

**National Hispanic Medical Association**  
***VIRTUAL 24<sup>th</sup> Annual Conference***  
**March 17-20, 2021**  
**PRELIMINARY AGENDA (note all times are EST)**

***Wednesday, March 17, 2021***

7:00pm-7:30pm     **Opening Reception – CME**

**Welcoming Remarks:**

Nereida Correa, MD, Chairwoman, NHMA Board of Directors

Mark Diaz, MD, Chairman, National Hispanic Health Foundation Board of Directors

Elena Rios, MD, MSPH, FACP, President & CEO, NHMA and NHHF

Pilar Guerrero, MD, Maria M. Garcia, MD, MPH – CoChairs, NHMA Conference Committee

Pamela Montano, MD, MPH, Chairperson, NHMA Council of Young Physicians

Keila Muniz, MD, Chairwoman, NHMA Council of Residents

Donald Rodriguez, President, Latino Medical Student Association

**Keynote Speaker** -- Congressman - TBN

7:30 pm-9:00 pm     **Networking Event**

***Thursday, March 18, 2021***

11:30am-1:00pm     **Opening Plenary – CME**

**Welcoming Remarks & NHMA 2020 Priorities**

**Elena Rios, MD, MSPH, FACP**

President & CEO

National Hispanic Medical Association

Description: This presentation will provide a review of lessons learned from NHMA membership on COVID-19 response and program accomplishments over the past 2 years.

**Federal Leadership for COVID-19 and Hispanic Health**

**Moderator:** Elena Rios, MD, MSPH, FACP

President & CEO

National Hispanic Medical Association, Washington, DC

Speakers - TBN

U.S. Department of Health and Human Services Leaders

Description: This presentation will provide an update for COVID-19 prevention and treatment and other high priorities to improve health of Latinos in 2021.

1:15pm-2:15pm     **Workshops A**

**A1. Research: Latino Health Research– CME – supported by Sanofi**

**Moderator:** Pilar Guerrero, MD, FACEP

Assistant Professor

Rush Medical College, Chicago, IL

**Influenza: A Unique Problem in Vaccination**

**Bert Johansson, MD**

Department of Pediatrics

Texas Tech University Health Sciences Center, El Paso, TX

Description: This presentation will provide an overview of influenza and vaccine uptake barriers and strategies for Latinos.

Integrated Efficacy and Safety Analysis Of GT1–6 Treatment-Naïve, Non-Cirrhotic and Compensated Cirrhotic Patients Who Received 8 Weeks Of Glecaprevir/Pibrentasvir

**Julio Gutierrez, MD**

Transplant Hepatologist, Gastroenterologist, and Obesity Medicine  
Transplant Institute, Coronado, CA

Description: This presentation will review a research study about patients who suffer from cirrhosis.

COVID -19 and Latinos

**Marina Del Rios, MD**

Chicago, IL

Description: This presentation will provide a summary of the management of COVID-19 among Latinos in Chicago.

**A2. Latino Children’s Health** – CME – sponsored by Abbott, Aetna Foundation/ CVS Health, and the Epilepsy Foundaton

**Moderator:** TBN

Latino Children’s Nutrition

**Maritza Irizarry, MD**

Phoenix, AZ

Description: This presentation will discuss strategies for improving eating habits and nutrition for Latino children to decrease obesity.

SKATE: A Successful Medicaid Care Model for Latino Children with Special Health Care Needs

**Luz Adriana Matiz, MD**

Associate Professor of Pediatrics  
Columbia University School of Medicine, New York, NY

Description: This presentation will describe special health care needs treatment for Latino children supported by Medicaid in New York State.

STOP Vaping Presentation

Speaker – TBN

Description: This presentation will discuss the NHHF Stop Vaping Campaign for middle and high school students and their families and how to participate as spokespersons.

Model of Integrated Mental Health into Primary Care for Immigrant Youth

**Maria Aramburu de la Guardia, MD**

Assistant Professor  
MedStar Georgetown University Hospital, Washington, DC

Description: This presentation will provide a review of a health system’s comprehensive care for immigrant youth in Washington, DC.

Epilepsy and Latino Children

Speaker TBN

Description:

### **A3. Policy: Medicare and Medicaid Updates for Medical Practice – CME**

**Moderator:** Maria M. Garcia, MD, MPH, FACP

Professor of Medicine

Physician Advisor for Utilization and Care Coordination

University of Massachusetts Medical School, Boston, MA

#### Medicare Policy Update

**Theresa Wachter, MA**

Health Insurance Specialist

Division of Policy, Analysis, and Planning, Medicare Drug and Health Plan Contract Administration Group,

Center of Medicare, Centers for Medicare and Medicaid Services, US DHHS

**Description:** This presentation will discuss innovations for Medicare providers to offer to beneficiaries in 2021 to improve health.

#### Value-Based Healthcare and Quality Metrics- What Every Clinician Should Know

**Johanna Vidal-Phelan MD**

Senior Medical Director, University of Pennsylvania Medical Center, Philadelphia, PA

**Description:** The purpose of this presentation is to equip clinicians and healthcare leaders in understanding key quality metrics and value-based concepts. Value in healthcare is defined as quality over cost. Discuss the definition of quality, how is it measure in today's market and best practices for quality improvement. Discuss how quality is paramount to value based care and population health.

#### Physician ICD-10 Codes for Social Determinants of Health

**Nelly Leon-Chison, RHIA**

Director of Coding and Classification

American Hospital Association, Chicago, IL

**Description:** This presentation will discuss coding for physicians to optimize payments for social determinants of health services to patients - transportation, food, housing and more.

### **A4. Elderly and Mental Health – CME**

**Moderator:** TBN

#### Pisando Fuerte: An Evidence-Based Program To Prevent Falls In Seniors

**Maria Mora Pinzon, MD, MS**

Scientist

University of Wisconsin, Madison, Madison, WI

**Description:** Pisando Fuerte is a multifaceted intervention that improves balance, strength and falls knowledge. It was developed using a rigorous scientific process that retains the key elements of Stepping On, while adapting them to sociocultural and contextual norms. For example, Pisando Fuerte includes more visual aids to overcome written literacy barriers, increases time of sessions to allow for socialization, and simplifies exercises to increase adoption of the new behaviors.

#### Understanding Emotional Effects of Cancer in the Latino Community

**Carlos Naranjo, MD**

Pharmacovigilance Specialist

Cancer Therapy Evaluation Program, Silver Spring, MD

**Description:** Among Latinos, cancer has surpassed cardiovascular disease as the leading cause of death. However, the paucity of oncology research focusing on Latinos makes it difficult to fully identify and understand factors that may influence cancer outcomes in this population. Therefore, it is imperative to elucidate how culture can both place Latinos at risk for deleterious cancer outcomes and facilitate resiliency within the cancer context.

Understanding Latino Cultural Factors: Fear of Cancer Recurrence (FCR) deserves a special mention

because this is the most prevalent unmet supportive care need in cancer. Studies have shown even higher rates in caregivers. FCR is the intrusive thinking and preoccupation with checking (for cancer) that has a negative impact on the patient's quality of life, psychological adjustment, ability to establish goals.

COVID-19 and Elderly and Mental Health

**Pamela Vergara-Rodriguez, MD** - invited

Description: This presentation will discuss the impact of COVID-19 on isolation of the elderly in the home and in the hospital or nursing home and depression and anxiety.

**A.5. Medical Education: Leadership & Burnout – CME**

**Moderator:** Jane Binger, EdD – *invited*

Senior Advisor, Center of Excellence in Diversity in Medical Education, Stanford Medicine; Co-Founder & Coach, DeepTok, Palo Alto, CA

Transforming Physicians into Leaders

**Miriam Zylberglait Lisigurski, MD, FACP**

Associate Program Director, Internal Medicine  
Aventura Hospital and Medical Center, Aventura, FL

Description: This interactive session will include: Using interactive questions, we will prompt self-reflection and recognition of individual leadership roles, styles and characteristics. Share data from previous studies regarding physician leadership skills and training programs and focus on challenges and opportunities.

Burnout and Resiliency for Physicians

**Leticia Vargas, MD**

Ob-Gyn, San Antonio, TX

**Elizabeth Valencia, MD, JD**

Diagnostic Radiology Specialist, Mayo Clinic, Rochester, MN

Description: This presentation will review how to deal with burnout among physicians and create resilience.

2:30pm–3:00pm

**Networking Break**

3:15pm–4:15pm

**INTEREST GROUP MEETING**

NHMA Chapter Leaders and Premier Members of NHMA

Facilitator: Ricardo Correa, MD and Diana Torres-Burgos, MD

Description: This presentation will discuss priorities for activities and increasing membership in 2021. activities

***Friday, March 19, 2021***

11:30am–1:00am

**PLENARY: Latino Health Care and Social Determinants of Health – CME – supported by Centene Corporation**

Description: This presentation will discuss strategies to address social determinants of health in cities with short-term and long-term impact on the health of Latinos.

**Moderator:** Jo Ivey Boufford, MD, Clinical Professor of Global Health, NYU Graduate School of Global Public Health

**Gloria Wilder, MD, MPH**

VP, Innovation and Health Transformation, Government Relations  
Centene Corporation, Washington, DC

**James Michel**  
Public Policy Lead  
Uber Health, Washington, DC

**Speaker TBN**  
Title  
Blue Cross Blue Shield Association, Washington, DC

1:15pm-2:15pm **WORKSHOPS B**

**B1. Technology and Health Care – supported by AllofUs Research Program – CME**

**Moderator:** Diana Ramos, MD, MPH, FACOG  
Assistant Clinical Professor  
Keck School of Medicine of USC, Los Angeles, CA

All of Us Research Program/NIH and Technology – Wearables, Open Access Subjects for Research, Genetic Testing

Speaker – TBN  
Title  
Organization

Description: This presentation will update the progress made in the enrollment and discuss the benefits of participating in the AllofUs Research Program of NIH.

Telemedicine Update

Title  
Organization

Description: This presentation will review the trends of technology use in health care delivery.

Halving Readmissions Rates: Effectiveness of Cano Health TEACH II (Telehealth After Critical Hospitalization) Study on 30-day Readmission Rates Among Latino Medicare Advantage Patients

**Richard Aguilar, MD**, Chief Clinical Officer  
**Morgan Conge**, Electronic Health Records Technician  
Cano Health, LLC, Miami, FL Cano Health, LLC, Miami, FL

Description: 50 MA subjects were enrolled within 72 hours of discharge from their local acute care hospital stay between March 2019 and November 2019. Mean age was 76 (76% female). 100% of patients were of Latin ethnicity; 100% expressed preference to receive care in Spanish. CM protocols and all other materials were validated in the previous Cano Health study, the TEACH Study [1]. ForCare measures, vital signs, medication reconciliation, compliance, medication availability, exacerbations, and implemented CM protocols were documented in electronic health records and visit logs which were enriched via telehealth monitoring within the MDFlow CM platform and interfaced with Cano Health's population health and CM platforms. Missing medications triggered pharmacy fulfillment and home delivery within 24 hours.

The Power of Combining Technology and Media to Improve Health Literacy and Health Access in the Latino Community

**Edith Bracho-Sanchez, MD**  
Assistant Professor of Pediatrics  
Columbia University, New York, NY

Description: Discuss the use of technology and media to improve health literacy and access to care. In this presentation, Edith will offer tactical insights into how she has built a successful podcast, has established media partnerships and is currently building a pediatric telemedicine program.

**B2. Mental Health: Immigrants- The Border and Beyond: US-Mexico Border Refugee Family**

## **Separation - CME**

**Moderator:** Elizabeth Lee-Rey, MD, MPH  
Private Medical Practice Partner  
Eastchester Medical Associates, PC, Bronx, NY

### Serving the Underserved: Addressing Health Care Disparities and Advocacy in a Border Community

**Francisco Fernandez, MD**

Harlingen, TX

**Alfonso Mercado, MD**

Associate Professor, Department of Psychological Science  
University of Texas Rio Grande Valley School of Medicine, Harlingen, TX

Description: US Hispanics, currently the largest minority group in the country, face disparities in the recognition of the effects of trauma and treatment of the medical-socio-cultural complications leading to negative health-related behaviors like substance use. Under-recognition may be related to language differences, health literacy barriers, somatic presentations, and use of cultural idioms for reporting issues relating to abuse and neglect, violence, and sexual assault. Financial barriers (lack of insurance) limits access to adequate care. Through the UTRGV Multicultural Laboratory and VIDAS Community Outreach Program, a population health approach to improve early detection, diagnosis, treatment, and research in the Rio Grande Valley is now in place.

### Traumatic Stress in Latino Immigrant Adolescents

**Mayela Leal Chanchi, MD**

MedStar Georgetown University Hospital, Washington, DC

Description: We consented, enrolled and distributed surveys to English or Spanish speaking adolescents who immigrated, or whose parents immigrated from a Spanish speaking country. We evaluated basic demographic information including age, gender, ethnicity, and whether trauma was experienced prior to, during, and/or after immigration. The Trauma Symptom Checklist for Children (TSCC) was used to measure the presence of symptoms of traumatic stress in these children. The TSCC is a self-report measure with 54 items that yield two validity scales (Underresponse and Hyperresponse); six clinical scales (Anxiety, Depression, Anger, Posttraumatic Stress, Dissociation and Sexual Concerns); and eight critical items (examining potential self-injury, suicidality, desire to harm others, etc.). Two supplemental questions were added to evaluate current available mental health services. Descriptive statistical analysis was the primary means of evaluating frequency of participant responses to experiencing trauma before, during and after immigration; as well as the frequency of participants with positive responses in each of the six clinical categories of symptoms. This project was developed with CME funds.

### **B3. Clinical Care of Chronic Disease Patients– Maryland A – CME – supported by CDC Working Together Against HIV**

**Moderator: Pilar Guerrero, MD**

#### Capacity Building of Community-Based Organizations to Encourage Annual Dilated Eye Exams Among Underserved Hispanic/Latino Adults

**Maria Zacharias**

Director of Communications, Office of Science Communications, Public Liaison, and Education  
National Eye Institute, Bethesda, MD

Description: In 2019, NEI asked one of its NEHEP partners, Ventanillas de Salud (VS) to help identify local partner organizations that could implement a pilot program among underserved Hispanic/Latino adults:

- VS operates through 50 active VS sites located in Mexican Consulates across the United States, and 11 Mobile Health Units that travel to community sites – such as churches, schools, and community centers – to deliver primary and preventive health services for Hispanics/Latinos and their families.
- Upon learning of the Ojo pilot's needs, VS identified MC and UA as appropriate partners to carry out the Ojo pilot in New York City and Phoenix respectively, mainly because they operate two Mobile Health Units. After several conversations with NEI, MC and UA agreed to support the Ojo pilot. The evaluation of the Ojo pilot related to its partnerships with MC and UA aims to achieve the following:
- Assess whether exposure to a training increases the capacity of CHWs to educate about eye health to

Hispanic/Latino adults (a) age 18 years and older with diabetes or hypertension. or (b) age 40 years and older, in New York, NY, and Phoenix, AZ.

- Track how closely CHWs deliver the eye health education to adults according to a protocol.
- Explain the systemic and individual factors that keep CHWs from delivering the eye health education to adults according to the protocol.

In February 2020, two bilingual NEI contractors will co-facilitate separate trainings with MC in New York City and UA in Phoenix: Each training will involve the organization's supervisors and CHWs and will last a maximum of 8 hours, divided across 2 days.

The training will teach CHWs how to use a protocol to:

- Recruit Hispanic/Latino adults into the Ojo pilot.
- Lead in-person group sessions with Hispanic/Latino adults that focus on their risk for eye diseases and the need for dilated eye exams (the content of the education is based on NEI's Diabetes and Healthy Eyes Toolkit).
- Carry out patient navigation telephone calls with Hispanic/Latino adults.
- Collect process and outcome evaluation data from Hispanic/Latino adults.

Drawing from the Health Belief Model, the NEI contractors will conduct a process and outcome evaluation of the Ojo pilot's partnership with the organizations through:

- In-person pre-and post-test surveys with 10 CHWs immediately before the start of and at the end of the training in February 2020.
- In-person observations of the second or third in-person group sessions conducted by the 10 CHWs in March 2020.
- In-depth telephone interviews with 3 organizational supervisors before the start of the implementation of the Ojo pilot in February 2020, during the middle of the implementation in April 2020, and at the end of implementation in June 2020.

This mixed methods approach will (a) assess whether the partnership worked, and (b) show why the partnership worked or did not work.

#### HIV Care Update

**Kenneth Dominguez, MD** – *invited*

Title

CDC

Description:

#### **B4. Business of Medicine & Health Literacy - CME**

**Moderator:** Gilbert Burgos, MD, MPH

Executive Director of Medical Affairs

Elderplan/Homefirst

#### Health Literacy Principles for Latino Patients

**Russell Bennett, MBA, CHIE**

Consultant

Institute of Healthcare Advancement, La Habra, CA

Description: This presentation will review materials to be used for medical practice and health education at appropriate literacy levels for lower educated persons.

#### Improving Patient and Provider Communication: A Case Study at Mount Sinai Health System

**Giselle Lopez-Ingram**

Language Coordinator, Language Assistance Program

Mount Sinai Health System, New York, NY

Description: This presentation will present the findings of a program to improve the understanding of patients as they visit their physicians for treatment and management plans.

Title of Presentation

Speaker TBN  
Title  
Organization

Description:

**B5. Women's Health** – *supported by Planned Parenthood - CME*

**Moderator:** Sergio Rimola, MD, FACOG

Attending Physician, OB-GYN Department

Inova Fairfax Hospital, Vienna, VA

Critical Analysis of Improving Access for Pregnant Latinas in Washington, DC

**Audrey Lucille Escobedo-Escotto, MD, MPH**

COO, Emerson Community Clinic, Silver Spring, MD

Description: Methodology:

As a critical analysis project, an extensive literature review and retrospective review of interventions and studies was done in order to gather accurate data regarding the main causes of maternal mortality and to better understand the health problem and its context.

In order to evaluate the quality of the literature review the COCHRANE review criteria checklist was used to evaluate quantitative studies. Additionally, to evaluate qualitative studies the COREQ checklist was also used as well as A Measurement Tool to Assess Systematic Reviews 2 (AMSTAR 2) to evaluate randomized and observational studies. The literature review included quantitative and qualitative reports, as well as cross-sectional analysis, cohort studies, case-control studies, and systematic reviews or innovative interventions designed to improve access and utilization of prenatal care.

The Changing Cervical Landscape: What Physicians and Latinas Need to Know

**Ysabel Duron**

Founder / CEO of the Latino Cancer Institute, San Francisco, CA

Description: The Latino Cancer Institute CEO, invited as a patient advocate to join the ASCCP Risk Management Committee, will share findings as well as raise awareness about the updated HPV /cervical screening guidelines and ways to increase Latina participation in screening and care of abnormal findings.

Title of Presentation

Speaker TBN

Title

Organization

Description:

2:30pm-3:30pm

**INTEREST GROUP MEETINGS**

IMG, COR and CYP, LMSA

3:30pm-6:30pm

**EXHIBIT HALL: Chat with Exhibitors to Advance your Career and Educate your Patients – Residency Programs, Graduate Schools, Health Systems, Health Care Industry, Federal Government**

3:30pm-5:30pm

**POSTER PRESENTATIONS – Hispanic health research and service-learning from Faculty, Residents, and Medical Students**

1:15pm-4:45pm

**NHMA- NIDDK Research Training for Last Year Residents, Fellows, Instructors interested in Research Careers**

7:00pm-9:00pm

**RECEPTION (CYP, COR Awards)**



*Saturday, March 20, 2020*

12:00pm–2:00pm **SCIENTIFIC EDUCATIONAL SESSIONS**

**C1 Diabetes Educational Session – CME – supported by educational grants**

Welcome and Introduction and Clinical Case Presentation

**Chair: Enrique Caballero, MD**

Endocrinologist, Faculty Director of Diabetes Education, Postgraduate Medical Education

Harvard Medical School, Cambridge, MA

Description: A Latino/Hispanic patient with type 2 diabetes with high cardiovascular and chronic kidney disease risk who has not achieved treatment targets and faces multiple medical, social, psychological and cultural challenges to improve diabetes control and reduce the risk of diabetes-related complications

Key Pathophysiological Abnormalities and Clinical Manifestations of Type 2 Diabetes, the Metabolic Syndrome and Related Disorders in Latinos/Hispanics

**Joanna Mitri, MD**

Endocrinologist

Joslin Center, Cambridge, MA

Description: This presentation will describe the current understanding of the Development of type 2 diabetes, obesity, non-alcoholic fatty liver disease and the Metabolic syndrome in Latino patients with type 2 diabetes. It will also guide attendees on how to evaluate and address some of these diabetes related disorders in routine clinical practice in these patients.

Current Status of Diabetes, Cardiovascular and Renal Disease in the Latino/Hispanic Community

**Fidencio Saldana, MD, MPH**

Dean for Students, Cardiologist

Harvard Medical School, Cambridge, MA

Description: This presentation will describe the pathophysiological connection among diabetes, cardiovascular and chronic kidney disease. In addition, it will guide attendees on how to assess cardiovascular risk in Latino patients with type 2 diabetes and provide practical strategies to manage key cardiovascular and renal factors in this population.

Diabetes Education for the Latino Patient with Diabetes: Why, When, Where and How?

**Ricardo Correa, MD, EsD, FACP, FAPCR, CMQ**

Endocrinology, diabetes and metabolism fellowship program director

University of Arizona College of Medicine, Phoenix, AZ

Description: This presentation will illustrate the common challenges but also related opportunities to optimize diabetes patient education programs geared at the Latino/Hispanic community. Some examples of successful intervention will be shared with the audience as well as some key information on community resources to improve diabetes education in this high-risk group

The “A to Z” for the Management of Type 2 Diabetes in the Latino Community and Other Culturally Diverse Populations

**Enrique Caballero, MD**

Description: This presentation will guide the audience on how to practically evaluate and address frequent biological, psychological, emotional, social and cultural factors that influence the development and course of type 2 diabetes among Latinos/Hispanics. Dr. Caballero has published an “A to Z” list that include these factors and how to address them in clinical practice.

Revisiting the Clinical Case + Panel Discussion

## **C2 Cardiovascular Disease Education Session – CME – supported by educational grants**

### Welcome and Introductions

**Chair: Carlos J. Rodriguez MD, MPH, FACC, FAHA**

Professor of Medicine, Cardiologist

Albert Einstein College of Medicine, The Bronx, NY

Description:

### Overview of Epidemiology, Pathophysiological and Clinical Manifestations Cardiovascular Disease in Latinos/Hispanics Highlighting the Importance of Disaggregated Data

**Fatima Rodriguez, MD, MPH**

Assistant Professor of Medicine, Cardiologist

Stanford University Medical Center, Stanford, CA

Description: This presentation will describe the current understanding of cardiovascular disease in Hispanics, as a diverse ethnic population, varying in race, national origin, immigration status, and other socioeconomic characteristics. It will also guide attendees on how the impact of disaggregated data in routine clinical care and assessment of cardiovascular risk in the Hispanic population.

### Current Status of Heart Failure (Hfpef And Hfref) Disparities and Treatment in the Latino/Hispanic Community

**Hector O. Ventura, MD, FACC, FACP**

Section Head, Cardiomyopathy and Heart Transplantation

Ochsner Medical Center Cardiology, New Orleans, LA

Description: This presentation will describe the pathophysiological connection of heart failure with cardiovascular risk factors such as diabetes, obesity, and hypertension in the Hispanic population. In addition, it will guide attendees on how to distinguish HFpEF and HFrEF and provide practical strategies to manage key heart failure conditions in the Hispanic population. This presentation will also address the important intersection of biological, psychosocial, emotional, and cultural factors that influence the development and course of cardiovascular disease among Latinos/Hispanics.

### Dyslipidemia in the Latino/Hispanic Community

**Leandro Slipczuk Bustamante, MD, PhD, FACC**

Director of the Advanced Cardiac Imaging Program and the Cardiovascular Atherosclerosis and Lipid

Disorder Center at Montefiore Cardiology Division

Albert Einstein College of Medicine, The Bronx, NY

Description: This presentation will describe the various lipid disorders relevant to the Hispanic population. It is not just LDL-C that is important among Hispanics but also mixed dyslipidemia, apoB and Lp(a) levels. Familial hypercholesterolemia (whether homozygous or heterozygous) will be discussed as this condition is likely underappreciated and undertreated among Hispanics.

### Coronary Heart Disease (Angina, Heart Attacks and Coronary Revascularization) in The Latino Patient: Why, When, Where and How

**Mauricio G. Cohen, MD, FACC, FSCAI**

Professor of Medicine

University of Miami Miller School of Medicine, Miami, FL

Description: This presentation will illustrate the common challenges but also relate opportunities related to management of coronary heart disease in the Hispanic population. Some examples of successful interventions will be shared with the audience as well as some key information on community resources to improve cardiovascular health in this high-risk group.

### The Hispanic Paradox Debate: Is it Relevant to Cardiovascular Disease in the Latino Populations

**Cesar Jose Herrera, MD**

Cardiologist

Albert Einstein University/Montefiore Medical System, Bronx, NY

**Description:** This presentation will guide the audience on the differing perspectives of the Hispanic Paradox and its influence on cardiovascular disease management in the Hispanic population. **Pro:** Speaker will present on the positive aspects of the Hispanic Paradox and why it is important when considering the biology, prevention, treatment and care of cardiovascular disease in Hispanics. **Con:** Speaker will present on cautions of the Hispanic Paradox how to practically evaluate and address our gaps of knowledge of the Hispanic Paradox as it pertains to the development and course of cardiovascular disease among Latinos/Hispanics.

#### Panel Discussion

### **C3. MEDICAL STUDENT SECTION: Key Decisions in Medicine and Surgery Careers-CME**

**Moderator:** Minerva Romero Arenas, MD

President, Latino Surgical Society

**Description::** This presentation will provide an overview of admission preparation for medical residency programs and career activities of the speakers.

#### **Panel A**

Rose Diaz, MD, Emergency Medicine, HOSPITAL

Ruben Mora, MD, Family Medicine, UTRGV

Fernando Diaz, MD, Internal Medicine, Hematology-Oncology, UTRGV

Susana Vargas-Pinto, MD, General and Endocrine Surgery, HOSPITAL

Marla Matal, MD, Anesthesia, HOSPITAL

Guadalupe Herrera Garcia, MD, ObGyn, Maternal Fetal Medicine

#### Interprofessional Education and Practice to Serve Our Community

#### **Javier Sevilla-Martir, MD**

Professor of Family Medicine and Assistant Dean of Diversity

Indiana University Medical School, Indianapolis, IN

#### **Panel B**

April Mendoza, MD

Co-director, Surgical Nutrition

Assistant Professor in Surgery, Harvard Medical School

Associate Director of Trauma Research

#### Cardiothoracic Surgery in the Latino Patient

Jonathan Villena-Vargas, MD

Resident in Cardiothoracic Surgery

#### Trauma Surgical Care in the Latino Patient

Chantal Reyna, MD, FACS

Assistant Professor of Surgery, Breast Surgical Oncologist

University of Cincinnati College of Medicine

Alejandro Javier Rios Tovar, MD

General Surgeon, El Paso, TX

2:15pm- 3:15pm

### **C4. Organizational Development Interactive Meeting for Medical Societies, Health Professional Associations, Patient Advocacy Organization Leaders - CME – supported by NHLBA**

**Moderator:** Elena Rios, MD, MSPH, FACP

President & CEO

National Hispanic Medical Association, Washington, DC

**Description:** This presentation will discuss the priorities to sustain health professional organizations through an interactive round robin of efforts from the participating organizations of the Hispanic Health Professional Leadership Network.

Substance Use Treatment and Behavioral Illness Prevention for Latinos

**Pierluigi Mancini, PhD**

Description: This presentation will provide principles for the prevention of substance use and behavioral illness among Latinos.

- 2:15pm-4:15pm    **C5. NHMA 2020 Leadership Symposium: Artificial Intelligence Trends in Medicine for Health Equity**  
– CME – supported by the AMA  
Moderator: TBN
- 2:15pm-2:45pm    Welcome, Why Healthcare AI?  
Claudia Zamora, NHMA Board of Directors
- Keynote Speaker  
Aletha Maybank, MD, MPH  
Chief Equity Officer  
American Medical Association
- 2:45pm-3:45pm    Key Concepts in AI and Healthcare Applications  
Anthony Reina, MD  
Chief AI Architect for Health and Life Sciences  
Intel, San Diego, CA
- Michael D. Abramoff, MD, PhD  
Robert C. Watzke Professor of Ophthalmology and Visual Sciences  
Roy J. and Lucille A. Carver College of Medicine at the University of Iowa
- Steve Mutkoski  
Worldwide Policy Director  
Microsoft, Seattle, WA
- 3:45pm-4:15pm    Key Considerations to Address Risks and to Optimize Benefits  
Mark Sendak, MD, MPP  
Population Health & Data Science Lead  
Duke Institute for Health Innovation  
Duke University
- Mia Keays  
Director of Health Equity Policy & Advocacy  
American Medical Association
- 4:15pm-4:45pm    Next Steps Facilitators: Claudia Zamora, Sylvia Trujillo, JD, Robert Jarrin
- 7:00pm-8:00pm    Reception
- 8:00pm-9:00pm    **NHMA Leadership Awards Ceremony - CME**
- Master of Ceremonies:* Raul A. Reyes, Contributor to CNN and NBC Latino – *invited*  
*Welcome:* Elena Rios, MD, MSPH, FACP  
*Keynote Speaker:* Sister Norma Pimental, Executive Director, Catholic Charities, Rio Grande Valley  
*NHMA Hispanic Health Leadership Awardees:*  
· **Government:** Anthony Fauci, MD, Director, National Institute of Allergy and Infectious Disease - *invited*  
· **Corporate:** Javier J. Rodriguez, CEO, DaVita - *invited*  
· **Physicians:** Ciro Sumaya, MD, MPHTM and Richard Zapanta, MD (posthumously)  
· **Leaders from NHMA Chapters, Council of Medical Societies, National Hispanic Health Professional Leadership Network and Local Latino Health Advocacy Organizations**