years. <small>http://www2.gov.bc.ca/gov/topic.page?id=14655A297B1A477F9A8468E6C6EC3436</small> <input type="checkbox"/> Continue to build community connections – volunteering; work; social networks; leisure and recreation activities, etc. <input type="checkbox"/> 18 ½ – learn about doing a “Representation Agreement” for when your son/daughter turns 19. (at age 19 parents are no longer their child's legal guardians). Nidus Personal Planning Resource Centre and Registry http://www.nidus.ca <input type="checkbox"/> Research Volunteer & Employment Programs: Work BC – Coquitlam/Port Coquitlam/New Westminster <small>https://volunteerconnections.ca/</small> 	<p>★CELEBRATE BEGINNING OF NEW ADULT LIFE!★</p> <p>While some things (like school) come to an end, many new opportunities will continue to unfold. As adulthood is full of life transitions, planning will continue.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Note: At Home Program – Respite ends at 19. <input type="checkbox"/> Continue to build social networks; pursue interests and opportunities for leisure and recreation. <input type="checkbox"/> Explore self advocacy opportunities. <input type="checkbox"/> Representation Agreement in place, if required <small>http://www.nidus.ca/</small> <input type="checkbox"/> Continued review of Will & Estate planning. <input type="checkbox"/> Continued long term financial planning and RDSP. <small>http://www.rdspresource.ca/</small> <input type="checkbox"/> Ongoing discovery and development of a life plan and future steps (e.g. housing, employment, etc.). Access post-secondary and vocational training, employment and adult supports and services.

FAMILY TO FAMILY TIPS -

A Tip Sheet from Families with
Transitioning Youth

PARENTS AND FAMILY MEMBERS ARE AN EXCELLENT RESOURCE FOR ONE ANOTHER. HERE IS SOME ADVICE FROM FAMILY MEMBERS WHO HAVE GONE THROUGH (OR ARE GOING THROUGH) THE PROCESS OF HELPING YOUTH TRANSITION TO ADULTHOOD.

- Talk to others
- Try to give your son/daughter different experiences - take a risk
- Don't set limits - who knows what they can do
- Connect with other parents to learn & share
- Be strong and a positive advocate - don't just take NO for an answer
- Plan early
- Attend information sessions, such as Planning for the Future - go over and over. It takes lots of time to hear information and really learn.
- Encourage your kids - listen to what they want and hope for
- Help your kids connect
- The timeline [Transitioning Youth Checklist] is really helpful to follow
- Do one step at a time
- Try something, such as an activity or service, and if it doesn't fit for your son or daughter - try another!
- We all feel overwhelmed with all the new info - that's OK - it takes time
- Everyone's different - your son/daughter is their own individual
- Start promoting and encouraging independence at an early age - don't let your child become dependent on others - no matter how high their support needs are



FAMILY QUOTES

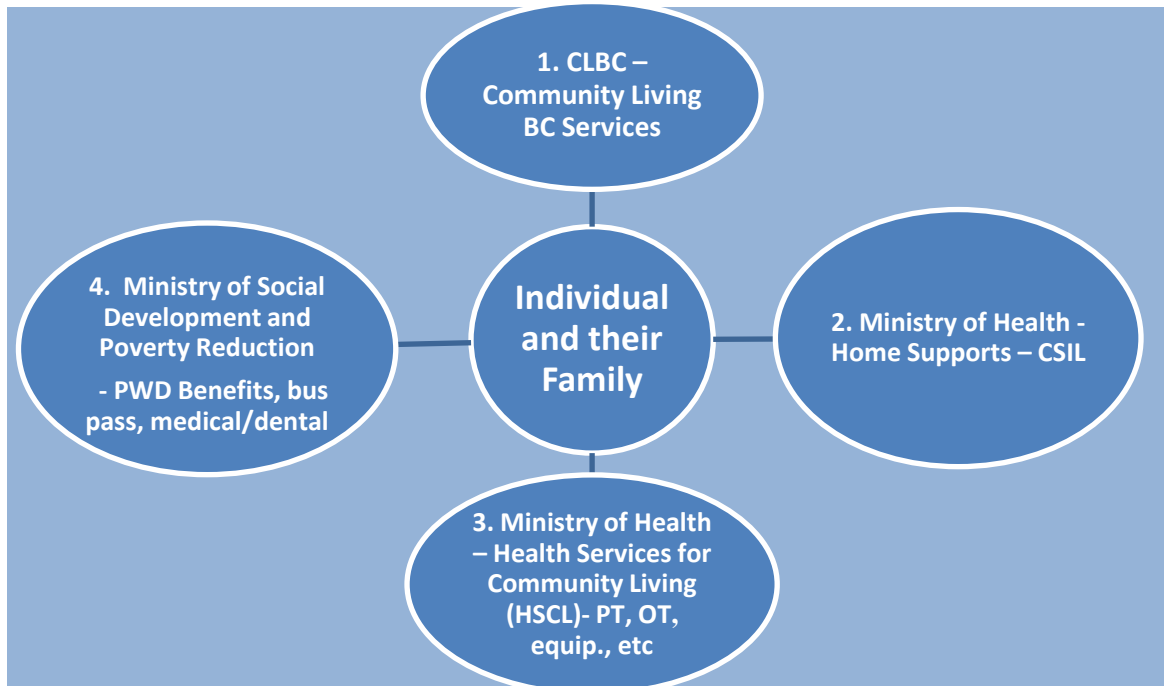
"I'm surprised by what my child is able to do that I didn't imagine prior"

"It's been amazing to watch my daughter take ownership of her own journey"

"It makes a huge difference hearing from other parents who have gone through the transition process or, who like us, are on that journey now. Together we learn from others - tips, ideas, experiences, possible resources and more"



Provincial Government Ministries & Services



1. Community Living British Columbia (CLBC) – Adult Community Living Services

CLBC delivers supports and services to eligible adults and their families. Adult Community Living services may include areas such as: residential, community inclusion day options, life skills, employment, professional supports, and family respite. Eligibility: Adults with diagnosed developmental disabilities (assessment completed by an approved professional that clearly states they meet the “Diagnostic Criteria for Intellectual Disability” cited in the DSM-5 or the “Diagnostic Criteria for Mental Retardation” cited in the DSM-IV-TR) or who meet the Personalized Supports Initiative (PSI) criteria (diagnosis of Fetal Alcohol Spectrum Disorder or Autism Spectrum Disorder, and has significant limitations in adaptive functioning – at least 3 standard deviations below the mean). For information about eligibility: <http://www.communitylivingbc.ca/what-support-is-available/preparing-access-clbc-supports/>
<https://www.communitylivingbc.ca/what-support-is-available/>



2. Ministry of Health – Fraser Health Authority: Choice in Supports for Independent Living (CSIL Prog.)

Home support services for individuals with physical and medical support needs who meet “continuing care” eligibility (dependant in all areas). <http://www2.gov.bc.ca/gov/topic.page?id=14655A297B1A477F9A8468E6C6EC3436>

3. Ministry of Health – Health Services for Community Living (HSCL)

Health needs assessment and planning, physio & occupational therapy, equipment, nutritionist, etc.

<https://www.fraserhealth.ca/Service-Directory/Services/home-and-community-care/health-services-for-community-living#.W2nbAFVKiUk>

\$\$\$ 4. Ministry of Social Development and Poverty Reduction – Persons with Disabilities (PWD) program provides monthly financial benefits for eligible people with disabilities age 18 and over. Also includes medical and dental coverage, equipment/medical supplies, and access to a bus pass for a monthly fee of \$52 (which is deducted from monthly PWD amounts in the form of a Transportation Support Allowance). To apply for the PWD program go to <https://myselfserve.gov.bc.ca/> to create a BCeID and My Self Serve . This is required in order to begin the PWD application process.

Links to Useful Web Sites:

Tools for Planning the Future:

Inclusion BC is a non-profit federation working with partners to build community and to enhance the lives of children and youth with special needs, adults with intellectual disabilities and their families by supporting abilities, promoting action and advancing rights, responsibilities and social justice. Their vision is a world where we all belong.

<https://inclusionbc.org/about/> Learn more about Inclusion BC's Ready, Willing & Able and Mentorability programs
<https://inclusionbc.org/programs-services/>

Resources and Useful Information Links:

Ministry of Children & Family Development (MCFD) - *Into Adulthood – from MCFD web site* -

The purpose of transition planning for youth with special needs is to identify opportunities and experiences during their school years that will help them better prepare for life as an adult. Transition planning can assist youth with special needs in securing employment, pursuing post-secondary education, and fully participating in community life.

A person-centered planning approach is a best practice. It places the individual with special needs or their family in a leadership role during transition planning and service delivery. The ultimate goal of person-centered planning is to create supports and opportunities that enable a person with special needs to experience a self-directed life.

The protocol outlines the components of a transition planning process that starts by age 14 and identifies the [Roles and Tasks for Transition Planning Team Members](#)

http://www2.gov.bc.ca/assets/gov/family-and-social-supports/roles_tasks_transition.pdf

Transition Planning Guides:

In 2005, the ministry produced two information guides to support the development of person-centered transition plans for youth with special needs:

- [Your Future Now: A Transition Planning and Resource Guide for Youth with Special Needs and Their Families](#) includes a workbook and resource guide to assist youth and their families with the development of an individualized transition plan. https://www.chs.ca/sites/default/files/uploads/your_future_now.pdf

Community Living BC's Self Advocate Workbook is a guide for adults with developmental disabilities who want to take charge of their life planning <http://www.communitylivingbc.ca/wp-content/uploads/Plain-Language-Planning-Workbook.pdf>

MyBooklet BC - MyBooklet BC is A FREE online tool that families and people with disabilities can use to create a beautiful and personalized information booklet for a loved one or for themselves <https://www.mybookletbc.com/>

Government Services:

The transition from services for children and youth to adult services ideally involves the youth, family, service providers, school professionals, and ministry staff in the planning process. Key government organizations that assist in the transition to adult services include:

- [Services to Adults with Developmental Disabilities \(STADD\)](http://www2.gov.bc.ca/gov/content/family-social-supports/services-for-people-with-disabilities/transition-planning-for-youth-young-adults) – A STADD navigator can help you plan for the future and the transition into adulthood. They can help you form a planning team and coordinate supports and services from government and agencies. These services may be right for you if you have a developmental disability, are between 16 and 24 years of age, and will be eligible for CLBC services after age 19.
<http://www2.gov.bc.ca/gov/content/family-social-supports/services-for-people-with-disabilities/transition-planning-for-youth-young-adults>
- [Ministry of Social Development and Poverty Reduction](http://www2.gov.bc.ca/gov/content/family-social-supports/services-for-people-with-disabilities/disability-assistance) – Financial and support payments, employment programs, bus passes, and health and dental benefits for persons with disabilities. Information for People with Disabilities - <http://www2.gov.bc.ca/gov/content/family-social-supports/services-for-people-with-disabilities/disability-assistance> .
- See the [At Home Program Guide](http://www2.gov.bc.ca/assets/gov/family-and-social-supports/children-teens-with-special-needs/at_home_program_guide.pdf) for information on transitioning from At Home Medical Benefits to Adult Disability Assistance: http://www2.gov.bc.ca/assets/gov/family-and-social-supports/children-teens-with-special-needs/at_home_program_guide.pdf
- [Ministry of Advanced Education, Skills & Training](http://www2.gov.bc.ca/gov/content/education-training/adult-education/adult-special-education) - education services to adults with disabilities.
<http://www2.gov.bc.ca/gov/content/education-training/adult-education/adult-special-education>
- [Community Living British Columbia](http://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/care-options-and-cost/choice-in-supports-for-independent-living) - range of services to assist adults with developmental disabilities to live as fully and independently as possible in the community. [www.communitylivingbc.ca](http://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/care-options-and-cost/choice-in-supports-for-independent-living)
- [Ministry of Health Services](http://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/care-options-and-cost/choice-in-supports-for-independent-living) - Community Care Services. Choice in Supports for Independent Living (CSIL) is an alternative for eligible home support clients. CSIL was developed to give British Columbians with daily personal care needs more flexibility in managing their home support services.
<http://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/care-options-and-cost/choice-in-supports-for-independent-living>
- [Ministry of Education](http://www2.gov.bc.ca/gov/content/justice/criminal-justice/bcs-criminal-justice-system/if-you-are-a-victim-of-a-crime/victim-of-crime/financial-assistance-benefits) – leadership and funding to the K-12 education system. [www.bced.gov.bc.ca](http://www2.gov.bc.ca/gov/content/justice/criminal-justice/bcs-criminal-justice-system/if-you-are-a-victim-of-a-crime/victim-of-crime/financial-assistance-benefits)
- [Public Safety and Solicitor General](http://www2.gov.bc.ca/gov/content/justice/criminal-justice/bcs-criminal-justice-system/if-you-are-a-victim-of-a-crime/victim-of-crime/financial-assistance-benefits) – the Crime Victim Assistance Program provides financial assistance and benefits to victims of an injury due to violent crime. <http://www2.gov.bc.ca/gov/content/justice/criminal-justice/bcs-criminal-justice-system/if-you-are-a-victim-of-a-crime/victim-of-crime/financial-assistance-benefits>
- [BC Housing](http://www2.gov.bc.ca/gov/content/justice/criminal-justice/bcs-criminal-justice-system/if-you-are-a-victim-of-a-crime/victim-of-crime/financial-assistance-benefits) – administers subsidized housing and programs that offer housing options.
[http://www.bchousing.org/](http://www2.gov.bc.ca/gov/content/justice/criminal-justice/bcs-criminal-justice-system/if-you-are-a-victim-of-a-crime/victim-of-crime/financial-assistance-benefits)
- [Public Guardian and Trustee](http://www2.gov.bc.ca/gov/content/justice/criminal-justice/bcs-criminal-justice-system/if-you-are-a-victim-of-a-crime/victim-of-crime/financial-assistance-benefits) - acts as co-guardian with the Ministry of Children and Family Development or Delegated Aboriginal Child and Family Service Agencies for youth under Continuing Custody Orders (CCOs) and is responsible for the protection of the financial and legal interests of children and youth under a CCO. Also, provides consultation and/or services to adults who may not be mentally capable of managing their own personal, health care, legal and/or financial affairs. [http://www.trustee.bc.ca/Pages/default.aspx](http://www2.gov.bc.ca/gov/content/justice/criminal-justice/bcs-criminal-justice-system/if-you-are-a-victim-of-a-crime/victim-of-crime/financial-assistance-benefits)

Community Living British Columbia (CLBC): from CLBC web site <http://www.communitylivingbc.ca>

CLBC funds supports and services to help adults with developmental disabilities and their families achieve their goals and live the life they want. CLBC funded supports are delivered through service agencies and help eligible adults meet their disability related needs and participate in meaningful ways in the community.

CLBC funded supports can include:

- Helping to find housing options that encourage independence while meeting an individuals' unique needs
- Family support
- Connections with community services to support individuals, families or caregivers
- Community inclusion supports that focus on employment, social and life skills

This section provides information about the services and supports that CLBC funds, as well as major initiatives.

<https://www.communitylivingbc.ca/what-support-is-available/>
<https://www.communitylivingbc.ca/resources/information-sheets/>

Youth in Transition

Community Living BC (CLBC) works in collaboration with youth and their families and other government organizations and ministries to support youth transitioning to adulthood. For some youth, transition planning includes applying for CLBC adult services. CLBC provides a range of community living supports and services to eligible adults to assist them to live as fully and independently as possible in the community.

CLBC works in collaboration with youth, their families and other government organizations and ministries to support youth transitions. The [Cross Ministry Transition Planning Protocol for Youth with Special Needs](#) describes how youth and their families and the nine government organizations work together.

Transition planning with CLBC should begin after a youth's 16th birthday. Starting this process early is important because it takes time to complete each step. It is best to begin the first step after a youth turns 16 because it sometimes takes several weeks or even months to get all the required documents to CLBC.

<http://www.communitylivingbc.ca/wp-content/uploads/Information-for-Families-Youth-in-Transition.pdf>

<https://www.communitylivingbc.ca/what-support-is-available/preparing-access-clbc-supports/>

From CLBC web site: Visiting Service Providers to learn about their services: A Resource for Individuals, Families, and CLBC Staff: Below is a link to a tip sheet with sample questions and two summary lists about things to be aware of when visiting service provider premises that outline some topics that might be important to individuals and/or their family members when exploring potential service providers. <http://www.communitylivingbc.ca/wp-content/uploads/Questions-for-Individuals-and-Families-14Sep12.pdf>

Community Living BC Complaints Resolution Process

<http://www.communitylivingbc.ca/wp-content/uploads/Learn-about-the-Complaints-Resolution-Process.pdf>

Local CLBC Offices:

- | | |
|--|---------------------|
| 1) Tri-Cities: #400 – 205 Newport Drive, Port Moody V3H 5C9 | Phone: 604-933-2000 |
| 2) New West. & Burnaby: #203 – 4946 Canada Way, Burnaby, V5G 4H7 | Phone: 604-660-8124 |

Ministry of Social Development and Poverty Reduction (MSDPR) – Persons With Disability (PWD) Benefits

1-866-866-0800 <http://www2.gov.bc.ca/gov/content/family-social-supports/services-for-people-with-disabilities/disability-assistance>

**Sample Copy of PWD Disability Designation application form <https://www2.gov.bc.ca/assets/gov/british-columbians-our-governments/policies-for-government/bc-employment-assistance-policy-procedure-manual/forms/pdfs/hr2883.pdf>

Local MSDPR Employment and Income Assistance Offices:

1) New Westminster: 202- 1015 Columbia Street, New Westminster V3M 6H6 Phone: 1-866-866-0800

2) Port Coquitlam: B100 – 2099 Lougheed Highway, Port Coquitlam V3B 1A8 Phone: 1-866-866-0800

Disability Alliance BC - Advocacy Access Publications Help Sheets:

***Very useful help sheets on applying for Person with Disabilities Benefits through the Ministry of Social Development and Poverty Reduction <http://disabilityalliancebc.org/category/publications/help-sheets/>

Developmental Disabilities Mental Health Services:

2248 Elgin Avenue, Port Coquitlam, V3C 2B2 Phone: 604-777-8475

Provides specialized mental health services for individuals who live with co-existing developmental disabilities and a mental illness, and/or challenging behaviors. Developmental Disabilities Mental Health Services is an open referral service accepting referrals including, but not limited to, Community Living BC, general practitioners, hospitals, mental health centers, families, caregivers, schools, etc; all referrals require approval by the client's general practitioner.

Eligibility information: Psychological assessment indicating an IQ of 70 or below; have a mental illness and/or challenging behavior; have developed the intellectual disability before the age of 18. Clients must meet Ministry of Children and Family Development criteria. Restricted to age range > 12 years, incl.

<https://www.healthlinkbc.ca/services-and-resources/find-services?First=1&country=Canada&sp=BC&county=-1&city=-1&org=53965&agencynum=17645235>

Ministry of Health - Community Care Services:

Health Services for Community Living: provides nursing, rehabilitative consultation, nutritional and dental support to adults with developmental disabilities. Services are designed to provide non-emergency health services that augment existing community resources. The professionals of the Health Services for Community Living program work in partnership with [Community Living BC](#) to support British Columbians with developmental disabilities.

<https://www.fraserhealth.ca/Service-Directory/Services/home-and-community-care/health-services-for-community-living#.W2nhFIVKiU>

Home Health - Choice in Supports for Independent Living (CSIL):

Choice in Supports for Independent Living (CSIL) is an alternative for eligible home support clients. CSIL was developed to give British Columbians with daily personal care needs more flexibility in managing their home support services. <https://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/care-options-and-cost/choice-in-supports-for-independent-living>

CSIL is a "self-managed model of care". Clients receive funds directly for the purchase of home support services. They assume full responsibility for the management, co-ordination and financial accountability of their services, including recruiting, hiring, training, scheduling, and supervising home support workers.

Who is Eligible for CSIL? Eligible clients: eligible to receive Home Health Services ([eligibility for Home Health Services](#)); medically stable; require daily personal assistance; have the ability to direct all aspects of their care or have a client support group to do so; and have demonstrated the ability to manage care services.

Getting Help Managing CSIL Services - seniors and people with disabilities who are unable, or not always able, to direct their own care can obtain CSIL funding through the formation of a client support group. **What is a Client Support Group?** A client support group (also known as a Microboard™) consists of five people who have registered as a non-profit society for the purpose of managing support services on behalf of a CSIL client. Family members, friends, neighbors, an advocate, family physician or others may be members of the client support group. The client support group takes on all the responsibilities of an employer. CSIL funds go directly to the group to purchase home support services on behalf of their client.

Brain Injury:

<https://www.fraserhealth.ca/Service-Directory/Service-At-Location/6/1/acquired-brain-injury-and-concussion-services#.W2niTIVKiUk>
<http://www.brainstreams.ca/>

Other Resources:

Representation Agreements: Legal authority for your son / daughter at age 19+

A Representation Agreement with Section 7 Standard Powers is a legal document in British Columbia for personal planning that is available to people who need help today. Two common situations of people who need help today are:

Turning 19: *If you have a relative or friend who is under 19 years old and who will need assistance making decisions about some or all of their affairs after they reach adulthood (19 years of age), visit our [Turning 19](#) page. Young people may need assistance due to a developmental disability, acquired brain injury, Fetal Alcohol Syndrome, or other disability or health condition. This webpage links to specific resources these individuals and their personal supporters (parents or other relatives or legal guardians) or professional helpers can use to learn about Representation Agreements and how to help the adult make and register one.*

Nidus Personal Planning Resource Center and Registry <http://www.nidus.ca> – info on Representation Agreements (click on tabs like ‘self-help’; ‘videos’ & ‘tools’ to learn about Representation Agreements with Section 7 standard powers) “ **Turning 19**” http://www.nidus.ca/?page_id=4490
http://www.nidus.ca/PDFs/Nidus_Info_RA_Turning19.pdf

Representation Agreement and Direct Funding from Community Living BC - According to Community Living BC (CLBC) policy, a Representation Agreement is needed if Direct Funding is more than \$6,000.00 annually and the Agent (person who manages the Direct Funding from CLBC) is not the individual who will be receiving services.
http://www.nidus.ca/PDFs/Nidus_Info_RA_DirectFunding_CLBC.pdf

Disability Alliance BC: <http://www.disabilityalliancebc.org/>

Advocacy Access Publications Help Sheets: <http://disabilityalliancebc.org/category/publications/help-sheets/>

*These Help Sheets have very useful information about PWD benefits (applying, benefits offered, questions, appeal process, etc.)

Post-Secondary Adult Special Education Programs:

- **Douglas College Vocational Education and Skills Training Program:**
<http://www.douglascollege.ca/programs-courses/faculties/child-family-community-studies/vocational-education-and-skills-training>
- **Vancouver Community College Adult Special Education:**
<http://www.vcc.ca/programscourses/program-areas/students-with-disabilities/adult-special-education---part-time-courses/>
- **Capilano University:** <http://www.capilanou.ca/programs--courses/program-profiles/education-and-employment-access-certificate/?&tab=tab-program-details>
- **Kwantlen Polytechnic University Access Programs for People with Disabilities:**
<http://www.kpu.ca/aca/appd>
- **Steps Forward – BC Initiative for Inclusive Post-Secondary Education:**
<https://www.bc-ipse.org/>

Down Syndrome Research Foundation - the Down Syndrome Research Foundation has educational programs designed to enhance the skills that will support full social inclusion. Programs offered focus on three key areas: speech and language, reading and communication, and enhancing the life skills that will foster maximum independence. <https://www.dsrfg.org/programs-&-resources/our-programs/>

Employment:

***Check with local community living agencies about their employment programs & also Ministry of Social Development and Poverty Reduction for employment strategies**

WorkBC <https://www.workbc.ca/resources-for/people-with-disabilities.aspx>

CBI Consultants: Employment programs <http://www.cbiconsultants.com/> or <https://cbiconsultants.com/customized-employment/how-to-access-ce-services/>

Community Volunteer Connections:

<https://volunteerconnections.ca/our-programs/developmental-disabilities/>

Volunteer Burnaby: <http://volunteerburnaby.ca/>

CLBC info: <http://www.communitylivingbc.ca/individuals-families/support-for-adults/employment-initiative/>

Inclusion BC Campaign (re-employment): <http://www.inclusionbc.org/our-priority-areas/employment>
 Ready, Willing & Able <https://inclusionbc.org/our-services/ready-willing-able/>

Financial Planning:

Registered Disability Savings Plan: Government of Canada <https://www.canada.ca/en/employment-social-development/programs/disability/savings.html>

RDSP Resource Centre <http://www.rdspresource.ca/> Phone: 1-855-773-7377

<http://rdsp.com/>

http://www.rdsp.com/wp-content/uploads/2016/02/PLAN_SBS_Guide_160211_HR-2.pdf

Planned Lifetime Advocacy Network (PLAN): info and workshops on planning in areas such as wills, trusts, financial and estate planning, housing, support networks, etc. www.plan.ca

Endowment 150: The Endowment 150 grant offers eligible people with disabilities a one-time grant of \$150 to help their Registered Disability Savings Plan (RDSP) grow. Endowment 150 grants are available for individuals and families with low-incomes who are residents of BC and have an RDSP. <http://endowment150.ca/>

Disability Alliance BC - Tax Assistance and Information for People with Disabilities DABC (Tax AID DABC): Through this program, we assist people who are receiving the Persons with Disabilities (PWD) benefit or the Persons with Persistent and Multiple Barriers (PPMB) benefit with simple income tax filings and information/referrals.

<http://disabilityalliancebc.org/direct-service/file-income-taxes/>

Tax, Trust and Estate Services for people with disabilities and their families: Ability Tax

<http://abilitytax.ca/>

Fuel Tax Refund for Persons with Disabilities: When you purchase fuel in B.C., you pay fuel tax. If you have a [qualifying disability](#), the fuel tax refund program allows you to request a refund of the provincial motor fuel tax you paid in B.C. on fuel you used in a vehicle you own or lease. If you qualify, you're eligible for a fuel tax refund of up to \$500 each calendar year. <https://www2.gov.bc.ca/gov/content/taxes/sales-taxes/motor-fuel-carbon-tax/fuel-tax-refund>

Some Local Community Living Agencies:

Burnaby Association for Community Inclusion: 604-299-7851 <http://www.gobaci.com/>

Community Integration Services Society: 604- 461-2131 <http://www.gociss.org/>

Community Living Society: 604-523-0303 <http://www.communitylivingsociety.ca/>

Community Ventures Society: 604- 939-8070 <http://www.communityventures.ca/>

Fraserside Community Services Society: 604-522-3722 <http://www.fraserside.bc.ca/>

Kinsight Community Society: 604-525-9494 www.kinsight.org

posAbilities: 604-299-4001 <http://www.posabilities.ca/>

Strive Living Society: 604-936-9944 <http://striveliving.ca/>

Spectrum Society for Community Living: 604-323-1433 <http://www.spectrumfriends.ca/>

Advocacy:

Inclusion BC: A provincial federation dedicated to advancing rights, promoting abilities, and building awareness as they work to support full citizenship for all. <http://www.inclusionbc.org/>

Complaint Resolution - Integrated Services Support Team:

If you have concerns about the services you are receiving from CLBC and another agency, the Integrated Services Support Team may be able to help.

Who Can Get Help

We can help you if you meet all these criteria:

- You have a developmental disability or are helping a family member who has a developmental disability
- You are eligible to get help or are already getting help from CLBC
- You are also getting help from **more than one** government ministry or agency
- You have a problem with CLBC **and at least one** other government ministry or agency
- You have already talked to CLBC but the problem is still happening

We will:

- Review your case
- Work with your local service providers
- Help you make choices
- Provide other help as needed

We can help you work with:

- Ministry of Social Development & Poverty Reduction
- Ministry of Children and Family Development
- Ministry of Health
- Ministry of Education
- Ministry of Advanced Education
- CLBC
- BC Housing
- Public Guardian and Trustee

How to Get Help

- Call **1 855 356-1635** and leave a message with your name and telephone number
- Email us your name, telephone number and a little bit about your problem
- Download the [Integrated Services Support Request form \(PDF\)](#), then:
 1. Fill it in
 2. Save it on your computer
 3. Email it to us at isst@gov.bc.ca

If you have a hard time with forms, please call us instead.

After we get your message or form, we will:

- Contact you within two days
- Review your request with your local service providers

If we can't find a solution by talking to your local providers, we will talk to the provincial working group. If we still can't find a solution, we will talk to the deputy minister's committee.

Privacy

We need to collect some of your personal information to help you. We will only share this information to help us answer your request. Your information is protected by the *Freedom of Information and Protection of Privacy Act*.

The Representative for Children and Youth

The Representative for Children and Youth provides advocacy services to children, youth, and their families who need help dealing with the child and youth serving system and ensures that the voice of young people are heard and considered and that their rights and interests are upheld in decisions that are being made about them. <https://www.rcybc.ca/>

The Representative is now able to advocate for British Columbians who are between their 19th and 24th birthdays and are eligible to receive Community Living BC (CLBC) services **and** have also received a reviewable service within 15 months before their 19th birthday. To connect with one of the RCY's advocates or for general questions or comments, you can contact us by email, phone (1-800-476-3933) or by using the secure and confidential form located at <https://www.rcybc.ca/get-help-now/contact-us>

The Advocate for Service Quality

The Advocate's job is to help adults with developmental disabilities and transitioning youth with special needs and their families have access to supports and services that are available. The Advocate can help with services from the Ministry of Social Development and Social Innovation, from other ministries, Community Living BC or from service agencies in the community.

Phone: 604-775-1238 email: ASQ@gov.bc.ca

<http://www2.gov.bc.ca/gov/content/family-social-supports/services-for-people-with-disabilities/supports-services/advocate-for-service-quality>

The Office of the Ombudsperson

The Office of the Ombudsperson can help determine whether [provincial public authorities](#) have acted fairly and reasonably – and whether their actions and decisions were consistent with relevant legislation, policies and procedures. As an independent statutory office of the provincial legislature, our services are provided free of charge. <https://bcombudsperson.ca/>

The Information and Privacy Commissioner

The Information and Privacy Commissioner can provide an independent review for any person who is concerned that their privacy has not been respected by CLBC or their request for access to information has not been granted. <http://www.oipc.bc.ca/>

The Office of the Public Guardian and Trustee

The Office of the Public Guardian and Trustee provides services to individuals and families where there are issues related to guardianship or the management of an individual's financial or personal affairs including health care consents, adult guardianship and substitute decision-making.

<http://www.trustee.bc.ca/> . In the Vancouver area phone: 604- 660-4444. All of the above offices may also be reached by calling Enquiry BC toll free at 1-800-663-7867. <http://www.trustee.bc.ca/Pages/contact-us.aspx>

Other Resources:

Vela Canada: Creating your own Microboard™ – nonprofit society <http://www.velacanada.org/>

A Vela Microboard is formed when a small group (micro) of committed family and friends join together with a person with challenges to create a non-profit society (board). Together this small group of people addresses the person's planning and support needs in an empowering and customized fashion. A Vela Microboard comes out of the person centered planning philosophy and is therefore created for the sole support of one individual.

Community Living BC “Citizen” Newsletter: – info, stories, and articles.

<https://www.communitylivingbc.ca/whats-new/newsletters/>

Family Support Institute: provincial family support network www.familysupportbc.com

Support Worker Central: Finding compatible support workers to assist you or your family member with a disability can be challenging. Support Worker Central is an [online database](#) designed to match individuals, families and agencies with support workers in their communities.

<http://www.supportworkercentral.com/>

Bus Pass Program for People on PWD: <https://www2.gov.bc.ca/gov/content/transportation/passenger-travel/buses-taxis-limos/bus-pass/people-with-disabilities>

Parking Permit Program for Persons with Disabilities: <http://www.sparc.bc.ca/parking-permit>

BC Ferries: Disabled Status Identification (DSI) Card – discount passenger fare

http://www.bcferries.com/travel_planning/disabilities.html

Access 2 Entertainment – Access 2 card™: provides free admission (or significant discount) for support persons accompanying a person with a disability at member movie theatres across Canada. The person with the disability pays regular admission. <http://www.access2card.ca/>

101 Ways to Make Friends Book and Website: share strategies for creating, expanding and deepening networks of support for folks with disabilities, their supporters, friends and families... for our workshop schedule, check out www.101friends.ca. You can sign up for a regular email newsletter.

Book: The Power of Knowing Each Other: Stories about Informal Safeguards told by BC Families

[http://www.communitylivingbc.ca/wp-content/uploads/ThePowerofKnowingEachOther\(web\).pdf](http://www.communitylivingbc.ca/wp-content/uploads/ThePowerofKnowingEachOther(web).pdf)

I Can Be Safe Online <http://www.communitylivingbc.ca/projects/i-can-be-safe-online/>

CLBC has launched icanbesafeonline.com, Canada’s first website dedicated to educating adults with developmental disabilities and their families on how to use the Internet safely. A fun and easy to use website that has safety tips, videos, stories, quizzes and a blog to help educate, empower, and equip people with the basic safety information they need so they can be safer when online. The website also has a section specifically for families so they can learn what risks may exist when online and what they can do to make sure that the people they care about are being safe when using the Internet. Please click the website address below to visit the site where you can read the tips, watch the videos, take the quiz and learn how to be safe online!

Tyze Personal Networks – A social networking site built around a person <http://www.tyze.com/>

Camping Fees for Persons with Disabilities: <http://www.env.gov.bc.ca/bcparks/fees/disability.html>

The purpose of this program is to provide support for persons with disabilities who are also receiving income assistance from the authorities identified.

Special Olympics BC: www.specialolympics.bc.ca

ACT – Autism Community Training - Autism Community Training is an information, training, and referral service supporting individuals with autism and their families. The organization’s goal is to enable parents, professionals, and para-professionals to support children and adults with autism to live “productive, satisfying lives within their families and communities.” <http://www.actcommunity.ca/>

Assistive Technology BC - Assistive Technology BC (ATBC) provides assistive technology resources to make learning and working environments usable for people with disabilities throughout British Columbia. In collaboration with persons with disabilities, post-secondary institutions, employers, community organizations, and our funding partners, ATBC offers a wide range of coordinated technology services including assessments, assistive equipment, training, and consultation to enable persons with disabilities to achieve their educational and employment goals.
<http://www.at-bc.ca/>

Communication Assistance for Youth and Adults (CAYA) - CAYA **operates** as a project created through Special Education Technology BC (SET-BC). Our clients are adults aged 19 years and older who require an augmentative/alternative communication (AAC) system due to a severe communication disability, i.e. speech that is not functional for daily communication. The goal of CAYA is to ensure that eligible individuals have access to the communication tools and professional support to enable them to create an adult life to the best of their abilities.
<http://www.cayabc.org/>

Kinsight’s Transition Program staff can be reached at 604-528-3950 ext. 332, or you may email Kathy Trotter, Transition Consultant, at ktrotter@kinsight.org .

