



You can make a difference. Donate!  PayPal

NOW

Your Update from AgeOptions

December 2019

Participants Needed for Memory Loss Study

Has someone you love been affected by memory loss? If so, you may be eligible to participate in a national study aimed at stopping memory loss and Alzheimer's disease.

Rush University Medical Center is recruiting people between 60 and 79 who have a first degree relative (sibling or parent) with Alzheimer's disease, memory loss or dementia to participate in U.S. POINTER (U.S. Study to Protect Brain Health Through Lifestyle Intervention to Reduce Risk). The national research study is aimed at preventing cognitive decline in older adults through lifestyle modifications.

U.S. POINTER is coordinated by Wake Forest Baptist Health and supported by the Alzheimer's Association. It's designed to determine if healthy lifestyle changes can protect memory in older adults and improve and protect brain health.

The study will enroll 2,000 volunteers at risk for memory loss in up to five regions across the country. Eligible participants include people who:

- Are 60 to 79 years of age
- Do not exercise regularly
- Do not have current memory problems
- Have a first-degree family history of memory problems (parent or sibling)
- Live within a study recruitment area

Benefits of participating include:

- Lifestyle coaching

AgeOptions.

1048 Lake Street, Suite 300
Oak Park, IL 60301-1102

phone (708)383-0258
fax (708)524-0870

(800)699-9043
ageoptions.org

- Regular memory checkups
- Blood testing and physical exams

To learn more about U.S. POINTER, call (708) 660-6463, visit alz.org/us-pointer or email pointer@rush.edu.