



Thinking about the New Year and what lies ahead? **Your 5th grade mentee** might be too as he/she will be entering the 6th grade in 2018! The idea might be both exciting and a little scary for each of you. When compared to the structure and smallness of elementary, middle school will be a whole new world for your mentee. An important life lesson we can share is that change is always a part of life and can be an exciting new adventure. To help prepare you and your mentee, Mentor Minute will include useful Middle School information and activities to share with your 5th grade mentee for what we hope will be a helpful and fun way to get ready for 6th grade. A conversation you can begin with your mentee this month is about his/her expectations of middle school and what it might be like. To get you started, [this chart](#) highlights the many differences, from homework to lunch schedules, between elementary and middle school. A second article, [Memories of Middle School](#) as told by Middle School Students, will surely get your mentee excited about exploring Middle School with you and prepare him/her for the adventure.