

HEREFORDSHIRE VOLUNTEER NEWS

June 2021

TALK COMMUNITY



Interested in joining us?

Phone: 01432 343932

Email: volunteer@hvooss.org.uk

Looking forward to your help!

www.hvooss.org.uk



Introduction

Welcome to the second edition of Volunteer News from hvoss, the newsletter for current volunteers and those who are looking to start their volunteering journey in Herefordshire. It will bring you updates from the voluntary sector as well as highlighting some of the volunteering opportunities available across the county.

What is hvoss?

hvoss is a support service for the voluntary sector across Herefordshire. hvoss provides information, guidance and support to volunteers, charities, voluntary groups and community groups.

hvoss also provides a volunteer matching service. This means we help volunteers and voluntary groups/organisations find each other.

The hvoss office is based in central Hereford at and we are hoping to re-open soon. You will then be able to drop-in and register your interest in volunteering and discuss opportunities with us. At the moment we are still able to help you by phone and email.

Website: www.hvoss.org.uk

Email: volunteer@hvoss.org.uk

Phone: 01432 343932

Address: 52, Broad Street, Hereford HR4 9AB



Starting out as a Volunteer

If you are looking for volunteering opportunities, please register with the hvoss Volunteer Bureau. This is a database of volunteers and volunteering opportunities across Herefordshire. You can access it via the volunteering section of our website www.hvoss.org.uk. Once you have registered you will be able to search through a number of volunteering opportunities across the county and get in touch with those groups/organisations you are interested in.

Volunteering News – Volunteer Stories



It's Volunteers Week!

It takes place every year from 1-7 June.

A BIG thank you to all the volunteers across Herefordshire for your contribution and commitment to your local communities.

Two volunteers have shared their inspiring volunteer stories with us.....

Vicki Manley

I am in my 30s and have experience of volunteering and have been looking for a new opportunity during lockdown. Using the skills and experience I have, I have been encouraged to apply to Age UK H&W.

Where do you volunteer? Age UK H&W

What do you do as a volunteer? The Companion Line supports people across Herefordshire and Worcestershire with a regular phone call. I was matched with a client who has similar interests and hobbies to me. As a Companion Line volunteer I ring the client and have a half hour call with them. The calls are a very varied, we mainly talk about life in general and using the time to help the client enjoy some social engagement.

Why do you like volunteering? I enjoy the volunteering role, as it gives me something to look forward to each week. Knowing that I am supporting someone in the community feels very rewarding and positive.

It is a great opportunity to interact with people in the community and knowing that I am helping to make a difference - makes me feel really good.

Emergency Response Volunteer

I have experience of working in events management and meet and greet but due to health difficulties, I had to take a step back from working to take care of myself. As my health has improved, I was determined to start volunteering as a positive next step into employment.

Where do you volunteer? Covid-19 Response Volunteer

What do you do as a volunteer? I help guide the public to the correct entrance to the venue, assist those who have mobility difficulties, take temperatures, ask Covid-19 relevant questions. Help to reassure patients who have concerns about having the vaccine. Work as part of a team helping to make everything run smoothly.

Why do you like volunteering? It really gives me a sense of purpose knowing that I am supporting the NHS and the local community. Volunteering is a great opportunity to engage with people and everyone is so grateful for the support they have, when they come to get their vaccines.

It is a great opportunity to meet people and make a real positive difference and hopefully inspire others to do the same.

It has helped me to get out and about after many years, due health difficulties; I lost my self confidence and self-esteem. On the days I am volunteering I start the day in an enthusiastic and positive way and really look forward to my volunteering role. I would recommend it!

Spotlight on a Volunteering Opportunity



TALK COMMUNITY

GIVE AN HOUR THIS SUMMER

Take a look at our list of things you can do for your community in under an hour

Get involved at talkcommunity.org

BRINGING HEREFORDSHIRE TOGETHER

1 HOUR

Herefordshire Council

The banner features a central green circle with the text '1 HOUR' in the center, surrounded by small icons of a megaphone, a hand, and a person. The 'TALK COMMUNITY' logo is in the top left, and the 'BRINGING HEREFORDSHIRE TOGETHER' logo is in the top right. The 'Herefordshire Council' logo is in the bottom right.



Give An Hour This Summer

www.talkcommunity.org

Can you spare an hour this summer? The Talk Community Team at Herefordshire Council have launched a fantastic new volunteering campaign this month. If you can spare an hour or more, then there are lots of voluntary groups and organisations who are looking for your help. You will be able to help in whole variety of ways from litter picking to gardening to helping with a local sports team.

All the details and to find out how and where you can help this summer on the website www.talkcommunity.org

Remember to check in throughout the summer to see which new volunteering opportunities have been added.

If everyone in Herefordshire gave an hour this Summer that would be 192,800 hours to our community!

More Volunteering Opportunities

Hvoss – Covid-19 Vaccination site volunteers

Description: hvoss has been supporting the vaccination rollout with the recruitment of almost 300 volunteers. More volunteers are now **urgently** needed to further support the vaccination sites across Herefordshire.

Volunteer Requirements: Volunteer car park and door marshalls are required at all vaccination sites, particularly in Hereford city. All training will be provided.

Contact: Get in touch with Nicola Read on 07920 650584 for more information, or to register your interest, please go to www.hvoss.org.uk or [CovidRegistration - VMS - Covid Register \(vcconnectsystem.org.uk\)](http://CovidRegistration - VMS - Covid Register (vcconnectsystem.org.uk))

Age UK Herefordshire & Worcestershire

Description: Age UK Herefordshire & Worcestershire are an independent, local charity and brand partner of Age UK, working in the two counties and striving to make Herefordshire and Worcestershire a great place to grow older. We support older people, their families and carers with a range of services to improve wellbeing and help older people to stay independent at home for longer.

Volunteer Requirements: We have several exciting volunteering opportunities available throughout Herefordshire:

Companion line volunteer: Could you offer regular telephone support through our Companion Line? Not having someone to talk to regularly can be lonely if you are used to sharing your home and time with others, particularly in the current crisis. Our Companion Line supports people across Herefordshire and Worcestershire with a regular phone call. As a Companion Line volunteer you will be matched with a client that may have similar interests and hobbies to you to ensure the easiest journey through The Companion Line service for both the volunteer and the client.

Footcare volunteer: Ensuring good foot health makes a huge difference to older people, increasing comfort, stability and preventing falls. As Footcare volunteer you will support our busy Footcare & Podiatry service. You will only be cutting toenails on healthy feet, you don't need to have any experience for this role you will receive full training for the role. Our footcare appointments are held at both our Ross-on-Wye and Worcester offices.

Contact: Visit our website to apply or contact us for more details

https://www.ageuk.org.uk/herefordshireandworcestershire/get-involved/volunteer/

T: 0800 008 6077 E: volunteering@ageukhw.org.uk

Ross-on-Wye & Monmouth Sea Cadets

Description: Ross-on-Wye and Monmouth Sea Cadet Unit is a youth organisation, which caters for young people from 10 to 18 years of age. We are a registered charity which is run purely by volunteers.

We are a uniformed youth organisations and our training is based on a nautical theme. We also teach life skills such as teamwork, first aids and catering. Well also offer practical skills both on the land and water. We meet twice a week as well as offering week and weekend activities.

Volunteer Requirements: We have a variety of volunteer opportunities. If you are only available one night a week, please still get in touch.

Instructor - As an instructor, you will have the choice of being in uniform or not. You will be involved with teaching our young people new skills and experiences. We will offer all the necessary training and qualifications.

Committee Member - Committee members meet approximately every 6 weeks and they help run the unit by raising funds, ensuring we have the relevant equipment and resources, as well as ensuring everything is in place so we can operate efficiently.

Fundraising Officer - As a Fundraising Officer, you will also be part of the Committee. Ideally you will have experience of writing funding applications / applying for funding.

Administration Support - You will be supporting the instructional team, by ensuring that communications are sent out, personal records are kept up to date and people are book onto relevant courses. Full training will be given.

Contact: Please get in touch with Alethea by calling 07780 642029 or emailing rossmonmouthseacadets@gmail.com

Website: <https://www.sea-cadets.org/ross-on-wye>

widemarsh ventures

Description: We have a woodworking unit on three elms trading estate where we manufacture garden and leisure items. We also have a shop in Maylords Shopping centre.

Volunteer Requirements: We are always looking for people with shop skills and/or woodworking skills and abilities to help and support our work and trainees. We are a local community interest company and a local long running charity.

Contact: Call in at our workshop at Unit 2, Three ELMS TRADING ESTATE or phone 01432352010

ECHO

Description: ECHO is a charity that provides educational, social and leisure activities for adults with Learning Disabilities. We run over 20 different projects in Leominster and Hereford for over 150 participants every week. No two projects are the same and we try to offer as many different activities as possible to enable our participants to access services that match their passion, talents and skills.

Volunteers at ECHO range from 16 - 80 years old, are from all walks of life and from lots of different backgrounds. Our volunteers help support the projects to deliver bigger and better activities just by being themselves and getting involved with whatever is going on.

Volunteer Requirements:

We have the following volunteering opportunities:

Eaton Barn, Leominster - Gardening and horticulture

Studio Mirai, Leominster - Woodwork and furniture restoration

Priory Centre, Leominster - Arts, crafts, cooking, life skills

Lifelinks, Hereford - community outreach, arts, crafts and life skills

Saxon Cafe, Hereford - catering and serving, customer service

Fundraising, Leominster and Hereford - raising money and helping organising events

The placements can be flexible and adapted to your needs.

We provide full training before you start your placement so you can feel confident you have the skills and information that you will need.

Contact: Email echo.info@echoherefordshire.co.uk

Phone the ECHO office on 01568 620307 and our volunteer co-ordinations Denise and Claire will be happy to help.

tenbury community transport trust

Description: community transport organisation operating in tenbury wells and surrounding area providing minibus and car services.

Volunteer Requirements: minibus drivers and car drivers. You receive 45p for every mile travelled for the Trust.

Contact: Please contact chair@tttrust.org.uk

plantastik cic

Description: We are a Community Interest Company running a cafe serving plant-based food in Leominster. We have been open for two weeks with a take-away service and will be offering seating inside when Covid regulations permit. We are open Thursdays, Fridays and Saturdays 10am -3pm.

Volunteer Requirements: Serving at the counter, washing up, serving and waiting at tables.

Contact: plantastik@myphone.coop

Herefordshire Wildlife Trust

Description: Herefordshire Wildlife Trust is part of The Wildlife Trust movement. There are 46 Wildlife Trusts across the whole of the UK, the Isle of Man and Alderney. With 825,000 members The Wildlife Trusts are the largest UK voluntary organisation dedicated to conserving the whole range of the UK's habitats and species. Our vision is for a Herefordshire richer and more diverse in wildlife.

Volunteer Requirements:

E-Commerce Volunteer (Ludbury Charity Shop).

We are looking for a volunteer to help us with online sales for our Ludbury Charity Shop across a range of platforms. Main tasks will include researching the value of selected donations, listing items online using various outlets: Depop, eBay, Abe Books etc. and dispatching items that have been sold in the online shop.

Contact:

Please contact Volunteer Coordinator Annderley Hill: a.hill@herefordshirewt.co.uk

Herefordshire City of Sanctuary

Description: Our aims are to promote the public good and reduce conflict by supporting Refugees, and Asylum seekers through:

- English language practice
- The provision of a safe space
- Signposting to support on benefits, housing, and legal matters
- Promoting access to education

Volunteer Requirements: We are looking for a volunteer who is willing to undertake basic immigration advice training to OISC level 1. This is a significant commitment and will require attendance at online national training.

Contact: email: info@herefordshire.cityofsanctuary.org

Website: <https://herefordshire.cityofsanctuary.org/>

Hay & District Dial-a-Ride

Description: We are a registered charity providing accessible community transport for our members in Hay-on-Wye and outlying villages across both sides of the border. Established over 26 years ago, our volunteers provide a lifeline to members. Social journeys are high on the agenda and we run a monthly bank bus service to Brecon. Of course, hospital and medical journeys are also carried out.

Volunteer Requirements:

Volunteer Minibus Driver - hours flexible, requires D1 on licence

Volunteer Community Car Driver - hours flexible, uses own vehicle

Volunteer Fundraiser - assists "Friends of Dial-a-Ride" with organising events

Volunteer Administrator - hours flexible, assists with office systems and bookings

Trustee/Director Treasurer - one morning p.w. suggested, leading the financial management and associated policies, reporting to quarterly Board meetings

Contact: Email haydalaride@gmail.com

The Basement Youth Trust

Description: The Basement Trust is based in Ross on Wye and provides positive activities for young people aged 11-18 for those living in Ross and the surrounding area.

Evening drop-in sessions are organised with informal activity on hand, overseen by a small team of youth workers.

These youth sessions are open-door, enabling young people to engage with each other in a safe environment.

Volunteer Requirements:

Trustee. Volunteers are needed to assist with the management of the Trust. An interest in youth work is helpful, but not necessary.

Management Team. Adults with experience of work with young people would be able to contribute to organisational matters such as website and social media upkeep, policy development, linking with youth work team to help as needed.

Youth Workers Anyone wishing to develop their skills or be involved in helping to run the sessions would be welcome.

Contact: For any or all of the above, please send an email (stating your area of interest) to sawilding@btinternet.com.

Herefordshire Mind

Description: We're Herefordshire Mind, your local mental health charity. We believe no one should have to face a mental health problem alone. We're here for you, whether you're stressed, depressed or worried about someone else.

Volunteer Requirements: Herefordshire Mind is expanding our Safe Haven crisis support service to 7 nights per week from 5pm-10pm. We're looking for volunteers to support participants experiencing emotional distress and support our staff team. If you feel that you want to make a difference to some of the most vulnerable members of our communities, please contact us.

Contact: Please contact us at info@herefordshire-mind.org.uk or on 01432 271643.

Survivors of Bereavement by Suicide (SoBS)

Description: Survivors of Bereavement (SOBS) is a registered charity that was founded in 1991 by Alice Middleton MBE. Following the death of her brother and finding little support available, she placed an advert in her local paper seeking to make contact with others who had been bereaved by suicide. She started the first support group from her living room in Hull.

We have grown to become the only national charity providing dedicated support to adults who have been bereaved by suicide.

We are a volunteer, peer-led organisation, and our growing number of volunteers across the UK deliver our support services, raise funds for our work, increase awareness and get involved in local suicide prevention strategies.

The majority of our volunteers have been bereaved by suicide themselves and this experience helps them to empathise and connect with others.

Volunteer Requirements:

New Group Facilitators We are looking to recruit volunteer Group Facilitators (minimum of 3 per group) who would be interested in establishing a new peer-led support group in their local area.

The purpose of the role is

- To provide a vital peer to peer support service for those who find themselves in need of support following the loss of someone through suicide
- To support through shared experiences to help process a bereavement through suicide
- To raise funds to support your group

Contact: How do I find out more? Website: www.eksobs.org

Post: National Office, The Flamsteed Centre, Albert Street, Ilkeston. Derbyshire DE7 5GU

Waterworks Museum – Hereford

Description: At the Waterworks Museum visitors can see the UK's widest range of working pumps and engines from across Herefordshire, neighbouring counties and Wales, most of which are the last working examples of their type. Heritage engineering at its best – and wholly run by volunteers.

The museum is one of Herefordshire's leading visitor attractions with something for all ages. Children enjoy using hands on exhibits, including in the unique Heritage Water Park, and the museum has a permanent exhibition to Hereford in WW2.

Volunteer Requirements: We are looking for Volunteer Engineers to help with restoring, operating and running the Museum's collection of engines and pumps. This is a role that would suit someone who enjoys engineering and learning about how things in our collections(s) work. We are also looking for a Joint Chief Engineer.

To see the job profiles please visit

<https://www.waterworksmuseum.org.uk/support/volunteering/volunteering-opportunities/>

Contact: For more information, please email volunteering@waterworksmuseum.org.uk

The Sidney Nolan Trust

Description: Sir Sidney Nolan was a leading artist of the 20th century. His Ned Kelly paintings became iconic, and today the Sidney Nolan Trust, which he founded in 1985, celebrates his life-long experimentation and passion for creativity, as well as his love for the environment. Located at The Rodd, the Trust cares for his former home, studio, and 250-acre estate, together with a large collection of Nolan's artworks, his library and personal archive. Our exhibitions and events present artwork from our collection, as well as exhibitions by contemporary artists. Our learning and residency programmes support children, young people, adults, and artists to learn, exchange ideas and create.

Volunteer Requirements:

Gallery Steward: As a Gallery Steward, you will be joining a dedicated team that brings the work in our gallery to life. You will help visitors learn about the works of Sidney Nolan and share stories of his life here at The Rodd. As the first place that all our visitors see, we like to make sure they are greeted with a smile and are made to feel welcome.

Gardening Volunteer: Do you have a passion for gardening? Why not join our gardening team? Currently, our gardens may seem wild and unkempt as we are in the process of creating a vision for what they could look like in the future. Gardening expertise is welcome but not essential.

Contact: Email hollie@sidney Nolan trust.org. What are you waiting for?

Yarpole Village

Description: Yarpole Village requires volunteer support

Volunteer Requirements: The church, shop, parish hall and community pub in Yarpole needs people with managerial, secretarial, promotion and treasurer skills

Contact: Email banj1@btopenworld.com

The St James & Bartonsham Community Association

Description: The St James & Bartonsham Community Association provides a community focus for people living in this part of town to the east of the City centre.

Contact: If you could offer to help, please contact by email: davidstraker@phonecoop.coop, or by phone: 01432 509728.

Bleddfa Centre for the Creative Spirit

Description: We are hoping to set up a volunteer-led café at our arts centre, which is run by a charitable trust.

Volunteer Requirements: We are hoping to train volunteers and fund their food & Hygiene certificates. We would offer reasonable travel expenses, 'staff' lunch and one free crafts workshop per year as a reward for helping us..

We currently open Thursdays- Sundays

Contact: Emma Bevan, Centre Director, The Old School House, Bleddfa LD7 1PA
Tel: 01547 550377 (answerphone available) hello@bleddfacentre.org www.bleddfacentre.org

Walsingham Support - Ledbury

Description: We are Walsingham Support, a charity that has been supporting people with learning disabilities, autism, brain injuries and complex needs for more than 30 years. We are looking to recruit volunteers for our services in Ledbury - Creative Learning Assistant and Driver

Volunteer Requirements: Creative Learning Assistant and Driver

Contact: Email Geraint Desmond, Volunteer Coordinator
geraint.desmond@walsingham.com

hvooss Community Wheels

Description: Community Wheels is the provider of Community Transport across Herefordshire. We are based in Leominster.

Volunteer Requirements: We are urgently looking for new volunteer drivers in this area. Our drivers use their own cars and the hours are completely flexible – you give as little or as much time as you would like. If you enjoy driving, helping others in the community and meeting people we look forward to meeting you.

Contact: Please ring Linda Jones on 01568 737940 to talk about how to become a volunteer driver.

Herefordshire Headway

Description: If you have any spare time and are interested in helping others, then maybe we are what you are looking for!

Volunteer Requirements: We need people to help in the wood workshop and other areas, or to just help out generally.

Contact: For more information, please contact us on 01432 761000 or email info@herefordshire-headway.co.uk Headway House, Trenchard Avenue, Credenhill, HR4 7DX

Dynamix Trampoline Club

Description: Dynamix provides children and adults a safe and enjoyable environment to learn trampoline skills whilst keeping fit and healthy. The club is looking to grow and would love to develop the website and social media presence and is therefore looking for someone ideally with skills and passion for website/social media and the digital platform.

Volunteer Requirements: Volunteer to assist with the website and social media

Contact: Please call Amy Pitt on 07971044095

Hunderton Community Gardens Association

Description: A community garden

Volunteer Requirements: General gardening; vegetables, fruit and flowers. Volunteers needed on Thursday afternoons from 2 pm and evenings by arrangement

Contact: Please call Maggie 07792 308250 or Mary 07969 883753

Hereford Lads Club - Junior football club looking for coaches

Description: Hereford Lads Club CIO provides football training and matches for players aged 6 to 16 and beyond. Our busy beginners sessions are held at Widemarsh Common and are well supported -the children love it, and sessions are getting more and more popular.

Volunteer Requirements: We are always looking for adult volunteers to help run these sessions; the numbers are unpredictable and the more help we have the better the sessions can be run. We are also looking for coaches to take on teams to enter into the local leagues at all age levels, both boys and girls.

Contact: Sandra Mifflin sandrami-in@aol.com herefordladsclub.co.uk

The Children's Society

Description: The Children's Society's Climb project is a preventative service that supports children and young people (10-17) who are at risk of being exploited or exposed to criminal activity. Climb is funded by West Mercia's Police and Crime Commissioner and works with young people in Worcestershire, Herefordshire, Shropshire, Telford and Wrekin. The service aims to reduce a young person's risk of exploitation by providing them with great role models and positive activities to give them the opportunity to enjoy new skills in a safe environment.

Volunteer Requirements:

We're looking for Climb Volunteer Mentors!

Do you have the passion and skills to help empower a young person to develop and grow?

Our Volunteer Mentors will befriend and support these young people and assist them to engage in positive activities. These activities include but are not limited to, sport, crafts, music and dance. Mentors will also be asked to spend a small amount of time with the young person outside of these activities – spending time with them in the community, giving you both an opportunity to talk and listen.

Contact: For more information, please contact Amanda Davidson, Volunteer Coordinator at amanda.davidson@childrenssociety.org.uk

Hereford Cemetery Crematorium Grounds

Description: The Cemetery is open Monday to Friday 09:00 – 16:30.

Volunteer Requirements: By joining us as a volunteer, you will be an important part of our team, learn new skills, meet new people and play a vital role in helping to preserve Hereford Cemetery as a place of historic interest and beauty.

Volunteer tasks include general weeding, care of memorial trees (three gardens), pruning, caring and monitoring, planting and having a cuppa!

Contact: For more information, please contact Tracy Morris by phone 01432 383203 or email Tracy.Morris@herefordshire.gov.uk.

Frequently asked Questions

Can I volunteer?

Yes, anyone can volunteer. In fact, we encourage all to offer their time to support their local voluntary groups and organisations.

Who do I contact?

Once you have found a volunteer role you are interested in you need to contact the group/organisation directly.

When can I start?

This can vary. Once you have been in touch with a group/organisation about a volunteer role they will discuss a start date with you.

What skills do I need?

Very often no specific skills are required, and full training will be given. If a role requires specific skills these will be mentioned in the volunteer description.

What training will be given?

You should be given an induction when you start, and any health and safety training required. You may also be given training specific for the volunteer role.

I am under 18

There are a range of opportunities for younger people. All of these are listed on our website. We will also be holding an event on volunteering for the under 18s later on in the year.

How can I sign up to receive this newsletter?

You can either register as a volunteer on the hvoss website or email nicola.read@hvoss.org.uk

You can also follow us on Facebook and Twitter (@hvossHerefordshire) to keep up to date with news from the voluntary sector.

Other useful resources?

Another useful tool is Herefordshire Council's TALK COMMUNITY DIRECTORY. It is a comprehensive resource for Herefordshire communities and includes information on volunteering. To access it, visit www.talkcommunitydirectory.org

The Talk Community website (www.talkcommunity.org) also provides a lot of useful information.

I still need help

Contact Nicola Read on 01432 343932