

VIRTUAL SUPPORT GROUPS

Statewide Caregiver Support Groups

Tuesday, Feb. 9, 1-3 p.m. | [Register](#)
 Wednesday, Feb. 10, 2-3:30 p.m. | [Register](#)
 Wednesday, Feb. 10, 6:30-8 p.m. | [Register](#)
 Thursday, Feb. 11, 10-11 a.m. | [Register](#)
 Tuesday, Feb. 16, 2-3 p.m. | [Register](#)
 Tuesday, Feb. 16, 5-6 p.m. | [Register](#)
 Thursday, Feb. 18, 7-8 p.m. | [Register](#)
 Tuesday, Feb. 23, 2-3 p.m. | [Register](#)
 Wednesday, Feb. 24, 3:30-4:30 p.m. (CT) | [Register](#)
 Wednesday, Feb. 24, 3:30-5 p.m. | [Register](#)
 Wednesday, Feb. 24, 6-7 p.m. | [Register](#)

Area Caregiver Support Groups

Mason County | Monday, Feb. 1, 10-11:30 a.m. | [Register](#)
 Three Rivers | Tuesday, Feb. 2, 6-7:30 p.m. | [Register](#)
 Northville | Tuesday, Feb. 2, 6:30-8 p.m. | [Register](#)
 Washtenaw County | Wednesday, Feb. 3, 3-4:30 p.m. | [Register](#)
 Grand Rapids | Wednesday, Feb. 3, 6:30-8 p.m. | [Register](#)
 Livonia | Thursday, Feb. 4, 10-11 a.m. | [Register](#)
 Grand Rapids | Thursday, Feb. 4, 12:30-2 p.m. | [Register](#)
 Muskegon | Thursday, Feb. 4, 1-2:30 p.m. | [Register](#)
 Okemos | Thursday, Feb. 4, 7-8:30 p.m. | [Register](#)
 Sandusky | Friday, Feb. 5, 1-2:30 p.m. | [Register](#)
 Lenawee County | Monday, Feb. 8, 2-3:30 p.m. | [Register](#)
 Washtenaw County | Monday, Feb. 8, 3-4:30 p.m. | [Register](#)
 Manistee | Monday, Feb. 8, 6-7:30 p.m. | [Register](#)
 Macomb County | Monday, Feb. 8, 6-7 p.m. | [Call Helpline](#)
 Orion Township | Tuesday, Feb. 9, 10:30-11:30 a.m. | [Register](#)
 Central Mich. | Tuesday, Feb. 9, 6-8 p.m. | [Register](#)
 Grand Blanc | Tuesday, Feb. 9, 6-7 p.m. | [Call Helpline](#)
 Petoskey | Wednesday, Feb. 10, 2-3:30 p.m. | [Register](#)
 Kalamazoo | Wednesday, Feb. 10, 5:30-7 p.m. | [Register](#)
 Washtenaw County | Wednesday, Feb. 10, 6:30-8 p.m. | [Register](#)
 Davison | Thursday, Feb. 11, 10-11 a.m. | [Call Helpline](#)
 Mason | Monday, Feb. 15, 5:30-7:30 p.m. | [Register](#)
 Ionia | Tuesday, Feb. 16, 12:30-1:30 p.m. | [Register](#)
 Grand Haven | Tuesday, Feb. 16, 6:30-7:30 p.m. | [Register](#)
 East Lansing (Men's discussion group) | Wednesday, Feb. 17, 10 a.m.-noon | [Register](#)
 Gladwin | Wednesday, Feb. 17, 4-5 p.m. | [Call Helpline](#)
 Detroit | Thursday, Feb. 18, noon-1 p.m. | [Register](#)
 Grand Rapids | Thursday, Feb. 18, 12:30-2 p.m. | [Register](#)
 Auburn Hills | Thursday, Feb. 18 6-7 p.m. | [Call Helpline](#)

Area Caregiver Support Groups (cont.)

Grand Rapids | Saturday, Feb. 20, 11 a.m.-noon | [Register](#)
 Ann Arbor | Monday, Feb. 22, noon-1 p.m. | [Register](#)
 Byron Center | Tuesday, Feb. 23, 9:30-11 a.m. | [Register](#)
 Port Huron | Tuesday, Feb. 23, 2-3:30 p.m. | [Register](#)
 Troy | Wednesday, Feb. 24, 4-5:30 p.m. | [Register](#)
 Lapeer | Wednesday, Feb. 24, 6-7:30 p.m. | [Register](#)
 Battle Creek | Wednesday, Feb. 24, 6-7 p.m. | [Call Helpline](#)
 Washtenaw County | Wednesday, Feb. 24, 6:30-8 p.m. | [Register](#)
 St. Clair | Thursday, Feb. 25, 1-2 p.m. | [Call Helpline](#)
 Monroe County | Thursday, Feb. 25, 6-7 p.m. | [Register](#)
 Lenawee County | Thursday, Feb. 25, 6:30-8 p.m. | [Register](#)

Early-Stage Person with Dementia Support Groups

Thursday, Feb. 11, 1-2 p.m. | [Call Helpline](#)
 Thursday, Feb. 25, 1-2 p.m. | [Call Helpline](#)

Early-Stage Caregiver Support Groups

Tuesday, Feb. 2, 1-3 p.m. | [Register](#)
 Lansing | Thursday, Feb. 4, 11 a.m.-noon | [Call Helpline](#)
 Tuesday, Feb. 9, 1-3 p.m. | [Register](#)
 Wednesday, Feb. 10, 6-7:30 p.m. | [Call Helpline](#)
 Tuesday, Feb. 16, 1-3 p.m. | [Register](#)
 Tuesday, Feb. 23, 1-3 p.m. | [Register](#)

Younger-Onset Caregiver Support Groups

West Mich. | Tuesday, Feb. 9, 7-8:30 p.m. | [Register](#)
 Wednesday, Feb. 10, 5:30-7:30 p.m. | [Register](#)
 Wednesday, Feb. 24, 5:30-7:30 p.m. | [Register](#)

Spanish Speaking/en Español

Statewide | Tuesday, Feb. 9, 5-6 p.m. | [Register](#)

Get the emotional support you need. Listen to and share experiences, tips and information, and offer support in a setting facilitated by trained volunteers. Free and offered virtually and/or over the phone. Support groups are for individuals affected by dementia and their caregivers.

Visit alz.org/crf, email helplinegmc@alz.org or call **800.272.3900** to register

