



# SILVER CENTER

CALL-IN CLASSES FOR ADULTS 60+  
IN SOUTHEAST MICHIGAN

REGISTRATION DEADLINE: APRIL 30

## LAUGHTER IS JUST ONE CALL AWAY

### What is the Silver Center program?

Ready to enjoy friendly engaging conversations, learn new skills and explore activity ideas all from the safety and comfort of your home? The Silver Center program is the perfect fit for you! This free conference call class is available to senior citizens of Wayne County and is hosted over the phone twice a week. Class topics range from gardening, books, health and wellness, culture, entertainment and so much more.

### How do classes over the phone work?

- Shortly after joining the Silver Center program, a package containing the class call-in number, program schedule and handouts will be provided to you by mail or email.
- To join a session, simply call the number provided in the program package. You may join in the discussion or just listen. Both are welcomed.

**SOCIAL ENGAGEMENT**

**EXPLORE HISTORY**

**LEARN NEW SKILLS**

**NEW ACTIVITY IDEAS**



FOR MORE INFORMATION, CONTACT NORVENA WILSON AT (248) 403-4991 OR [NWILSON@MCHSMI.ORG](mailto:nwilson@mchsmi.org).