



Emotional and psychological trauma is the result of extraordinarily stressful events that shatter one's sense of security, leading to vulnerability and helplessness. As a caring mentor, understanding how children react to trauma is an important step you take in becoming a positive advocate in your mentee's life. At our Seedling Mentor Training this month, Seanna Crosbie LCSW, Director of Programs and Trauma-Informed Services at Austin Child Guidance Center and Chair of the Trauma-Informed Care Coalition of Central Texas, will share her knowledge and expertise on this important topic. Seanna will focus on the impact trauma has on children including effects of brain chemistry, symptoms of trauma, and resiliency factors.

**Friday, March 31, 2017**  
**11:30a.m. - 12:30 p.m.**

**Austin/Travis County Integral Care**  
**5015 S IH 35 Frontage Road #200 Austin, TX 78744**  
*(building faces Teri Road)*

**Map**

From the northbound frontage road of IH35, turn right on Teri Road. The building entrance is several yards down the street on the right. Watch for Seedling signs.

*Lunch will be provided.*

**Limited Seating**  
RSVP to: [dcoston@seedlingfoundation.org](mailto:dcoston@seedlingfoundation.org)