Get Your Green On During the Month of May

Teacher Resources

Student Resources

SDPBC Employee Resources



Parent & Community Resources



GET YOUR GREEN ON

for mental health awareness & trauma informed care



GetYourGreenOn.org



Resources for Immediate Help

- *Dial 2-1-1 or Visit211palmbeach.org
- *Caring First on SDPBC Website
- *Call the Student Mental Health Helpline 561-432-6389 M-F, 8AM – 4:30PM
- *Crisis Text Line: Text HOME to 741741
- *Talk with the School Counselor, School Behavioral Health Professional, School Psychologist, School Administrator or the Classroom Teacher
- *SDPBC Employees call Health Advocate Employee Assistance Plan) 855-424-8400
- *National Suicide Prevention Lifeline 800-273-8255 OR call 988

Did You Know? 1 in 5 people will experience a mental health challenge during their lifetime.

THE SCHOOL DISTRICT OF PALM BEACH COUNTY