



National Hispanic Medical Association

NHMA 2019 Annual Conference to be co-hosted with the Hispanic Dental Association



The background of the slide shows a night view of the Washington D.C. skyline, with the Washington Monument and other buildings illuminated against a dark sky.

NHMA
National Hispanic Medical Association

HDA
HISPANIC DENTAL ASSOCIATION

SAVE THE DATE

National Hispanic Health Conference

Hyatt Regency Crystal City
Arlington, VA
April 11-14, 2019

Register Today: <http://bit.ly/NHMA2019>

[Speaker and Poster Presenter Information Here](#)

[Sponsors, Exhibitors, and Ads Information Here](#)

[Register Here](#)

[Visit Our Website for More Information Here](#)

NHMA College Health Scholars Program: Call for Mentors

The NHMA College Health Scholars Program, which is a virtual mentorship program, is currently seeking current medical, dental, nursing, public health, and graduate science students and professions to serve as mentors to pre-health/science students starting on April 2019. For more information and to sign up, visit <http://bit.ly/CallforMentors>. If you have any questions, please contact Ben Melano at bmelano@nhmamd.org.

For more information on NHMA College Health Scholars Program please visit: <http://bit.ly/NHMACHSP>.

The image is a promotional graphic for the NHMA College Health Scholars Program. It features the NHMA logo at the top left, which includes the acronym 'NHMA' in blue with a green and yellow stylized 'H' icon, and the full name 'National Hispanic Medical Association' below it. The main title 'College Health Scholars Program' is centered below the logo. The background is a light gray with a faint silhouette of a diverse group of people. The text 'NHMA is looking to increase the diversity of the health workforce with Hispanic physicians, health professionals, and scientist/researchers.' is displayed in the upper right area. In the center, the bold text 'CALL FOR MENTORS' is prominently displayed. Below it, the text 'We are seeking current medical, dental, nursing, public health and graduate science students to serve as mentors to pre-health/science students starting on April 2019.' is written. At the bottom, there is contact information: 'For more information and to sign up: <http://bit.ly/CallforMentors> or contact Ben Melano at bmelano@nhmamd.org or 202-628-5895'. Social media links for the program are also present at the bottom: a globe icon for the website, an Instagram icon with the handle '@NHMA_CHSP', and a Twitter icon with the handle '@NHMA_CHSP'.

NHMA Medical School Liaison Program

The NHMA Medical School Liaison Program started in January 2019. NHMA has matched five NHMA Liaisons and LMSA Medical School Chapter. These discussions are meant to give current medical students a perspective of reality of practicing medicine within the Latino communities where the medical school is situated. The program's aim is to complement what the medical students are currently learning in medical school, such as the day-to-day life of a doctor and various physician opportunities within the medical school and the Latino community. NHMA is actively recruiting NHMA members who are interested in serving as a NHMA Liaison to be paired with an LMSA Chapter for up to three years. To sign up to be an NHMA Liaison, please go to: <https://www.nhmamd.org/programs/nhma-medical-liason-program/> If you have any questions, please contact Ben Melano at bmelano@nhmamd.org

NIH All of Us Research Program

The National Institutes of Health opened national enrollment for the All of Us Research Program—a momentous effort to advance individualized prevention, treatment and care for people of all backgrounds—in collaboration with National Hispanic Medical Association (NHMA) and other partners. People ages 18 and older, regardless of health status, will be eligible to enroll. The official launch date was marked by community events in cities across the country as well as an online event. The overall aim is to enroll 1 million or more volunteers and oversample communities that have been underrepresented in research to make the program the largest, most diverse resource of its kind.

“Given that by 2042, one out of four people living in our nation will be Latino, NHMA has joined as a partner to encourage the Latino community to join the All of Us Research Program,” said NHMA president and CEO Elena Rios, MD, MSPH, FACP. “Their participation will provide information on how to better develop healthcare prevention and treatment programs for generations to come.”

Follow us on Twitter and Facebook to keep up with our partnership with the All of Us Research Program. To join, visit JoinAllofUs.org y en Español, on JoinAllofUs.org/es.

Partnering and Communicating Together (PACT) to Act Against Aids is a funded partnership between the Centers for Disease Control and Prevention (CDC), NHMA and some of the nation’s leading organizations representing the populations hardest hit by HIV and AIDS. Through a collaborative approach, PACT Members assist in achieving the goals of the National HIV/AIDS Strategy for the United States (NHAS) by reducing new HIV infections, improving health outcomes for individuals living with HIV, and reducing HIV related disparities. PACT Members utilize their distinct viewpoints in creating a wide range of communication, mobilization and outreach See <http://bit.ly/NHMA-AAA> and tap the CDC AAA Banner to join the campaign and be informed on basic information for your patients and community to talk about HIV prevention and treatment needs.

Act against Aids Fact of the Month – CME Opportunity: Physician author Colleen F. Kelley developed this this test and teach program to help primary care providers improve their recognition of patients who could benefit from HIV pre-exposure prophylaxis (PrEP) medications. The program includes three patient/provider video vignettes. Access the program here: <http://bit.ly/PrescribeHIVPrevention>

ACT AGAINST AIDS

PRESCRIBE HIV PREVENTION

PrEP has been shown to **REDUCE** the risk of **HIV infection** in people who are at **high risk** by up to **92%**

PEP To be **EFFECTIVE**, PEP must **begin** within **72** hours of **exposure**

NHMA 2018/2019 Influenza Campaign

NHMA has kicked off the New Year with the start of our campaign to *Decrease the Impact of Seasonal Influenza on Hispanics!* The purpose of this campaign is to increase influenza vaccination rates among Hispanic adult patients. Our plan is to educate physicians with reminders and targeted information to include the influenza vaccinations to patients with diabetes and cardiovascular disease, who trust the physician and are regular patients. We have a toolkit made by our National Advisory Committee for healthcare providers to use. The toolkit will be available soon on our website: <https://www.nhmamd.org/nhma-influenza-campaign/>. We will also be showcasing our toolkit at the 2019 Hispanic Health Conference on April 12-14, 2019, [register here](#). Stay tuned for updates on our campaign on [Twitter](#) and [Facebook](#).

Below are the NHMA members that will serve on our National Advisory Committee for our campaign.

Diana Torres Burgos, MD, MPH – New York, NY

Katherine Flores, MD – Fresno, CA

Pilar Guerrero, MD – Chicago, IL

Pilar Ortega, MD – Chicago, IL

Diana Peña Gonzales, MPH, CHES – La Habra, CA

If you are interested in joining the National Advisory Committee or getting involved, please contact Pedro Montenegro, pmontenegro@nhmamd.org.

Cholesterol Campaign

NHMA is continuing our Cardiovascular Disease education campaign and focusing on increasing awareness among key policymakers, patient advocates and healthcare providers on the prevalence of high cholesterol in our communities and how, as the top risk factor of Cardiovascular Disease, should be looked at to lower the disease in the Hispanic community. We will be using our summit series recommendations to further expand on the need for increasing access to innovative therapies that could address this issue. Visit our [website](#) for our Summit Recommendations and for more resources!



SAVE THE DATE:

High Cholesterol in Our Communities: Strategies For a Healthier Future

United States House of Representatives Rayburn House Office Building 2045

February 28, 2019 12:00pm-1:00pm

RSVP by February 25, 2019

bit.ly/nhmaheart2019