



The Chicago Parent Program

The Chicago Parent Program is designed to address the needs of parents raising young children (2–5 years old) in low income communities. Developed with an advisory board of African American and Latinx parents and supported by over 20 years of research. This 12-session program provides the knowledge, skills, and confidence to help parents of young children with or at risk for developing behavior problems that can affect learning.

CPP Makes A Big Impact

“Before [my son] was very aggressive... You know he wasn’t respecting me... now he’s working and everything... he tells me he loves me a lot... and he’s sleeping by himself. And the teacher says he’s doing better.”
—Parent

“I noticed [the parent] was more confident and began to stick with what she said to her child, which helped to improve her child’s behavior in class.”—Teacher

“CPP builds positive, healthy relationships between the school and parents. So parents know they’re not alone. It’s a solution.”—Principal

“This is one of the programs I’ve seen to be the most successful.”
—Executive Director, Baltimore public school



The Program at a Glance

- First evidence-based parenting program developed with and for a racially and economically diverse community of parents
- Uses videos of real parents managing real problems in real world settings
- Effective for schools and early childhood agencies serving low income families
- Chicago Parent Program can be supported by Title I funds
- Strengthens parenting
- Parents more confident working with teachers on their child’s behavior
- Has been used in agencies in 20 states and the District of Columbia. Listed in the California Evidence-based Clearinghouse for Child Welfare (CEBC) and the Clearinghouse for Military Family Readiness
- High satisfaction—100% would recommend the program to other parents
- Requires completing a 2-day, group leader training workshop
- Available in English or Spanish

7,600+

TESTED AND PROVEN
The Chicago Parent Program has helped over 7,600 parents raise happier, healthier children

83%

INCREASED CONFIDENCE RATE
83% of parents report the program made them “much more” confident in supporting their child’s school success

94%

PARENTS FELT VALUED
94% of parents report that offering the Chicago Parent Program in their child’s school made them feel valued by the school

Want to offer the Chicago Parent Program at your school or agency?
For more information, go to chicagoparentprogram.org or email CPPinfo@chicagoparentprogram.org