



# Silent Disclosures and Other Subjective Excursions

## Theoretical and Clinical Implications

STEVEN KUCHUCK,  
DSW

**Saturday, March 4, 2023**

**10:00 a.m. – 4:00 p.m. EST**

*\* This event may be offered as a hybrid model both in-person at George Ignatieff Theater (University of Toronto) and online. More details to follow.*

### About The Day

#### Morning Session

#### Theoretical and Clinical Perspectives on Analyst Boredom: Deadness, Aliveness, and the Spaces In Between

This presentation will focus on traditional as well as much more contemporary thinking about the meaning of clinician boredom. I argue that boredom can of course indicate dissociated or otherwise inaccessible patient and/or therapist affect. But there may be something about the normative clinical encounter that engenders these states more often than we care to admit. The deadened analyst's resultant shame, guilt and other complex feelings will be explored via extensive theory and clinical material.



#### Afternoon Session

#### Say You, Say Me \* – Confusing Our Objects, Naturally

Melanie had just landed and arrived for her session exhausted. Depleted and in distress; "I know I won't get to see him or hear his voice again. I could barely say goodbye, knowing that". Tears fill her eyes and I feel a similar press against my own lids as my mind begins to wander... This paper will explore work with a patient traumatized by toxic, fragile objects, in treatment with an analyst similarly impacted by parental fragility. One moment in particular will be considered, a period of existential crisis for both parties in which events overlapped, finality hovered, and confusion enveloped the dyad.

*(\*Lionel Richie, 1986)*

#### Learning Objectives

*At the conclusion of the day's presentation, participants will be able to:*

- 1) give one example from their own practice of how an aspect of their own subjectivity either impeded or facilitated the therapeutic action.
- 2) Identify at least one example from their clinical practice of a situation in which patient and therapist boundaries weakened and subject and object became confused.
- 3) Articulate at least one cause of analyst boredom.

#### Schedule of the Day

10:00 a.m.	Introduction
10:05 a.m.	<b>Morning Session</b> <b>Dr. Kuchuck</b>
11:00 a.m.	Audience Discussion
12:00 – 1:30 p.m.	Lunch (on your own)
1:30 p.m.	<b>Afternoon Session</b> <b>Dr. Kuchuck</b>
2:30 p.m.	Audience Discussion
3:30 p.m.	Closing remarks

## ABOUT THE SPEAKER

**Dr. Steven Kuchuck, DSW**, is former Editor-in-Chief of *Psychoanalytic Perspectives*, where he currently serves as Senior Consulting Editor, Past President of IARPP, faculty, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, NIP National Training Program, and other institutes. His recent book, *The Relational Revolution in Psychoanalysis and Psychotherapy*, was nominated for a Grady Award for best psychoanalytic book of 2021. He won that award for best book of 2015; *Clinical Implications of the Psychoanalyst's Life Experience* and 2016; *The Legacy of Sandor Ferenczi: From Ghost to Ancestor* (co-edited with Adrienne Harris). His latest book, *Diary of a Fallen Psychoanalyst: The Work Books of Masud Khan* (co-edited with Linda Hopkins) is published by Karnac Books, where he co-edits the new book series, *New Directions in Contemporary Psychoanalysis*.

**Judi B. Kobrick, Ph.D., C.Psych.**, is President, supervising analyst, faculty and founding member of the Toronto Institute for Contemporary Psychoanalysis (TICP), faculty at Toronto Psychoanalytic Institute & Society (TPS&I) and is in private practice.

### Planning Committee

Dr. Judi B. Kobrick  
Dr. Hilary Offman  
Dr. Brent Willock

Dr. Hazel Ipp  
Dr. Gary Rodin  
Dr. Gordon Yanchyshyn

## ACCREDITATION

This program has been approved by the **Ontario Psychological Association** to offer continuing education for psychologists and psychological associates. This program meets the criteria for 4 continuing education credits.

This event is an accredited group learning activity (section 1) as defined by the **Maintenance of Certification Program** of the Royal College of Physicians and Surgeons of Canada, and approved by the **Canadian Psychiatric Association (CPA)**. The specific opinions and content of this event are not necessarily those of the CPA, and are the responsibility of the organizer(s) alone.

## ABOUT THE TICP

The Toronto Institute for Contemporary Psychoanalysis offers a four-year program of professional and scholarly education that examines, contrasts and where possible, integrates the thoughts and methods of major perspectives in contemporary psychoanalysis. The TICP brings outstanding investigators from around the world to present their work to professionals and scholars interested in expanding their knowledge of psychoanalysis.

## SAVE THE DATE: FUTURE TICP EVENTS

**May 6, 2023: Spyros Orfanos, Ph.D., ABPP**

**October 14, 2023: Donnel Stern, Ph.D.**

## REGISTRATION

Registration is limited. All cheques must be made payable to TICP. Cancellation must be made in writing; if received prior to **February 17, 2023** a full refund less \$25 will be given. There are no refunds after that date.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Province \_\_\_\_\_

Postal \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Professional Affiliation \_\_\_\_\_

## FEES

Earlybird Registration Deadline is **February 17, 2023**

**TSCP Member:** \$150 / \$160

**Regular:** \$160 / \$170

**Student:** \$75/\$100

**ONLINE REGISTRATION AT:**

**[www.ticp.on.ca](http://www.ticp.on.ca)**

## QUESTIONS?

**[info@ticp.on.ca](mailto:info@ticp.on.ca)**

**416.288.8060**

To register by mail please send this form to:

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Brampton, ON L6X 4M5