



National Hispanic Medical Association

## NIH All of Us Research Program

The National Institutes of Health opened national enrollment for the All of Us Research Program—a momentous effort to advance individualized prevention, treatment and care for people of all backgrounds—in collaboration with National Hispanic Medical Association (NHMA) and other partners. Those who are 18 and older, regardless of health status, will be eligible to enroll. The official launch date was marked by community events in cities across the country as well as an online event. The overall aim is to enroll 1 million or more volunteers and oversample communities that have been underrepresented in research to make the program the largest, most diverse resource of its kind.

“Given that by 2042, one out of four people living in our nation will be Latino, NHMA has joined as a partner to encourage the Latino community to join the All of Us Research Program,” said NHMA president and CEO Elena Rios, MD, MSPH, FACP. “Their participation will provide information on how to better develop healthcare prevention and treatment programs for generations to come.”

Follow us on Twitter and Facebook to keep up with our partnership with the All of Us Research Program. To join, visit [JoinAllofUs.org](http://JoinAllofUs.org) y en Español, on [JoinAllofUs.org/es](http://JoinAllofUs.org/es).

If you have any questions, please contact Ben Melano at [bmelano@nhmamd.org](mailto:bmelano@nhmamd.org)

## NHMA College Health Scholars Program

On May 1, 2019, NHMA officially started the Cohort 2 of its NHMA College Health Scholars Program. Funded by the Health and Human Services Office of Minority Health (OMH), the NHMA College Health Scholars Program is a 5-year program (until 2022) that matches a current pre-health college student with a health professional or health professional student to serve as their mentor throughout their time in college.

We want to thank all of the NHMA members who have signed up to be a mentor for the next generation of health professionals!

If you have any questions about the NHMA College Health Scholars Program, please contact Ben Melano at [bmelano@nhmamd.org](mailto:bmelano@nhmamd.org).

## NHMA Medical School Liaison Program

The NHMA Medical School Liaison Program started in January 2019. NHMA has matched five NHMA Liaisons and LMSA Medical School Chapter. These discussions are meant to give current medical students a perspective of practicing medicine within the Latino communities where the medical school is situated. The program's aim is to complement what the medical students are currently learning, such as the day-to-day life of a doctor and various physician opportunities within the medical school and the Latino community. NHMA is actively recruiting NHMA members who are interested in serving as a NHMA Liaison to be paired with an LMSA Chapter for up to three years. To sign up to be an NHMA Liaison, please go to: <https://www.nhmamd.org/programs/nhma-medical-liason-program/>.

If you have any questions, please contact Ben Melano at [bmelano@nhmamd.org](mailto:bmelano@nhmamd.org).

**Partnering and Communicating Together (PACT) to Act Against AIDS** is a funded partnership between the Centers for Disease Control and Prevention (CDC), NHMA and some of the nation's leading organizations representing the populations hardest hit by HIV and AIDS. Through a collaborative approach, PACT Members assist in achieving the goals of the National HIV/AIDS Strategy for the United States (NHAS) by reducing new HIV infections, improving health outcomes for individuals living with HIV, and reducing HIV related disparities. PACT Members utilize their distinct viewpoints in creating a wide range of communication, mobilization and outreach. See <http://bit.ly/NHMA-AAA> and tap the CDC AAA Banner to join the campaign and be informed on basic information for your patients and community to talk about HIV prevention and treatment needs.

**Act Against AIDS Fact of the Month** – Because HIV crosses the boundaries of sexual orientation, gender, age, and ethnicity, risk-based testing fails to identify many people with HIV. To solve this issue, the CDC recommends HIV screening for everyone in all health care settings. The *HIV Screening. Standard Care.* program provides tools and resources for incorporating HIV testing into primary care settings. For more information and to access these tools and resources, visit: [#ScreenForHIV](http://bit.ly/CDC-HSSC)



If you have any questions, please contact Vanessa Tellez, [vtellez@nhmam.org](mailto:vtellez@nhmam.org).

## NHMA Seasonal Influenza Campaign

NHMA has started our campaign to *Decrease the Impact of Seasonal Influenza on Hispanics!* The purpose of this campaign is to increase influenza vaccination rates among Hispanic adult patients. Our plan is to educate physicians with reminders and targeted information to include the influenza vaccinations to patients with diabetes and cardiovascular disease, who trust the physician and are regular patients. We have a toolkit created with the guidance of our National Advisory Committee for healthcare providers to use. The toolkit is available on our website here: <https://www.nhmam.org/nhma-influenza-campaign/>. Stay tuned for updates on our campaign on [Twitter](#) and [Facebook](#).

Below are the NHMA members that will serve on our National Advisory Committee for our campaign.

Diana Torres Burgos, MD, MPH – New York, NY

Katherine Flores, MD – Fresno, CA

Pilar Guerrero, MD – Chicago, IL

Pilar Ortega, MD – Chicago, IL

Diana Peña Gonzales, MPH, CHES – La Habra, CA

If you are interested in getting involved, please contact Ben Melano, [bmelano@nhmam.org](mailto:bmelano@nhmam.org).

## NHMA Cholesterol Management Campaign

NHMA is continuing our Cardiovascular Disease education campaign and focusing on increasing awareness among key policymakers, patient advocates and healthcare providers on the prevalence of high cholesterol in our communities and how, as the top risk factor of Cardiovascular Disease, should be looked at to lower the disease in the Hispanic community. We will be using our summit series recommendations to further expand on the need for increasing access to innovative therapies that could address this issue.

Below are policy recommendations that NHMA advocated for during our advocacy day at the California State Legislature were:

- Support a communication campaign for cholesterol prevention and screening
  - Encourage cholesterol screenings at younger ages for high-risk populations.
- Support guidelines for diets like DISH (Dietary Approaches to Stop Hypertension) eating plan promoted by the National Heart, Lung and Blood Institute.
- Promote smoking cessation programs through culturally and linguistically competent methods.
- Establish a state Prevention and Wellness Trust that includes lowering cholesterol as a priority.

***Cardiovascular Disease Fact of the Month:*** The number one killer for Latino Americans is heart disease and stroke. As physicians who treat Hispanics/Latinos, it is important to speak to your patients about cardiovascular disease and how to prevent it!

Make sure you are joining the conversation on our [Twitter](#) every Tuesday and Thursday mornings using the #NHMAHeart hashtag. Visit our [website](#) for our Summit Recommendations and for more resources!