

Lastly, the handshake is a traditional way doctors and all patient care providers convey warmth and empathy to patients and family members. However, avoiding contagious diseases like the common cold, strep throat, and the flu is important to everyone including myself. A great percentage of my clients are immune compromised due to cancer and other conditions and their required treatments. Here are a few easy things you can do to fight the spread of germs. Upon arrival and after checking in with the receptionist, wash your hands thoroughly in preparation for your appointment. If you have had a recent vaccine of any kind or been around anyone that has received one, notify me prior to your appointment. Many diseases are spread through sneezes and coughs. When you sneeze or cough, the germs can travel 3 feet or more! Cover your mouth and nose to prevent the spread of infection to others. **Please note I am unable to see you in the office if you are having active respiratory symptoms including fever and cough or other communicable illness.** Remote testing is an option. I aspire to provide a safe, clean and germ free atmosphere to you and all my clients. Let's work together and make this possible. I prefer that you express your appreciation of me with a smile and sincere words of gratitude. *Thank you for respecting our time together and my Policies. I appreciate your business and want to work to your satisfaction in achieving your health goals!*

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