

FOOD RESOURCES

GREATER CHICAGO FOOD DEPOSITORY

Anyone in need of emergency or supplemental food assistance in Cook County is eligible. Find a Food Depository member agency in your neighborhood online or by phone (773) 247-FOOD (3663)

Benton House (Bridgeport), Casa Catalina Food Pantry (Back of the Yards), St. Pius Parish Pantry (Pilsen), St. James Catholic Church (Chinatown), and many more...

WWW.CHICAGOSFOODBANK.ORG/FIND-FOOD/

PILSEN FOOD PANTRY

M-F, 10:00 to 1:30 and Thursdays 2-5pm at 1850 S. Throop

COMMUNITY CANTEEN

Free (or pay what you can) takeout hot meals Tuesdays through Saturdays from noon to 5pm at 960 W. 31st St

LOVE FRIDGE CHICAGO

There is a searchable map of stocked refrigerators all over the city where food is available for free; In the 2nd district, there is one with 24/7 access at 3601 S. Iron Street, by Marz Brewing.

MONTHLY FOOD DISTRIBUTIONS

FIRST THURSDAY OF EACH MONTH

2:30PM-3:30PM AT 1954 W. 48TH ST.

Sponsored by our office in conjunction with Commissioner Alma Anaya & The Greater Chicago Food Depository

SECOND MONDAY OF EACH MONTH

(with any remaining food distributed the next day as well) 9:00AM-11:00AM AT 2520 S. WESTERN AVE.

Sponsored by Instituto del Progreso Latino

If you are having trouble accessing food and believe you may be eligible for SNAP, you can call 1-800-843-6154 or create an account online by visiting ABE.ILLINOIS.GOV/ABE/ACCESS/



ILLINOIS STATE REPRESENTATIVE * 2nd DISTRICT

THERESA MAH