



April 8-11, 2024

Winging it

The Common Sense Guide to the Enneagram for Pastors
Cedar Valley Retreat Center | West Bend, Wisconsin

Is this for me?

The Enneagram has gotten a lot of popular attention in recent years, but Facebook quizzes and memes don't come close to capturing its complexity, richness and wisdom! The Enneagram is rooted in an ancient, dynamic system for understanding ourselves (and others). It can lead us to deep self-awareness and personal transformation, helping us discover our true selves, beyond our ego and default behaviors. The nine ways of experiencing and being in the world articulated by the Enneagram, help us live beyond our knee-jerk, default reactions and behaviors, and engage the world, ourselves, and our faith with more compassion and understanding.

For those of us who work in ministry, the Enneagram gives us useful insights into our own leadership, the teams we work with and the people we serve. In our time together, we will explore both the complexities of the Enneagram, and the applications to ministry it offers. Whether you are already knowledgeable about the Enneagram or completely new to the system, this retreat will further your understanding of the Enneagram system and how it works. We will explore well beyond identifying your own Enneagram type, looking at how to apply Enneagram wisdom in practical ways to your work in ministry.

Where will we gather?

Cedar Valley is 100 acres of pastoral beauty nestled in the heart of Washington County, just a short drive north of the metro Milwaukee area. Visit: ucci.org/cedar-valley.

How much does it cost?

The registration fee includes lodging and meals.

Participants from the OPSF region: Double occupancy is \$200. Single occupancy is \$350.

Participants from outside the OPSF region: Double occupancy is \$250. Single occupancy is \$400.

Are you a PLR participant or alum? For [full PLR participants](#), this event was included in your PLR registration cost. [For PLR alums](#) — double occupancy is \$100, single occupancy is \$250.

Are you serving a Micro Church or find the cost prohibitive? Contact OPSF's Director of Programs, the Rev. Tricia Dillon Thomas, at programs@opsf-omaha.org for scholarship information.

How do I register?

Find more information and register at omahapresbyterianseminaryfoundation.org/winging-it/

Leaders



Beth Robertson Mueller
Retreat Leader

Beth Robertson Mueller is an Enneagram teacher and retreat leader with a deep love for ministry and the folks who attempt to stumble after Jesus. After serving in Camp and Conference Ministry and Campus Ministry for many years, Beth now serves a PCUSA congregation in Austin, TX, as the Director of Worship Arts and the resident Enneagram instructor. Beth tailors the complexities of the Enneagram to a practical, common sense guide for adults who work in a ministry setting, offering insights for leadership development, conflict resolution, spiritual growth, and faith formation. Beth is the author of *A Common Sense Guide to the Enneagram for Youth Ministry*. She lives in Wimberley, TX with her husband Rob and near to her ever-expanding family!



Rob Mueller
Music Leader

Rob Mueller serves as pastor at Divine Redeemer Presbyterian Church in San Antonio, TX. DRPC is an historic, Hispanic Presbyterian church on the Westside of San Antonio, where Rob has been preaching in both Spanish and English for close to 30 years. Rob's passion is for local neighborhood mission and community development and sees that as a necessary ministry for the local congregation. He balances that passion with silence and contemplative prayer as essential spiritual disciplines in his life.

Rob loves to hug people, hike, hunt, fish, garden, dance (to almost anything), do and teach yoga, sing karaoke (Spanish and English), take photos, write poetry, kayak, travel, brew his own beer, ride his motorcycle, and explore the Enneagram with his amazing wife Beth.

What does the schedule look like?

The schedule below will give you an idea of what to expect. The schedule may change slightly. Participants may choose the components that best feed their souls.

Monday, April 8

4-5:00 PM	Check-In
5:30 PM	Dinner
7:00 PM	Intro to the Enneagram
8:30 PM	Vespers
9:00 PM	Social Hour

Tuesday, April 9

8:30 AM	Breakfast
9:30 AM	Morning Prayer
10:00 AM	Session 1
12:00 PM	Lunch
1:00 PM	Session 2
4:00 PM	Free Time
5:30 PM	Dinner
6:30 PM	Session 3
8:00 PM	Vespers
8:30 PM	Social Hour

Wednesday, April 10

8:30 AM	Breakfast
9:00 AM	Morning Prayer
10:00 AM	Session 4
12:00 PM	Lunch
1:00 PM	Session 5
4:00 PM	Free Time
5:30 PM	Dinner
8:00 PM	Vespers
8:30 PM	Social Hour

Thursday, April 11

8:30 AM	Breakfast
9:00 AM	Evaluations
9:30 AM	Check out of room
10:00 AM	Worship with Communion



Offered in partnership with OPSF's Pastoral Leadership Revitalization Program

Pastoral Leadership Revitalization (PLR) is a grant funded program in partnership with Omaha Presbyterian Seminary Foundation (OPSF). PLR's mission is to increase pastoral resilience and adaptive leadership by providing dynamic continuing education and creating a network of support for pastoral leaders.

Where is the Winging It! Retreat?

Cedar Valley is located in West Bend, WI, 45 miles north of Milwaukee.

5349 County Road D
West Bend, WI 53090

Transportation to and from the retreat center is up to individual participants to organize.



Questions?

Contact the Omaha Presbyterian Seminary Foundation's Director of Programs, Rev. Tricia Dillon Thomas, at programs@opsf-omaha.org

