

Encountering God in the Sacrament of Life

“Every moment and every event of every person’s life on earth plants something in his/her soul.”

This adaptation of Thomas Merton’s quote sets the stage for reflection and discussion

Saturday, August 15, 2020

9 am to 12 noon

A virtual retreat using the Zoom platform

God’s ingenuity and initiation open the way to sacred encounters through every unique path imaginable. As we open ourselves to this reality, we quickly realize with Saint Augustine that “If one has the eye for it, all creation is a sacrament.” Sacrament as used here is a sign or symbol of a spiritual reality. This morning we’ll take time to notice the unique encounters with God we have experienced through relationships, nature, music, art, celebrations, joys and sorrows, sacred readings and prayers to name just a few. Optional opportunities for sharing will be woven throughout our time.

Cost: \$25.00

Register at www.ctretreats.org, or email ctretreats@gmail.com

Meet our retreat leader:

Mary Ann Humbert, S.C. is a Sister of Charity of Cincinnati and a Cincinnati native. She has been involved in Spirituality ministries for most of her professional ministry. Mary Ann studied at Mt. St. Joseph University, the spirituality program at Creighton University in Omaha, and completed an internship at the Jesuit Spiritual Center in Milford, OH where she also assisted in the training of retreat and spiritual directors. She has ministered in her congregation’s formation program and conducted prayer classes, retreats and days of reflection and offered spiritual direction for women and men of diverse religious traditions.