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April 2019

## Age Wave Study Shows Growing Older Adult Population

AgeOptions recently engaged Rob Paral of Rob Paral & Associates to prepare a demographic study of the older adult population in suburban Cook County. The report, which uses the term “Age Wave” to describe the growth of this population, shows the current population and percentage of seniors and projects both overall growth and changes in age distribution within the older adult demographic.

Suburban Cook County currently has a population of almost 552,000 individuals age 60 and older, representing 22 percent of the total population, according to the report. Paral projects a 23 percent increase (121,568) in five years, bringing the 60+ population to more than 650,000. The fastest change will involve persons 70 to 79 years of age, and the African-American population.

In addition to the Age Wave component, the study includes reports on disease and risk in the older population and a breakdown of data by legislative district.

[Click here to see the full reports on the AgeOptions website.](#)