

NHMA Cholesterol Management Campaign

NHMA is continuing our Cardiovascular Disease Education Campaign to increase awareness among key policymakers, patient advocates and healthcare providers on the prevalence of high cholesterol in our communities and with new guidelines and new treatment, we can decrease probability of myocardial infarctions.

Below are policy recommendations that NHMA advocates for during our advocacy days this year in Sacramento, CA in February, Austin, TX in May, and in Tallahassee, FL and Albany, NY in October:

- Support a communication campaign for cholesterol prevention and screening
- Encourage cholesterol screenings at younger ages for high-risk populations.
- Support guidelines for diets like DISH (Dietary Approaches to Stop Hypertension) eating plan promoted by the National Heart, Lung and Blood Institute.
- Promote smoking cessation programs through culturally and linguistically competent methods.
- Establish a state Prevention and Wellness Trust that includes lowering cholesterol as a priority.
- Develop diversity in medical education to increase Hispanic physicians.

Visit our website for more information: <https://www.nhmamd.org/programs/nhma-cholesterol/>

Past Events:

NHMA Congressional Briefing - High Cholesterol in Our Communities: Strategies for a Healthier Future

July 25, 2019 | 12:00 PM – 1:00 PM

NHMA along with co-hosts, the Association of Black Cardiologists, Inc., Alliance for Patient Access, and the National Minority Cardiovascular Alliance, hosted a congressional briefing on “High Cholesterol in our Communities: Strategies for a Healthier Future.” We had welcoming remarks from the Honorable Robin Kelly (IL-02) and the Honorable Tony Cardenas (CA-29). The panel consisted of Gary Gibbons, MD, Director, National Heart, Lung, and Blood Institute, Carlos Rodriguez, MD, MPH, FAHA, FACC, Vice Chair, Academic Affairs for Cardiology, Director of Cardiovascular Research, and Director of Cardiovascular Epidemiology, Albert Einstein College of Medicine, and CAPT Richardae Araujo, PharmD, MS, Associate Commissioner for Minority Health, Director, Office of Minority Health & Health Equity, U.S. Food and Drug Administration. View the agenda [HERE](#) and the presentations [HERE](#).

The graphic provides details for the NHMA Congressional Briefing. It includes the event title, date and time, location, and RSVP information. It also lists the speakers and co-hosts with their respective titles and affiliations.

NHMA
National Hispanic Medical Association

Congressional Briefing:
High Cholesterol in our Communities:
Strategies for a Healthier Future

Join us as we discuss policies to decrease high cholesterol in our communities.
Lunch will be provided

EVENT INFORMATION

July 25, 2019
12:00 PM - 1:00 PM
RSVP by July 24, 2019: <http://bit.ly/NHMA-Cholesterol>

2043 Rayburn HOB
45 Independence Avenue, SW
Washington, D.C. 20515

WELCOMING REMARKS

- Congresswoman Robin Kelly (IL-02)
Director, Congressional Black Caucus
Healthcare Task Force
- Congressman Tony Cardenas (CA-29)
Member, Congressional Hispanic Caucus
Health and National Health Policy Forum

SPEAKERS

- Elena Rios, MD, MSPH, FAAP
President & CEO
National Hispanic Medical Association
- CAPT Richardae Araujo, PharmD, MS
Associate Commissioner for Minority Health
Director, Office of Minority Health & Health Equity
U.S. Food and Drug Administration
- Gary Gibbons, MD
Director
National Heart, Lung, and Blood Institute
- Carlos Rodriguez, MD, MPH, FAHA, FACC
Vice Chair, Academic Affairs for Cardiology
Director of Cardiovascular Research, and
Director of Cardiovascular Epidemiology
Albert Einstein College of Medicine

CO-HOSTS

- ABC
Association of Black Cardiologists, Inc.
- APV
Alliance for Patient Access
- National Minority Cardiovascular Alliance

For any questions, contact Ben Medina at benmedina@nhma.org | Stay Connected: [Facebook](#) [Twitter](#) [LinkedIn](#) [YouTube](#)

Cholesterol Management and Access in Minority Communities: New Guidelines from AHA & ACC

July 25, 2019 | 3:00 PM – 4:00 PM ET

NHMA hosted a [#CholesterolChat](#) with the NHMA Council of Young Physicians, NHMA Council of Residents, Latino Medical Student Association, and the LMSA-Midwest Region. The Twitter chat highlighted the barriers of cholesterol treatment access in minority communities as well as suggestions for physicians to encourage their patients to live heart-healthy lifestyles.

The graphic is for a Twitter chat event. It features the title, date and time, and logos for the host and co-hosts.

#CHOLESTEROLCHAT

Cholesterol Management and Access in Minority Communities: New Guidelines from AHA & ACC

THURSDAY JULY 25, 2019 3:00 PM ET

HOST:
NHMA
National Hispanic Medical Association
@NHMAMD

CO-HOSTS:

- NHMA**
National Hispanic Medical Association
Council of Young Physicians
@NHMACYP
- NHMA**
National Hispanic Medical Association
Council of Residents
@NHMACOR
- LMSA_National**
Latino Medical Student Association
@LMSA_National
- LMSA_Midwest**
Latino Medical Student Association
Midwest Region
@LMSA_Midwest