

# National Hispanic Medical Association

## **Program Updates**

## **NHMA 2020 Annual Conference**



Please note that we are looking for speakers for our Annual Conference. Physicians and health professionals interested in speaking should apply by *December 31, 2019*.

Call for Abstracts – Speakers
Call for Abstracts – Posters
Sponsors, Exhibitors, and Ads Information
Registration

#### **NIDDK/National Hispanic Medical Association's Travel Award**

NHMA, in conjunction with the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), have a NIDDK-NHMA Travel Award Program. This program provides an opportunity for selected residents and fellows who are interested in careers in academic medicine to attend a workshop on Career Development in Academic Medicine. Application closes on *January 3*, *2020*. For more information, click here.



# NIDDK-NHMA Travel Award Program

The National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) in conjunction with the National Hispanic Medical Association (NHMA) are pleased to announce the NIDDK-NHMA Travel Award Program.

The program provides an opportunity for selected residents and fellows who are interested in careers in academic medicine to attend a special workshop and the 24th NHMA Annual Conference.

The 24th Annual Conference will take place at the

# Washington Marriott Wardman Park in Washington, D.C. April 30- May 3, 2020

The NIDDK Workshop on Career Development in Academic Medicine will take place on Thursday, April 30, 2020.

#### **Program Highlights**

- » Diversity in Research and Academia
- » NIH Funding Mechanisms and Opportunities
- » NIH Grant Application: General Overview
- » Academic Career Development
- » Understanding the Mentor/Mentee Process
- » Finding Your Path: Career Paths in Academic Medicine

#### What are the Benefits?

- » Opportunity to attend a special one-day workshop on career development in academic medicine
- » Round trip airfare (economy)
- » Hotel accommodations for 4 days/3 nights
- » Ground transportation and meals (per diem)

#### Who is Eligible?

- » Individuals interested in membership in the National Hispanic Medical Association. To apply for membership, please visit <a href="https://www.nhmamd.org">www.nhmamd.org</a>
- » Member of a nationally underrepresented group in biomedical or behavioral research
- » Senior residents, fellows, post-doctoral scientists, or early stage investigators (within 3 years of fellowship completion)
- » U.S. citizen, non-citizen national, or U.S. permanent residents
- » Individuals who have not received travel support under this announcement or a similar one in previous years

#### How to Apply?

» Apply online

https://forms.niddk.nih.gov/nhmatravelawards/Account/Login?ReturnUrl=/nmatravelawards
The following documents are required:

- » Curriculum Vitae
- » Personal statement describing the candidate's research interests, career ambitions, and how attending the program will influence the candidate's training and academic career development
- » Letter of support from the Chairperson or Director of the candidate's academic training program indicating how the candidate will continue to be supported in his/her pursuit of a career in academic medicine

Application Deadline: January 3, 2020

For additional information contact:

Katrina Serrano, Ph.D., Program Director, Office of Minority Health Research Coordination, NIDDK Tel: (301) 480-7855 | Email: katrina.serrano@nih.gov

https://www.niddk.nih.gov/research-funding/research-programs/diversity-programs/travel-scholarship-awards/niddk-national-hispanic-medical-association

## NIH All of Us Research Program

The National Institutes of Health (NIH) continues to enroll people living in the U.S. 18 years of age and older for the All of Us Research Program in collaboration with National Hispanic Medical Association (NHMA) and other partners. The overall aim is to enroll 1 million or more volunteers and oversample communities that have been historically underrepresented in research to make the program the largest, most diverse data resource of its kind. Participants will have access to their own health data, physicians will have access to new knowledge, and researchers will have access to data for their studies.

During August, NHMA convened its All of Us Education at the NHMA Albuquerque Chapter Policy Forum – Dr. Elena Rios addressed the project and invited participation as the Keynote Speaker at the Chapter's Gala Dinner and was at the exhibit during the all-day conference.

### **Upcoming Events**

NYC – February 2020 May 2020 – Miami/New Orleans June 2020 – Chicago/Houston

Follow us on Twitter and Facebook to keep up with our partnership with the All of Us Research Program. To join, visit JoinAllofUs.org/Together y en Español, on JoinAllofUs.org/es. If you have any questions, please contact Ben Melano at <a href="mailto:bmelano@nhmamd.org">bmelano@nhmamd.org</a>.

## NHMA Chapters

In July, the NHMA Board of Directors announced the formation of the NHMA Chapters in cities within our regions. The purpose of this structure is to build participation opportunities with NHMA Members and Partners, and to provide physicians, health care providers, and community leaders with updated information about policies and programs that affect local Hispanic healthcare and health equity.

Here is a complete list of the twelve inaugural NHMA Chapters and their chairs:

#### **Northeast Region:**

NHMA New York City Chapter - Chairperson: Diana Torres-Burgos, MD, MPH NHMA Greater Boston Area Chapter - Chairperson: Enrique Caballero, MD, MPH NHMA Philadelphia Chapter - \*NEW CHAPTER!\*

Washington, DC Metro Chapter/Region - Co-Chairpersons: Sergio Rimola, MD and Jorge Israel Ramallo, MD

#### **Midwest Region:**

NHMA Chicago Chapter - Chairperson: Pilar Guerrero, MD NHMA Indianapolis Chapter - Chairperson: Javier Sevilla-Martir, MD

#### **West Region:**

NHMA Southern California Chapter - Co-Chairpersons: Margarita Loeza, MD and Ilan Shapiro, MD, FAAP

NHMA Phoenix Chapter - Chairperson: Ricardo Correa, MD, EsD, FACP, FACR, CMQ

NHMA Central California Chapter – \*NEW CHAPTER!\*
NHMA Northern California Chapter – \*NEW CHAPTER!\*

## **Southwest Region:**

NHMA San Antonio Chapter - Chairperson: Jaime Estrada, MD

NHMA El Paso Chapter - Co-Chairpersons: Carlos Corral, MD, and Bert Johansson, MD, PhD

NHMA Albuquerque Chapter - Co-Chairpersons: Anthony Vigil, MD and Stephen Lucero

NHMA Rio Grande Valley Chapter – Chairperson: Francisco Fernandez, MD \*NEW CHAPTER!\*

NHMA New Orleans Chapter - \*NEW CHAPTER!\*

#### **Southeast Region:**

NHMA Atlanta Chapter - Chairperson: Vacant

NHMA Miami Chapter - Co-Chairpersons: Onelia Lage, MD and Claudia Alvarez, MD

Each chapter is led by chairpersons who are responsible for the following:

- Coordinate and promote at least two chapter events (NHMA Chapter Policy Forum in the Fall and an informal networking event)
- Promote the <u>NHMA Annual Conference</u> and encourage participation, speakers, posters, etc.
- Encourage members to join NHMA as Premier Members
- Identify partners for NHMA's programs and events

Each chapter also has an NHMA Chapter Policy Forum Steering Committee. The main responsibility of serving on the Steering Committee is to promote the event to your colleagues in order to reach more individuals interested in joining our network. If you are interested in participating, contact Briah Stokes, <a href="mailto:bstokes@nhmamd.org">bstokes@nhmamd.org</a>.

#### NHMA Medical School Liaison Program

The NHMA Medical School Liaison Program started in January 2019 to appoint one physician or resident Liaison to meet with the Latino Medical Student Association Chapter informally three times a year for 3 years. These discussions are meant to give current medical students a perspective of practicing medicine within the Latino communities where the medical school is situated. The program's aim is to complement what the medical students are currently learning, such as the day-to-day life of a doctor and various physician opportunities within the medical school and the Latino community. To sign up to be an NHMA Liaison, please go to: https://www.nhmamd.org/programs/nhma-medical-liason-program/.

If you have any questions, please contact Ben Melano at bmelano@nhmamd.org

## Partnering and Communicating Together (PACT) Let's Stop HIV Together

The Centers for Disease Control and Prevention (CDC) and NHMA, along with other national organizations representing the populations hardest hit by HIV/AIDS, are partners in the PACT program. Through a collaborative approach, PACT



Members assist in achieving the goals of the National HIV/AIDS Strategy for the United States (NHAS) by reducing new HIV infections, improving health outcomes for individuals living with HIV, and reducing HIV related disparities. PACT Members utilize their distinct viewpoints in creating a wide range of communication, mobilization and outreach activities.

The *Let's Stop HIV Together* campaign (formerly known as *Act Against AIDS*) includes <u>resources</u> and <u>partnerships</u> aimed at stopping <u>HIV stigma</u> and promoting HIV <u>testing</u>, <u>prevention</u>, and <u>treatment</u>. *Let's Stop HIV Together* empowers communities, partners on the ground, and health care providers to reduce stigma among all Americans, prevent HIV among the hardest-hit populations, and help people with HIV stay healthy.

## Let's Stop HIV Together Fact of the Month

Hispanics/Latinxs have higher rates of some sexually transmitted diseases (STDs), which can increase a person's chances of getting or transmitting HIV. <a href="http://bit.ly/NHMAHIVNexus">http://bit.ly/NHMAHIVNexus</a>.

#### Announcements

NHMA is seeking healthcare providers that treat Hispanic/Latinx patients with HIV/AIDS to create a short (1-2 min) video on the importance of HIV prevention/treatment and how you treat your minority patients living with HIV. If you are interested, please sign up here: <a href="http://bit.ly/NHMAHIVVideoSeries">http://bit.ly/NHMAHIVVideoSeries</a>

Visit our website for more information: https://www.nhmamd.org/programs/hiv-pact-program/

#### NHMA Seasonal Influenza Campaign

NHMA campaign, *Decrease the Impact of Seasonal Influenza on Hispanics!* purpose is to increase influenza vaccination rates among Hispanic adult patients with diabetes and cardiovascular disease. Our plan is to educate physicians with a Bilingual Toolkit created by an Advisory Committee that includes reminders and targeted information to include the influenza vaccinations to patients with diabetes and cardiovascular disease, who trust their regular physician. The Flu Campaign Toolkit is available on our website here: <a href="https://www.nhmamd.org/nhma-influenza-campaign/">https://www.nhmamd.org/nhma-influenza-campaign/</a>. Stay tuned for updates on our campaign on <a href="Twitter">Twitter</a> and <a href="Facebook">Facebook</a>.

Below are the NHMA members that serve on our National Advisory Committee for our campaign.

Diana Torres Burgos, MD, MPH – New York, NY Katherine Flores, MD – Fresno, CA Pilar Guerrero, MD – Chicago, IL Pilar Ortega, MD – Chicago, IL

#### Diana Peña Gonzales, MPH, CHES – La Habra, CA

#### Flu Fact of the Month

Flu vaccines are important every year because (1) the vaccine is often updated to keep up with changing flu viruses, and (2) your immune protection from vaccination declines over time.

#### Announcement

NHMA is seeking physicians and healthcare providers that treat Hispanic/Latinx patients to create a short (1-2 minute) video on the importance of getting the seasonal influenza vaccine. If interested, sign up: http://bit.ly/NHMAFluVideoSeries.

If you are interested in getting involved, please contact Briah Stokes, bstokes@nhmamd.org.

## <u>Diabetes Education Campaign and the</u> <u>Screening of the Diabetes Documentary</u> (Ending 12/31)

NHMA President and CEO, Elena Rios, MD, led the discussion on policy trends and priorities at the border for medical education training at the NHMA Rio Grande Valley Chapter Policy Forum on December 6. This month we reached over 150 healthcare professionals and students, many of whom will show the movie in their hospitals and medical schools because it is a unique documentary from the Hispanic patient and family perspective about the barriers with patient education about diabetes and the need to discuss the disease in our communities. NHMA held a screening of Merck's *A Touch of Sugar* 



in Miami, Washington, DC, Florida, and Texas. More than 30 million Americans are living with diabetes and 90-95% have Type 2 diabetes. NHMA encourages its member physicians to go to <a href="Maintenance-AmericasDiabetesChallenge.com">AmericasDiabetesChallenge.com</a> and press the link at the top of the page that reads "Click Here to View A Touch of Sugar." From there, you can request to view the Hispanic health version of the film (Un toque de azúcar), host your own film screening in your clinic and obtain resources that can be shared with your patients.

## NHMA College Health Scholars Program

#### **CALL FOR MENTORS**

The NHMA College Health Scholars Program (CHSP) is looking for medical, dental, nursing, public health, PhD, and MD/PhD health professional students and health professionals to mentor the next generation! This is a one-on-one virtual mentorship program where you will be paired with a current prehealth college student. To apply, please go to <a href="https://forms.gle/ZcWNmdn8bBjTCqgW8">https://forms.gle/ZcWNmdn8bBjTCqgW8</a>. For more information on CHSP, go to <a href="https://bit.ly/NHMACHSP">https://bit.ly/NHMACHSP</a>.

## **Stop Vaping Campaign**

The National Hispanic Health Foundation (NHHF) is looking for middle and high school students to serve as student ambassadors and help with effective messaging for its new Stop Vaping campaign with CVS Health – Aetna. This group will conduct its first meeting on Thursday, January 30, 2019. For more information, contact Briah Stokes at <a href="mailto:btokes@nhmamd.org">btokes@nhmamd.org</a>.