



## **SAN DIEGO SPINE FOUNDATION**

6190 Cornerstone Ct; Suite 212, San Diego, CA, USA

### **APPLICATION FOR SAN DIEGO SPINE FOUNDATION RESEARCH GRANT:**

Submit application form, Biosketches and other documents in a combined PDF format to: [grants@sandiegospinefoundation.org](mailto:grants@sandiegospinefoundation.org)  
(Please refer to Applicant Eligibility below. Submission of application asserts your agreement with stated criteria)

The goal of the SDSF research mission is to support collaborative research focused on applying basic, translational, and clinical science to improve education, foundational knowledge, and quality of clinical care for individuals with spine conditions.

Grants will vary in amount according to the needs of the proposal, with a maximum research grant award amount of \$20,000. Available funds will vary for each cycle depending on yearly resources. Applications with a collaborative, multi-institutional component will be prioritized for funding.

### **Application Timing and Review Process:**

Applications are reviewed by the SDSF Research Committee consisting of Robert Eastlack, MD, Sam Ward PT, PhD, Jeff Pawelek, and Bahar Shahidi PT, PhD, Chair.

<b>Application Deadline</b>	<b>Committee Review</b>	<b>Notice of Award</b>
June 2, 2025	July 1, 2025	August 1, 2025

### **Applicant Eligibility:**

- Trainees including medical students, residents, and fellows
- Individuals with PhD's involved in academic or industry-focused research
- Individuals with clinical degrees treating patients with spine conditions (MD's, allied health care professionals)

### **Funding Restrictions:**

- Support for institutional overhead is not included in funding
- A cap of \$150,000 will be applied to effort for salary support

**First Name:** \_\_\_\_\_

**Last Name:** \_\_\_\_\_

Name of current institution and mailing address (please include city and country):

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Current position/title: \_\_\_\_\_

Mobile phone # \_\_\_\_\_

Office telephone #: \_\_\_\_\_

Primary email address: \_\_\_\_\_

**Type of Grant Application:**

Scientific Research

Education or Training

Outreach

**Application Guidelines according to Topic Area:**

**A. SCIENTIFIC RESEARCH**

1. **Biosketches for key personnel**
2. **Specific Aims page** (*maximum 1 page*)
3. **Research Proposal:** (*maximum 2 pages*)
  - Background and Significance:
  - Study Plan and Preliminary Data:
  - Future Directions:
4. **Collaborator Structure:** (structure of study team): (*1/2 page*)
5. **Budget Plan:** (see below template)
  - Personnel Effort (*salary cap of \$150,000*)
  - Materials/Supplies
  - Equipment
  - Timeline and Benchmarks (Gantt Chart)

**Budget Template for Scientific Research**

Category	Cost
<b>Personnel:</b>	
<b>Materials and Supplies (<i>itemize</i>):</b>	
<b>Equipment:</b>	
<b>Other:</b>	
<b>Total costs (up to \$20,000):</b>	

**6. Timeline and Benchmarks:**

## B. EDUCATION AND TRAINING

1. **Biosketches/CVs for trainee and mentors**
2. **Specific Aims Page** (*maximum 1 page*)
3. **Training and Research Plan:** (*maximum 2 pages*)
  - Applicant Background and Goals:
  - Training Plan and Mentor Contribution:
  - Proposed Research Plan:
4. **Mentor Letter of Support:** (please attach with your application)
5. **Budget Plan:** (see below template)
  - Personnel effort
  - Training and coursework
  - Materials and Supplies

### Budget template for Education or Training:

Category	Cost
Personnel:	
Materials and Supplies ( <i>itemize</i> ):	
Training and Coursework ( <i>itemize</i> ):	
Other:	
Total costs (up to \$20,000):	

6. **Timeline and Benchmarks (Gantt chart):** (please attach your own timeline upon submission)

## C. OUTREACH

1. **Biosketches/CVs of key personnel**
2. **Specific Aims Page** (*maximum 1 page*)
3. **Outreach Plan:** (*maximum 2 pages*)
  - Site/Population Description:
  - Target Output/Outcome/Impact:
  - Activities Proposed:
4. **Budget Plan:** (see below template)
  - Personnel effort
  - Travel and accommodations (*maximum 20% of total budget*)
  - Materials and supplies

### Budget Template for Outreach:

Category	Cost
Personnel:	
Materials and Supplies ( <i>itemize</i> ):	
Travel and accommodations ( <i>itemize</i> ):	
Other:	
Total costs (up to \$20,000):	